



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
**Rev. Fr. Joseph Stephen, C.Ss.R.** (Parish Priest)  
**Rev. Fr. Patrick Massang, C.Ss.R.** (Assistant Parish Priest)

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**Tel. Nos.:** (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org  
**ANNOUNCEMENTS:**

### 2<sup>nd</sup> FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard's Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.** at OMPH parish hall.

Banana leaf Fund Raising Lunch Project, to-date sold 800 tickets. We have a balance of 300 tickets. This project is for a worthy course to renovate our cafe. Those who have not bought; give yourself a treat. Join in the best delicious and sumptuous lunch on 5/5/2024.



**OMPH QR code** accepts donation from any banks & e-wallet.

The QR code is

displayed on the Notice-Board and around the church for your kind donation. Every cent helps us maintain our building, our facilities and compound.

Thank you. (Parish priest)

### THANK YOU...

for your presence in giving a helping hand in the Gotong-Royong to clean the church in preparation for Holy Week and Easter.

**Meeting for ALL (Seniors, Youth & Sun.Sch.) Hospitality Ministers serving english masses on Sun 17 March, 2024 @**

11.30 a.m. in St.Mark's Room.

\* Training session will be included. Attendance is compulsory.

*"Had it not been for a man called JESUS"*

On **Sunday, 17 March, 2024**

@ 5 p.m. our OMPH Youth will present The Passion of the Christ in the parish hall.

We invite all to come and spend an hour in reflection and support the Youth of this parish.

### PARISH ACTIVITIES & MEETINGS:

( March/April, 2024)

- \* 17/3/2024 - 8.00 a.m. - CLOW (St.Mk.Rm.)
- \* 17/3/2024 - 9.45 a.m. – Sun. Catechism (Pastoral Centre)
- \* 17/3/2024 - 10.00 a.m. – Confession for students (parish hall)
- 11.30 a.m - Hospitality Ministers ( E) (St.Mk.Rm.)
- 3.00 p.m. - Lectors/Commentators training (church)
- \* 17/3/2024 - 4.00 p.m. – Choir ( C ) (Senali Rm.)
- \* 17/3/2024 - 5.00 p.m. – Youth play (parish hall)
- \* 17/3/2024 - 6.00 p.m. – Sunset choir practice (church)
- \* 17/3/2024 - 7.30 p.m. - Youth practise (CCR) (church)
- \* 19/3/2024 - 8.00 p.m. – Legion of Mary ( C ) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- \* 20/3/2024 - 8.00 p.m. - Chinese community prayer mtg. (ven Francis Xavier Rm.)
- \* 21/3/2024 - 8.00 p.m. – RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T)
- \* 21/3/2024 - 8.00 p.m. – Tamil Choir (St.Paul Rm.)
- \* 21/3/2024 - 8.00 p.m. – Liturgy Script Writers (Wallace Rm.)
- \* 22/3/2024 - 8.00 p.m - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 22/3/2024 - 8.00 p.m. - Area Coordinators meeting (St.Mk.Rm.)
- \* 24/3/2024 - 9.45 a.m. – Sun. Catechism (Pastoral Centre)
- 2.30 p.m. - Elects rehearsal (church)
- 3.00 p.m. – Easter Vigil ministers rehearsal (church)
- \* 24/3/2024 - 4.00 p.m. – Choir ( C ) (Senali Rm.)
- \* 24/3/2024 - 6.00 p.m. – Sunset choir practice (church)
- \* 31/3/2024 - 4.00 p.m. – Choir ( C ) (Senali Rm.)
- \* 2/4/2024 - 8.00 p.m. – Legion of Mary ( C ) (St.Mt.Rm.)
- \* 4/4/2024 - 8.00 p.m. – RCIA ( E ) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- \* 5/4/2024 - 8.00 p.m - RCIA ( C ) (ven Francis Xavier Rm.)
- \* 6/4/2024 - 12.00 p.m - Infant Baptism session (St.Mk.Rm.)
- \* 8/4/2024 - 7.30 p.m. - Caritas OMPH (St.MkRm.)
- \* 9/4/2024 - 8.00 p.m. – Legion of Mary ( C ) (St.Mt.Rm.)

### BIBLE REFLECTION & HOME-GATHERINGS:

\* 17/3/2024 – 6.00 p.m. – BEC St.Benedict; Home of Sebastian Yoon.

