

October 2021 Newsletter

The Bear Facts

Celebrating 64 Years of Early Childhood Education

Dear Parents,

In the blink of an eye September has flown by. Our classes are full of smiling faces as we settle into the school year. A big shout out to the teachers and staff who've been amazing with juggling the challenges of programming in a pandemic.

Thank you to you for being so amazing about our masking and other Covid polices. While we have had a couple of isolated Covid cases, overwhelmingly, your adherence and caution have kept our students and staff healthy. Please continue to be vigilant about illnesses in your child and family. If you are unsure about sending your child to school, then they should probably stay home and be monitored.

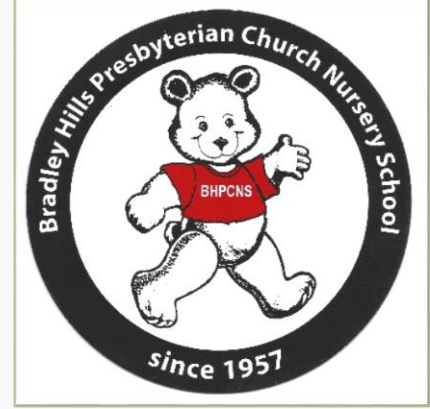
POTTY TRAINING SEMINAR: Our annual Potty Training Seminar with Sally Neuberger, will be held via Zoom on Wednesday, October 20th at 7:30 p.m. Additional details in our Parents' Group News.

[Washington Family](#)'s October issue has an article about how to help your child be ready for the "scariness" that can be associated with Halloween and another about selecting fun and maybe a bit healthier treats.

Also in this newsletter there's lots of information about:

- School Specials, Music & American Sign Language Programming
- Back to School Night – October 7 (See sidebar)
- Yelp Reviews – please share your feedback (See sidebar)
- Upcoming Color Days
- Silver Graphics Art Fundraiser
- Job Opportunity - BHP CNS needs a Treasurer
- Registration for the 2022-2023 BHP CNS School year
- Speech Screenings on October 18 and 19
- Professional Day – November 8 – School Closed for Students
- Updates from the Parents' Group, BHP CNS Board Chair, events at BHP CNS & more.....

Liz Sobrino, BHP CNS Director
lsobrino@bhpcns.org



BACK TO SCHOOL NIGHT!

When: Thursday, October 7

M-F Classes 6:30 - 7:00 pm

MWF Classes 6:00 - 6:30 pm

T-Th Classes 6:40 - 7:10 pm

Where: At your child's tent. Bring a blanket or a chair to sit on.

What: After a brief presentation by your child's teacher and a question and answer session, parents will be invited indoors to see their child's classroom. BTS is an opportunity to meet your child's teacher and learn about their day. It is not a time to discuss individual and concerns.

Who: This is a PARENT only event.

SUPPORTING BHP CNS

BHP CNS first opened its doors in 1957 and our philosophy of Play, Learn, Grow remains. During our 64 years, BHP CNS has provided a wonderful foundation for countless children. Although word of mouth is still our greatest marketing tool; more and more, people turn to the internet for guidance.

Please help those families asking the question, "what is the best preschool in Bethesda?" find our wonderful school. Take a moment to submit a review of [BHP CNS on Yelp](#)

Your honest feedback will help others find the school they are looking for.



Thank you Parent Volunteers!



The Back-to-School Ice Cream Social was a fun kick off to the start of the school year. It was wonderful to see so many Bradley Bear families and teachers stop by for a cool treat with friends. The BHPCNS Parents' Group would like to extend a big thank you to all the parents who volunteered their time to help with the event as well as those who kindly donated snacks/beverages to the coffee meet-ups on the first days of school. If you signed up to volunteer for a Parents' Group committee, we will be reaching out to you in the coming days with more details. If you're interested in joining a committee it's not too late, please email the Parents' Group at ParentsGroup@bhpcns.org

Upcoming Events & Partnerships



**Potty Training
Seminar**
October 20, 2020
7:30 p.m.

If **potty training** is in your future or you are working through it now, please join us for our annual parent event with potty training expert **Sally Neuberger** on **Wednesday, 10/20** at 7:30 pm. Many parents have effectively used her tips over the years to make a tricky process a little easier. This seminar is open to the entire community, so feel free to invite neighbors and friends even if they are not BHPCNS families. The seminar will be held over Zoom and Log in details will be provided closer to the date. **RSVP** by [clicking here](#).



