


**AGENDA**  
*Southeast Washington Regional FYSPRT*  
*09/04/2025 3:30-5:00 p.m.*  
*Location – ZOOM & PHONE-IN ONLY*

<b>Purpose-</b> Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	<b>Mission-</b> Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	<b>Vision-</b> To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.	<div>Ground Rules</div> <ul style="list-style-type: none"><li>Attendees should have a chance to speak and express their own ideas freely</li><li>Everyone has an equal opportunity to share</li><li>FYSPT encourages a variety of points of view to be put forward and discussed</li><li>Attendees should work to remain open-minded</li><li>Stay true to the FYSPT Mission and Vision</li><li>All respectful feedback is welcomed</li><li>All are welcome at FYSPT meetings</li></ul>
<a href="https://www.southeastfysprt.org/home.html">https://www.southeastfysprt.org/home.html</a>			
Agenda Items		Discussion & Notes	
<b>Welcome &amp; Introductions (5 minutes)</b> <b>(Alyssa)</b>		Tri-Lead- Alyssa Cruz Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - <b>Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat.</b> Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.	
<b>Meeting minutes</b>		Review of meeting minutes from <b>August</b> Motion made by: <b>Alyssa C.</b> Seconded by: <b>Maria P.</b> Did the vote carry? <b>Yes, passed unanimous</b>	
<b>Presentation(s)</b>		Charlie Health: Charlie Health provides virtual care for mental health, substance use, and eating disorders. Services are based on needs of clients and provides individual, family, and group therapy, while focusing on finding the right fit for treatment providers. Insurance accepted includes Medicaid and most private insurances. For more information contact Derek Dragseth at <a href="mailto:Derek.Dragseth@CharlieHealth.com">Derek.Dragseth@CharlieHealth.com</a> (509)217-9956.	
<b>FYSPT Updates</b>		Josie Garcia-Family Tri Lead Applicant – introduced self and shared some history she has experienced with WA behavioral health system. <b>FYSPT Events</b> <ul style="list-style-type: none"><li>Edison Elementary in Benton County 8/25</li><li>Take Strides Event in Richland on 9/24</li></ul>	

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	FYSPRT will continue to attend tabling events in our region in efforts to continue to raise awareness on behavioral health programs, decrease stigma surrounding behavioral health, and invite youth and families to FYSPRT.
Standing Items	<p><b>ESD105:</b> Upcoming events- Catholic Charities has event coming up on Sept. 15, Contact- Elly Pimentel (<a href="mailto:epimentel@catholiccharitiescw.org">epimentel@catholiccharitiescw.org</a>) for more information. Health Youth Healthy Families, Granger WA, Oct 7 5:00-8pm, see attached flyers</p> <p><b>YARP-</b> Participating in back to school events and looking forward to Take Strides Sept. 24. Meet at Fran Rish stadium @ 5pm to join the walk.</p> <p><b>SPARK-</b> Youth network is planning a trip to Washington DC. Youth have opportunities to sit in on legislature and bring in new development teams. SPARK taking applications until Sept 21 from youth from all over state. Nationally recognized! Contact Carolyn for more information and check out the website.</p> <p><b>DSHS/DCYF/DDA-</b> no updates</p> <p><b>SARC-</b> Volunteer training scheduled for Tuesday</p> <p>Other:</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible <a href="https://www.surveymonkey.com/r/FB7S67R">https://www.surveymonkey.com/r/FB7S67R</a>
Closing Announcements	Send information to FYSPRT Convener or Tri Lead on tabling events in Counties outside of Benton and Franklin Counties to be able to get the word out on FYSPRT in all 9 counties.
Regional FYSPRT meeting dates 	<p>Thursday, September 4, 2025, 3:30-5pm</p> <p>Meeting ID: 893 4070 2913</p> <p>Passcode: 114818</p> <p><a href="https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&amp;from=addon">https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&amp;from=addon</a></p>
State FYSPRT meeting dates/Updates	<p>Tuesday October 7, 2025 via zoom from 3 p.m. - 5 p.m</p> <p>All are welcome to attend the State FYSPRT meetings!</p> <p><a href="https://us02web.zoom.us/j/86733013495">https://us02web.zoom.us/j/86733013495</a> or call in 1-253-215-8782, Meeting ID: 867 3301 3495</p>
Work Plan	<p><b>Goal 1:</b> Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p><b>Goal 2:</b> Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p><b>Goal 3:</b> Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p><b>Goal 4:</b> Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>