\* 19/3/2024 - 8.00 p.m. – BEC St.Francis De Sales; Home of Tony Xavier & Mary.



**Every last Friday at**

8.00 p.m.in St.Mark's room.  
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.  
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings. **MONTH OF MARCH** meeting on: **Fri 22/3/2024 at 8 p.m.**

**Ablaze Gathering (Seeds' Ipoh Outreach) - 21st March 2024**

Shalom dear brothers and sisters in Christ  
As we continue our season of Lent, let us be born anew as we await the Easter triduum!

We are back for our gathering this month with a night of praise and worship, and a fellowship of young adults in - **Born Anew!**

Date: **21 March 2024** (Thursday)  
Time: **8 PM**  
Venue: **BC 2-1, Church of Our Lady of Lourdes, Ipoh**

**Open to all ages 18 to 35 years**

For further information, you may contact:  
**Gregory:** 019-2416361  
**Camilla:** 016-5566705

Bring a friend and see you there!

**MARRIAGE:** Please contact the Parish Priest at least SIX MONTHS in advance.

**EVENTS:**

**LENTEN SACRIFICE**

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits, etc....

**MARRIAGE VOW RENEWAL**

(date) Sunday, 7 April, 2024.  
(venue) Church of St.Michael, Ipoh.  
(time) 5.00 p.m. Mass followed by Buffet dinner.  
(Buffet dinner Ticket) RM 20/-  
Contact: Joseph Venis (012 2351298/ Isaac Jenny (012 5053116).  
Online Registration:  
<https://form.gle/Z4dS7HAFv8Mck06H8>

**FREE FEMALE SCREENING,**

**Canning Family Clinic.**  
For more information, please refer to the Notice-Board.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least ONE MONTH in advance. Next Infant Baptism will be on Sun. 7 April, 2024 during the 8 a.m. Mass.

**CHRISM MASS** – Mon. 18 March, 2024 at 8 pm in Church of Immaculate Conception, Pulau Tikus, Penang.

**CLERGY MEETING**

All priests will be away for their Clergy meeting in Penang on 19 of March, 2024. There will be no 7 am Mass on 19/3. Mass intentions booked will be said outstation.

**STATIONS OF THE CROSS**

During the season of Lent, Stations of the Cross will be held on = **22 March.,2024 at 7.30 p.m. (E)** followed by Mass.  
= Tamil Stations of the Cross at 7.15 p.m. in the parish hall.

**PASSION SUNDAY/PALM SUNDAY** –

Sat. 23 March @ 5.45p.m &  
Sun.24 March @ 7.45 a.m. in english.  
@ 9.45 a.m. in Tamil.  
@ 11.30 a.m. in Mandarin.

Blessing of palm leaves outdoor followed by procession to OMPH church for the Eucharistic celebration.  
Please bring your own palm leaves.

**REHEARSAL FOR ALL MINISTERS INVOLVED IN EASTER VIGIL**

There will be a practice on Sun. 24 March, 2024 at 3 p.m. in church.

**REHEARSAL FOR THE RCIA "Elects"**  
on Sun. 24 March, 2024 @ 2.30 p.m. in church. Elects and Sponsors are to be present.

**SCHEDULE FOR HOLY WEEK 2024:**

Date	Time/Language	Event
23/3/24 (Palm Sun)	5.45 p.m. (E)	Outdoor stage; Blessing of palm leaves followed by procession .
24/3/2024	7.45 a.m. (E) 9.45 a.m. (T) 11.30 a.m. (C)	
Holy Mon. 25/3/24	8.00 p.m.	Mass (E)
Holy Tues. 26/3/24	8.00 p.m.	Mass (E)
Holy Wed. 27/3/24	8.00 p.m.	Mass (E)
Holy Thurs. 28/3/2024	8.00 p.m.	(church) Mass (E) Mass (T) (parish hall)
H. Thurs 28/3/24	9.30 p.m. till 12 midnight	Reposition of the Blessed Sacrament
Good Fri. 29/3/24	3.00 p.m. (E) 6.00 p.m. (T)	Stations of the Cross followed by Service.
Holy Saturday 30/3/24	7.00 p.m. (E) 10.30 p.m. (T)	Service of light outdoor followed by Mass.
Easter Sunday 31/3/24	8.00 a.m. (E) 11.00 a.m. (C)	Mass
Easter Sun. 31/3/24	St.Mary's Chapel 8.00 a.m. (T)	Mass