Fall Fundraiser

We are excited to announce that we will be partnering with **Silver Graphics** again this year for our **fall/Holiday Art Fundraiser**. It is a wonderful opportunity to celebrate your child's artwork by turning it into a unique gift for that special someone. Please keep an eye out for a flyer in your child's tote explaining how the fundraiser works, including important dates. Additional information will also be available at the upcoming Back to School Night on 10/7. We'd like to give a huge thanks to Andie de Vault and Kelsey Brown for volunteering to this lead this fundraiser. If you have any questions, please feel free to reach out to Andie andie.devaulx.helps@gmail.com or Kelsey at kelseylee0221@yahoo.com

Reminders:

Below are on-going opportunities to support BHPCNS!

Label Daddy

- Visit www.LabelDaddy.com/BHPCNS
- Make sure it says "you're supporting BHPCNS" on the top of your screen
- Choose your discount code upon checkout (if desired)
- LabelDaddy will donate 25% of your total spend back to BHPCNS!



Minted

In addition to our holiday card partnership with Minted, you can now purchase other items like washable, stick-on labels, notebooks for older children and more!

- Visit the [Minted Clothing and Name Labels site](#)
- Enter code **FUNDRAISEBHPCNS** at checkout for 20% off
- Minted will track every order placed using our code and will donate 15% of each purchase back to BHPCNS!

AmazonSmile



To take advantage of this amazing fundraising opportunity:

- go to smile.amazon.com from the web browser on your computer or mobile device.
- select Bradley Hills Presbyterian Church
- Be sure to visit smile.amazon.com when you shop for BHPCNS to receive a portion of the proceeds on every purchase made!

We are grateful for all the support and have enjoyed getting to meet so many of you these first few weeks.

Thank you!
Kaeli Duggan & Nicole Urbanczyk
Parents' Group Co-Chairs
Kaeli.duggan@gmail.com
Nicoleg23@gmail.com



BHPCNS BOARD NEWS

Dear Parents,

The year is off to a wonderful start. It's great to see happy children, playing, growing, and learning every day. The outdoor campus has been very well received by everyone. Thank you for sharing your children with BHPCNS.

Our first board meeting will be in mid-October. If you have any ideas, concerns, questions, you would like the board to address, please contact board@bhpcns.org by October 10.

Enjoy the beautiful fall weather and have a Happy Halloween.

Missy Banashak
BHPCNS Board Chair

HAPPY HALLOWEEN



HALLOWEEN FUN AT BHP CNS



Halloween Parades and Sing Alongs:

BHP CNS loves to celebrate any and all events with the children! First up will be our Halloween celebrations. These celebrations are just for the children. Parents will be invited to Xmas fun! Parent volunteers will help classroom teachers coordinate small classroom celebrations with special snacks, paper plates, and napkins. (look for the "Special Snack" sign-up coming soon!) Each class will have a parade and the children and teachers will come together on the field for a sing along.

Tuesday/Thursday classes will celebrate Halloween on Thursday, October 28th.

Monday/Wednesday/Friday and Monday through Friday classes will celebrate on Friday, October 29th.



BHP CNS REGISTRATION INFORMATION

Registration for New Families, Your Friends, & Neighbors will begin on October 18, 2021

New Student Registration



New families say they chose Bradley Hills because their friend, neighbor, or co-worker, spoke highly of our program. We love that you love us! Help us spread the word about what a wonderful place BHP CNS is for all children to play, grow, and learn. Encourage your friends and neighbors to call the office to learn more about BHP CNS and to schedule a tour.

- Over the next few months we will be conducting school tours
- Tours will be conducted one family at a time.
- Tour spots may fill up quickly.
- More information is available on the BHP CNS website at www.bhpcns.org.

To schedule a tour or to learn more about our programming call the office at 301-365-2909.

Children must be 2 by September 1, 2022 to be considered for enrollment at BHP CNS.

