



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
*Rev Fr Patrick Massang, C.Ss.R.* (Parish Priest)  
*Rev Fr Philip Lai, C.Ss.R.* (Assistant Parish Priest)

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**50<sup>TH</sup> ANNIVERSARY OF OMPH PARISH IPOH (1972-2022)**

All are welcome to participate in LENTEN JOURNEY 2022.

In preparation, Charismatic Mass followed by Healing Service on Monday 28.02.2022 at 7pm  
 Retreat (by Rev Fr Joseph Stephen CSsR)  
 Wednesdays at 7pm  
 09.03.2022 - Holiness  
 16.03.2022 - Fasting  
 23.03.2022 - Prayer  
 30.03.2022 -Almsgiving

All MKN/KKM/MNU SOPs applies

**Rite of Enrolment** – “Signing of the Book of Elect”

Our Catechumens are now reaching the end of their Catechumenate. On **Sat 26 Feb.,2022** during the 6p.m Mass, the Catechumens who seek Baptism at Easter will have their names “enrolled” in the Book of Elect.

**ASH WEDNESDAY** – Wed. 2 March, 2022  
 Mass at 7.00 a.m. & 7.00 p.m.

**STATIONS OF THE CROSS** – Friday, 4 March, 2022 at 7.00 pm followed by Mass at 7.30 pm

**ETERNAL HAPPINESS TO:**

+ Emily Casimir departed on 8 February, 2022.  
 + Anthoniamal a/p Arulandu departed on 8 February, 2022.

**SCHEDULE FOR MASS**

**WEEKDAY MASSES** starting from 7 March,2022 – Monday till Friday @ 7 a.m. except on public holiday at 8 a.m.

**WEEKEND MASSES**

\* **Sat.** @ 5.30pm (Novena devotion) followed by Mass at 6 p.m  
 \* **Sun.** @ 8 a.m. (E)  
 \* @ 10.30a.m. (C) (hall)  
 \* @ 10.30 a.m. (T) (church)

**NOVENA DEVOTION to Our Mother of Perpetual Help-** (Saturdays)

**9.00 a.m.** Webcast. **9.00 a.m** In-person **5.30p.m** followed by Mass at 6 p.m

Parishioners who are fully vaccinated will be required to scan the code in Mysejahtera showing low risk are allowed to attend church for masses.

**Children Below 5 Years Old** are not encouraged to attend Church. It is compulsory for all children attending Mass to wear masks at all times and to remain seated in their allotted seats.

**CATECHESIS OF THE GOOD SHEPHERD** (CGS)

The Catechesis of the Good Shepherd (CGS) cordially invites parents of children aged 3 & 4 years old in 2022 to E-register (<https://forms.gle/JKhs3JGdD7Tcf4Qv6>) your children with our Ministry and to allow them to experience this beautiful and sacred journey.For more details please call Rosaline (016 5587655)

**PARISH PASTORAL COUNCIL meeting** on **Sunday, 13 February, 2022 @ 7p.m.** in the parish hall.

(food for thought) (Bulletin 13 February, 2022)

Gospel: Lk 6: 17,20-26.

**“Blessings and Woes”**

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Christian living requires work, lots of sacrifice, discipline and love. It's not easy to be poor, to be merciful, to be meek, to be peacemakers, to hunger and thirst for justice. It requires courage to be persecuted and ridiculed and mocked for being authentic Christians, for being Christ-like. It takes faith and trust in God to admit our own weaknesses and dependence upon one another rather than looking at each other's faults. It takes heroic love.

The Beatitudes are to be lived, not just listened to. We can't just be satisfied with memorizing these words. We can't just keep them handy in a notebook that we can occasionally refer to. We can't just give them lip-service. We can't just preach them to our children and to our neighbors.

The heart of Jesus' message is that our love is to be "inclusive" - all-inclusive, with no exception. That is probably the most difficult thing about being an authentic Christian. Living the Gospel is a constant challenge. Almost naturally, instinctively, our love and our concern tend to be exclusive. We are comfortable with people who are like us, in color, ethnicity, religion, and economic status. We find it easy to be good to those who like us, those who are attentive to us, those who understand us. But it is very clear that he wants us to exclude no one from our love - not the beggar, the borrower, the adulteress, the leper, the widow, the poor, the orphan, the enemy. Each of us can make our own list of the "most unwanted" - those whom we find most difficult to forgive, to feel sympathy for, to offer compassion to.

Jesus tells us that it makes no difference.