

Week two menu



Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chana Masala Chickpeas, onion, red peppers in tomato coriander & cumin sauce Contains allergens: Mustard	Pork Meatballs & tomato & herb sauce Pork cooked in a tomato, onion & herb sauce Contains allergens: Gluten, Milk	Sausages in gravy Pork and leek sausages in onion gravy Contains allergens: Gluten	Pasta Bolognaise Penne pasta with minced beef in a rich tomato Sauce Contains allergens: Wheat	Sweet & Sour Chicken Chicken nuggets with pineapple in a fruity sauce Contains allergens: Wheat
Vegetarian option		Potato, Cheese & Leek bake (GF) Herby diced potato with leeks in a cheese sauce Contains allergens: Milk	Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg	Macaroni Cheese Everyone's favourite pasta in a cheesy sauce Contains allergens: Wheat, Milk	Cauliflower & Broccoli pasta Pasta in a cheese sauce with cauliflower and broccoli Contains allergens: Milk, Wheat
Side dish	White rice Broccoli	Roast potatoes Green beans	Mashed potato Carrots	Sweetcorn Peas	White rice Carrots
Dessert	Chocolate Sponge (GF) & custard A light & delicate sponge Contains allergens: Egg	Creamy Rice Pudding (GF) Contains allergens: Milk	Jam tart Crisp, sweet pastry filled with apricot, raspberry and blackcurrant jams. Contains allergens: Ground almonds	Lemon Slices Contains allergens: wheat, egg, milk	Banana & Custard

Tea

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Macaroni Cheese Everyone's favourite pasta in a cheesy sauce Contains allergens: Wheat, Milk	Pasta Bolognaise Penne pasta with minced beef in a rich tomato sauce Contains allergens: Wheat	Chicken Korma (GF) Diced chicken in a creamy coconut sauce Contains allergens: Milk	Margherita Pizza Pizza dough base with tomato sauce grated cheddar cheese Contains allergens: Wheat, Milk	Beef Lasagne Layers of minced beef in tomato sauce, white sauce and pasta Contains allergens: Milk, Gluten
Vegetarian Option		Cauliflower & Broccoli pasta Pasta in a cheese sauce with cauliflower and broccoli Contains allergens: Milk, Wheat	Vegetarian Tikka Masala Pieces of Quorn in a creamy spiced tomato sauce with onions, peppers and yoghurt Contains allergens: Milk, Egg		Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg
Side dish	Peas Sweetcorn	Carrots	Yellow rice Peas	Shaped potato Baked beans	Green beans
Dessert	Lemon Slices Contains allergens: wheat, egg, milk	Angel Cake	Chocolate Chip Cake Bar	Bananas & custard (GF)	Yoghurt & Biscuit (GF)