Applications will be available on the BHP CNS website beginning October 18th. Acceptance or Wait List notifications will be sent home in late January 2022.



Registration for Siblings of Current BHP CNS Students will begin on October 18, 2021

October 2021 is the time to submit applications for the 2022-2023 school year for siblings of currently enrolled children. (Currently enrolled children include all children enrolled at BHP CNS for the 2021-2022 school year.)

Applications will be available online at the BHP CNS website, www.bhpcns.org beginning October 18th for children who will be starting at BHP CNS in September 2022. Acceptance and Wait List notifications will be sent home in late January 2022.

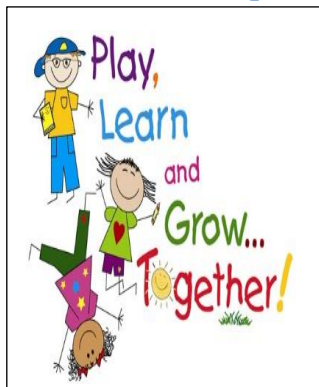
Children must turn 2 by September 1, 2022 to be considered for enrollment.



BHPCNS REGISTRATION INFORMATION

Registration for Currently Enrolled BHPCNS Students will be December 9th and 10th 2021

(BHPCNS students who are currently enrolled for 2021-2022 school year will receive priority in the admissions process over students who will be new to the school for the 2022-2023 school year.)



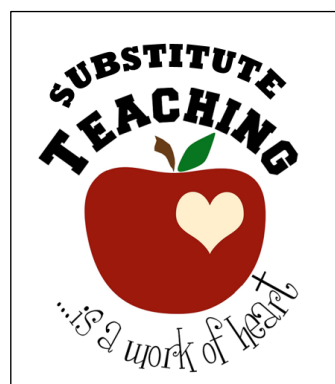
Registration for **children currently enrolled at BHPCNS** will take place on December 9th and 10th, 2021. Applications will be available on the BHPCNS website at www.bhpcns.org, by mid-November 2021. Download and complete the application. Applications should be returned to BHPCNS no earlier than December 9th and no later than December 10th 2021 in order to be given priority in enrollment. Please recognize that children currently enrolled in our 2s' and 3s' programs as well as those children who are enrolled in the Pre-K program but are not age eligible for Kindergarten, are guaranteed a place, but, it may not be your first choice. Acceptance is based on a first-come, first-serve basis. Families will be notified in late January as to their child's placement for the 2022-2023 school year.

Registration for Young 2's Program will begin March 2022

Children who turn 2 between September 2, 2022 and December 31, 2022 are eligible for BHPCNS' Young 2s' program. The Young 2s' program will run between January 2023 and June 2023, if space allows. Applications for this program will be available on the BHPCNS website in March 2022. To learn more about the Young 2s' program contact the school office at 301-365-2909 to schedule a tour. Please tell neighbors, friends, and family about the Young 2s if they have a child with the appropriate birthday.



BHPCNS IS LOOKING FOR TEACHERS, ADMIN SUPPORT AND A BOARD TREASURER



Are your children growing up too fast? Would you like to spend your days surrounded by wonderful little children? Then consider joining BHPCNS as a substitute teacher. Many of our current staff started as substitutes and have moved onto to classroom or admin positions.

If you've responded yes to the questions above and are interested in learning more about possible employment opportunities, please contact Liz or Carolyn for more details. We provide extensive hands-on training for all new staff members. If you've loved BHPCNS for your children and want to spread that same joy to other families, we cannot wait to hear from you!

Do you have an accounting background?
Are you interested in a paid, part-time position as the BHPCNS Treasurer?
Position responsibilities include:

- Generating monthly financial statements
- Assist with annual budget creation
- Review scholarship requests
- Monthly bank and investment account reconciliation
- Attending monthly board meetings

If interested, please contact Liz for more information.



BHPCNS OCTOBER BIRTHDAYS



James Carillo Tellez
Charlotte Forbes
Charlotte Dixon
Brooklyn Nolen
Ellie Rosen
Nia Waldo
Adam Joly

Sebastian Grewal
Olivia Cheatham
Colm Chi
Shun Cavallo
Sadie Kirsch
Philip Orlowski
Ronan Xing

Reminder: If sending in birthday treats, please send in **small** cupcakes, mini muffins, fruit kabobs, etc., keeping classroom food allergies in mind.

