






Meals on Wheels delivers to those who can't join us at the Center Call 388-4711 for more information		Belgrade Senior Center April 2019 Activities				92 E. Cameron Ave Belgrade, MT 59714 388-4711	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 April Fool's Day 9 am Movement in Motion 12:30 pm Hand & Foot	2 9 am Yoga 10 am Full Body Exercise 1 pm Tax Aid – Call for appointment	3 9 am Movement in Motion 9 am Needle Aires Food Pantry	4 8:30 am Pinochle 12:45 pm Bingo	5 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	6 	
7	8 9 am Movement in Motion 12:30 pm Hand & Foot	9 9 am Yoga 10 am Full Body Exercise 11:30 am Red Rockers @ Fiesta Mexicana 1 pm Tax Aid – Call for appointment	10 9 am Movement in Motion 9 am Needle Aires Food Pantry	11 8:30 am Pinochle 12:45 pm Bingo	12 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	13 12:00 pm <u>Game Day and Potluck</u>	
14 Palm Sunday 	15 Tax Day 9 am Movement in Motion 1 pm Board Meeting	16 9 am Yoga 10 am Full Body Exercise 12:30 pm Hand & Foot	17 <u>Birthday Celebration</u> 9 am Movement in Motion 9 am Needle Aires Food Pantry	18 7- 8:30 am Breakfast Club 8:30 am Pinochle 12:45 pm Bingo Blood Pressure Check	19 Good Friday 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	20 	
21 Easter	22 9 am Movement in Motion	23 9 am Yoga 10 am Full Body Exercise 12:30 pm Hand & Foot	24 9 am Movement in Motion 9 am Needle Aires Food Pantry	25 8:30 am Pinochle 12:45 pm Bingo	26 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	27	
28 	29 9 am Movement in Motion	30 9 am Yoga 10 am Full Body Exercise 12:30 pm Hand & Foot				