

Jazz Blues Guitar Practice Tracks
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GlenRoseJazz.com

IrealPro.com rhythms

Jazz Practice Tracks #1 Series

Chicago Shuffle Blues (Tempo 120)

00:15

Jazz practice tracks #1A

IrealPro rhythm: **Chicago Shuffle Blues**

Simple jazz blues progression (Skeleton form)

02:02

Jazz practice tracks #1B

IrealPro rhythm: **Chicago Shuffle Blues**

With *walkdown* at bars 7 and 8.

03:48

Jazz practice tracks #1C

IrealPro rhythm: **Chicago Shuffle Blues**

With *walkdown* and substitution chords at the turnaround.

Jazzing up the progressions

05:10

Jazz practice tracks #1D

IrealPro rhythm: **Chicago Shuffle Blues**

With *walkdown* and substitution chords at the turnaround.

Omit first chord in *walkdown*

06:58

Jazz practice tracks #1E

IrealPro rhythm: **Chicago Shuffle Blues**

With *walkdown* and substitution chords at the turnaround.

Play iim7 chords instead of II dominants

Jazz Practice Tracks #2 Series

Flat Tire Blues (Tempo 120)

08:45

Jazz practice tracks #2A

IrealPro rhythm: Flat Tire Blues

Simple jazz blues progression (Skeleton form)

10:32

Jazz practice tracks #2B

IrealPro rhythm: Flat Tire Blues

With walkdown at bars 7 and 8.

12:20

Jazz practice tracks #2C

IrealPro rhythm: Flat Tire Blues

With walkdown and substitution chords at the turnaround.

Jazzing up the progressions

14:08

Jazz practice tracks #2D

IrealPro rhythm: Flat Tire Blues

With walkdown and substitution chords at the turnaround.

Omit first chord in *walkdown*

15:55

Jazz practice tracks #2E

IrealPro rhythm: Flat Tire Blues

With walkdown and substitution chords at the turnaround.

Play iim7 chords instead of II dominants

Jazz Practice Tracks #3 Series

Texas Rock Blues (Tempo Medium)

17:42

#3A Jazz practice tracks

IrealPro rhythm: **Texas Rock Blues**

Simple jazz blues progression (Skeleton form)

19:29

#3B Jazz practice tracks

IrealPro rhythm: **Texas Rock Blues**

With walkdown at bars 7 and 8.

21:16

#3C Jazz practice tracks

IrealPro rhythm: **Texas Rock Blues**

With walkdown and substitution chords at the turnaround.

Jazzing up the progressions

23:04

#3D Jazz practice tracks #3D

IrealPro rhythm: **Texas Rock Blues**

With walkdown and substitution chords at the turnaround.

Omit first chord in *walkdown*

24:50

#3E Jazz practice tracks

IrealPro rhythm: **Texas Rock Blues**

With walkdown and substitution chords at the turnaround.

Play iim7 chords instead of II dominants

Jazz Practice Tracks #4 Series

Lucille Slow Blues (Tempo 90)

26:38

#4A Jazz practice tracks

IrealPro rhythm: [Lucille Slow Blues](#)

Simple jazz blues progression (Skeleton form)

28:58

#4B Jazz practice tracks

IrealPro rhythm: [Lucille Slow Blues](#)

With walkdown at bars 7 and 8.

31:20

#4C Jazz practice tracks

IrealPro rhythm: [Lucille Slow Blues](#)

With walkdown and substitution chords at the turnaround.

Jazzing up the progressions

33:40

#4D Jazz practice tracks

IrealPro rhythm: [Lucille Slow Blues - *Slower Tempo*](#)

With walkdown and substitution chords at the turnaround.

Omit first chord in *walkdown*

Slower Tempo

36:28

#4E Jazz practice tracks

IrealPro rhythm: [Lucille Slow Blues](#)

With walkdown and substitution chords at the turnaround.

Play iim7 chords instead of II dominants

Tempo: 90

Jazz Practice Tracks #5 Series

Medium swing groove (Tempo 140)

There is no skeleton form in this series.

38:50

Jazz practice tracks #5B

IrealPro rhythm: Medium Swing tempo 140

With walkdown at bars 7 and 8.

40:21

Jazz practice tracks #5C

IrealPro rhythm: Medium Swing tempo 140

With walkdown and substitution chords at the turnaround.

Jazzing up the progressions

41:56

Jazz practice tracks #5D

IrealPro rhythm: Medium Swing tempo 140

With walkdown and substitution chords at the turnaround.

Omit first chord in *walkdown*

43:29

Jazz practice tracks #5E

IrealPro rhythm: Medium Swing tempo 140

With walkdown and substitution chords at the turnaround.

Play iim7 chords instead of II dominants

45:04 Play in Different Keys

Jazz Practice Tracks #6 Series Tempo: 120

45:05 Key of D

Begin with the dominant 9 chord shape.

Jazz practice tracks #1C

IrealPro rhythm: **Texas Rock Blues**

With walkdown and substitution chords at the turnaround.

46:58 Key of C

Begin with the dominant 9 chord shape.

Jazz practice tracks #1C

IrealPro rhythm: **Chicago Shuffle**

With walkdown and substitution chords at the turnaround.

48:47 Key of E

Begin with either the dominant 9 or 13 chord shapes.

Jazz practice tracks #1C

IrealPro rhythm: **Flat Tire Blues**

With walkdown and substitution chords at the turnaround.

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