We share birthday treats at snack time!

Questions? Reach out to your child's teacher or the office. For all treats, please include an ingredient list.

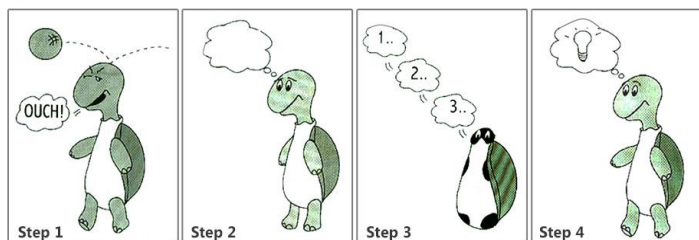
SCRIPTED SOCIAL STORIES: TUCKER THE TURTLE



Tucker Turtle Takes Time to Tuck and Think

A scripted story to assist with teaching the "Turtle Technique"
By Rochelle Lentini, University of South Florida

Center on the Social
and Emotional Foundations
for Early Learning



For more information on Social Stories, visit Vanderbilt University's SEFEL website by [clicking here](#).

At BHPCNS we use Scripted Stories for Social Situations to help children understand social interactions, situations, expectations, social cues, and social rules. As the title implies, the stories are brief descriptive stories that provide information regarding a social situation. When children are given information that helps them understand the expectations of a situation, their problem behavior within that situation is reduced or minimized.

Traditionally, we kick off our school year with Tucker the Turtle. He's a little turtle that has trouble controlling his emotions. Using 4 simple steps he quickly learns how to: Stop, Think, Count to 3, and Find a solution.

I hope you and your child(ren) will enjoy getting to know Tucker.

November's Newsletter will introduce you and your child to "How to be a Super Friend."
For a sneak peek [click here](#).

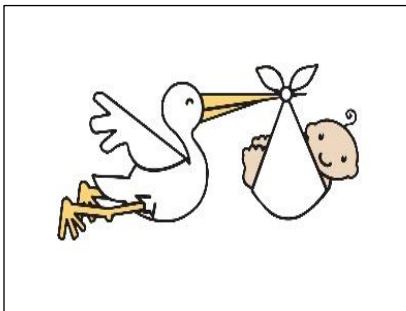
CHRISTMAS WREATH SALE TO BENEFIT LOCAL CHARITIES

The GFWC Metropolitan Community Woman's Club is selling beautiful double-sided balsam wreaths for \$25. These 22" wreaths come with a red bow and all proceeds support local charities, including Small Things Matter, Mobile Med, Bethesda Help Emergency Fund and the Mont. Co. Family Justice Center for Domestic Violence Initiative.

If you would like to purchase a wreath complete an [order form](#) and return the form with payment. Enclose a check, made out to MCC or cash, for the amount and return the information to the admin table by October 15th.



IS THERE A NEW BABY IN YOUR HOUSE?



Is there a new baby in your house? Congratulations!

Please keep the school up-to-date on any new family members. We have a little surprise we like to share with the smallest Bradley Bear cubs.

Send us a photo of your new baby for our Future Bradley Bear Cubs display board in the hallway across from the office. All babies under 1 are welcome to be a part of our display!

CONSULTANTS AT BHP CNS



Throughout the school year there will be consultants working with BHP CNS staff and students. The consultants may include para educators, speech pathologists, occupational specialists, physical therapists, interns in the early childhood education field, and more. These specialists could be from the Montgomery County Public School system, Montgomery County Social Services, or private practices. It's possible your child will come home and share that there was an extra "teacher" in their classroom. These "extra" teachers will all be approved by the office prior to working in our school. Please let me know if you have any questions about consultants at BHP CNS.

