



November 2025

COMMUNICATOR

A PUBLICATION OF BETHANY BAPTIST CHURCH

“The Anxious Generation”

“Train up a child in the way he should go,/ Even when he is old he will not depart from it.”

Proverbs 22:6

Jonathan Haidt is a New York University professor with a PhD in social psychology. Last year he published a book entitled *The Anxious Generation*, which has rightfully garnered considerable attention. He discovered that since 2010 teenaged girls have experienced a 145% increase in major depressive disorders. Boys, though starting with less than half the rate of depressive disorders, have experienced a 161% increase in such disorders. Boys have experienced a 91% increase in suicide rates since 2010. Girls have experienced a 167% increase. Another study found that there has been a similar increase in anxiety among college students. “...only one-third of college students said they feel anxiety less than half the time or never.”

So what happened in 2010? There was a significant increase in smartphone technology and smartphone use. By 2016 79% of teens owned a smartphone, as did 28% of children between the ages of 8 and 12. By 2022 one out of every two teens reported that they were online “almost constantly.” In this virtual world young people have been exposed to pornography, video games, social influencers, and cyber bullying. Haidt identifies the general harms as social deprivation, sleep deprivation, attention fragmentation, and addiction. This generation lacks meaningful friendships.

Professor Haidt also argues, “Children express their desires to play, to attune with others, and to learn socially in different ways throughout the long cultural apprenticeship of their slow-growth childhood and their fast-growth puberty. Healthy brain development depends on getting the right experiences at the right age and in the right order.” The online world has short-circuited all of this.

Haidt says that parents have become overprotective of their children in other ways. They have limited their free play and their exploration of the world. Children need a certain amount of “risky play,” even if it means bumps and bruises. The result is that Generation Z has become more fragile. The number of high school seniors who have drivers’ licenses has decreased by 35% in the last forty years. The number of teens who have jobs has decreased by 20%. This generation has become much more anxious.

“Free play is as essential for developing social skills, like conflict resolution, as it is for developing physical skills. But play-based childhoods were replaced by phone-based childhoods as children and adolescents moved their social lives and free time onto internet-connected devices.”

So among Jonathan Haidt’s recommendations are for parents to encourage free play for their younger children, limit kids exposure to the internet and smartphones, delay giving kids smartphones, delay the opening of social media accounts until age 16, and monitor what kids are doing online

It is a challenging world today in which to be a parent. But we parents and grandparents and Christian adults need to protect this younger generation and encourage their development in the right way. May God give us the grace to do it.

- Pastor Kurt

NOVEMBER BIRTHDAYS

2nd Steven Hill
5th Shirley Thomas
7th Cathy Braithwaite
10th Carl Carstensen
23rd Ernie Eskam
26th Dave Legler
30th Pastor Kurt Hedlund
30th Sue Savage

NOVEMBER ANNIVERSARIES

8th Dave & Val Legler



Joy for Our Journey (Widow's Group)

Book Study -Saturday, November 8, 10:30 at Jenny's house

Exercise: Tuesdays & Thursdays at 10:30 (except 11/27- Thanksgiving)

Joy for our Journey meeting is November 22 at 10:30 at the church. It is our Thanksgiving Feast.

Turkey will be provided- sign up with Jenny for the sides.

We will be sharing all the things we are thankful for!! Come join us!



Operation Christmas Child Shoebox Collection Week:

November 23rd due date

Shoeboxes available in church sanctuary:



Church Business Meeting

12:15 p.m. on Sunday, Nov. - 2nd

All members are encouraged to attend this meeting. We will vote on proposed nominees and the budget for 2026.

CHURCH HIKE Saturday, November 22, 2025, 8 am
Hikers, join us in the church parking lot as we explore the outdoors around Boulder City and Las Vegas. We provide a lunch and usually return by about 2 PM.

MEN'S BREAKFAST Saturday, November 8, 8 am
Guys, join us for our monthly breakfast as we enjoy great fellowship, great food, and great spiritual stimulation. We meet in the big room in Emmaus Hall on the church campus.

ISRAEL TRIP Pastor Kurt is planning to go to Israel in December. His seminary friend is pastor of Jerusalem Baptist Church. He will be involved in leading the tour, which will probably include staying in Bethlehem. Let Pastor Kurt know if you are interested in going.

VETERANS' SUNDAY Sunday, November 9, 10 am-
We will have a special service honoring our veterans. Bob Nycek will bring a contingent from the Veterans' Home. We will have a chicken lunch after the service. We will count on you to provide desserts, salads, breads, and other side offerings.

NURSING HOME OUT REACH
Saturday, November 1st, 9:45 AM
Join Rob Hedlund at BC Hospital
for a service at the LTC unit
followed by a visit to
Mountain View Nursing Home.

NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Nursing Home Service 9:45 am
2  Church Business Meeting 12:15 pm	3	4 2 pm Forever Faithful & Fit	5	6 2 pm Forever Faithful & Fit	7 Youth Game Nights 6pm	8 Men's Breakfast 8:00 am JFOJ Book Study 10:30 am
9 Veterans' Potluck After service	10	11 Vets day 2 pm Forever Faithful & Fit	12	13 2 pm Forever Faithful & Fit	14 Youth Game Nights 6pm	15
16	17	18 2 pm Forever Faithful & Fit	19	20 2 pm Forever Faithful & Fit	21	22 Church Hike 8am Joy for our Journey 10:30am
23 30	24	25 2 pm Forever Faithful & Fit	26 BCMA Thanksgiving Eve Service 6:00 pm @ Calvary Chapel	27 Thanksgiving 	28 Office Closed	29

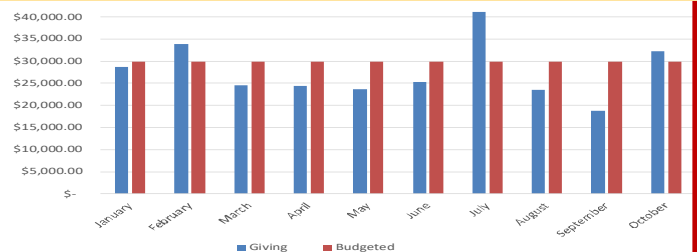
WEEKLY EVENTS

Sunday: Outside Service 8:00 am
Worship Service - 10:00 a.m.
Adult Bible Study @ 11:15 a.m.
Ladies' Sunday School @ 11:15 a.m.
Bible Study @ 6:00 p.m.

Wednesday: Ladies' Book Club 10:00 a.m.
Prayer Meeting - 11:00 a.m.

Friday: Youth Game Nights 6:00 pm

Bethany's 2025 budget was based on receiving offerings averaging \$29,843.26 each month. Year to date budget requirement was \$298,435.10 YTD giving, through October, totaled \$276,189.95 The difference was (\$22,245.15).





Bethany Baptist Church
210 Wyoming Street
Boulder City, NV 89005

2025 Boards

Board of Elders - *Mike Barth, Chairman*

Board of Deacons - *Dan Chapman, Chairman*

Board of Deaconesses - *Patti Childress, Chairwoman*

Christian Education Board - *Eva Chapman, Chairwoman*

Property Maintenance Board - *Eric Eskam, Chairman*

Missions Board - *Rob Hedlund, Chairman*

SERVICE TIMES

Outside Service: 8:00 a.m.

Worship Service: 10:00 a.m.

Sunday School: 11:15 a.m.

Office Hours:

Monday-Friday, 8:00 a.m.- 4:00 p.m.

Telephone: 702.293.1912

Web Site: www.bcbethany.com

Email:

Kurt Hedlund - kurt@bethany.lvcoxmail.com

Don Scott - don@bethany.lvcoxmail.com

Dan Chapman danielvernonchapman@gmail.com

Senior Pastor

Kurt Hedlund

Music Director and Office Admin

Don Scott

Youth & Families Director

Dan Chapman

The ***Communicator*** is published monthly as a ministry of Bethany Baptist Church.

For birthday and anniversary additions; changes in address; or removal from our mailing list please contact the church office at 702-293-1912 or e-mail don@bethany.lvcoxmail.com.