SCREENINGS AT BHP CNS & THE IMPORTANCE OF EARLY INTERVENTION

At BHP CNS we believe that early intervention for a developmental delay can make a tremendous difference in a child's life. There is a wide range of normal development in children. Most developmental delays in children are not serious and with interventions children eventually catch up. Even children who have serious delays can make big improvements when treatment begins as early as possible. To determine if a child requires early intervention we use a variety of tools:

1. The ASQ-3 Questionnaire
2. Speech Screenings, scheduled for October 18th and 19th. Additional details on page 8.
3. Occupational Therapy Screenings, scheduled in November. Additional details on page 8.
4. Vision and Hearing Screenings in early winter

LIZ SOBRINO REPORTS ON THE ASQ-3 QUESTIONNAIRE - NEXT STEPS

Parents have asked what is the ASQ-3? The ASQ-3 is a set of questionnaires about children's development. It has been used for more than 20 years to check whether children are meeting developmentally age-appropriate milestones. An ASQ-3 screening provides a quick look at how children are doing in 5 important areas, communication, fine and gross motor development, social skills, and problem-solving skills. ASQ-3 can help identify your child's strengths as well as any areas where your child may need some extra support.



Where are we in the ASQ-3 process? For students new to BHP CNS this fall, I have been scoring ASQ-3s as quickly as possible and sending home reports. Each family will receive an individual letter with an Informational Summary Sheet which shares your child's scores. If there are any areas of concern, I will be enclosing activities for you to do at home with your child and we will be focusing on supporting the child's development in that area as well. Once you have reviewed the information, your child's teacher and I will be available to confer with you on any questions you may have or anything else you'd like to discuss regarding the ASQ-3 and your child's development.

LIZ SOBRINO REPORTS ON THE ASQ-3 QUESTIONNAIRE - NEXT STEPS

Thank you to everyone who has returned a questionnaire. If you have not returned a questionnaire for your child(ren), please send it in ASAP. Should you need another copy of the questionnaire, please let me know. When you send your request for a questionnaire, please include your child's name and their birthdate. Thank you!



Lastly, I am interested in your feedback about the ASQ-3 process.

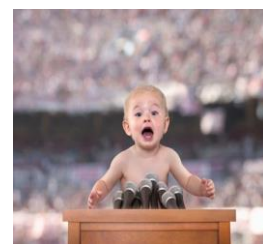
Did you find the process helpful in getting to know your child's better? Was it a fun experience for your family? How can we improve the process next year?

Please email me at lsobrinobhpcns.org or call me at 301-365-2909 to discuss your thoughts.

SPEECH SCREENINGS: OCTOBER 18TH AND 19TH

On October 18th and 19th, BHPCNS will have a speech pathologist at school to screen children for speech issues. These are brief, 15 minutes screenings and not a formal speech assessment.

Teachers and parents may recommend children to be screened. The office will send you a letter telling you that your child has been referred to be screened. You may opt out of the screening by returning the form to school. Parents may also request a speech screening. Please notify Liz via email at Lsobrinobhpcns.org or your child's teacher by October 15th if you'd like your child screened. Include the reason for the screening and your child's birthdate. Reports will be sent home to parents after their child has been screened.



Speech Screenings

OCCUPATIONAL THERAPY SCREENINGS COMIN IN NOVEMBER

OCCUPATIONAL THERAPY

enables children to complete meaningful tasks independently. OT can address:

Fine Motor * Hand Skills * Writing and Drawing * Gross Motor * Sensory Needs including Picky Eaters * Attention * Visual Perception * Meeting Developmental Milestones * & More.....

During November BHPCNS will have Occupational Therapists from [Canyon Kids](http://CanyonKids.com), on site to screen children for fine, gross motor, sense of space, personal boundaries, and more. Flyers on the benefits of Occupational Therapy will be distributed at Back to School Night on October 7th. For the screenings we will convert a third floor classroom into a play-space to observe children's development. This will be a brief screening and not a formal assessment.

We will identify children for the screenings using one or more of the following methods:

1. ASQ-3 Questionnaires
2. Teacher and Specialists Observations
3. Parent Requests

The office will send you a letter telling you that your child has been referred to be screened. To have your child participate in the screening process you must sign the Permission Slip which will be sent home. Parents may also request an OT screening for their child. Notify Liz via email at Lsobrinobhpcns.org as soon as possible, if you'd like your child screened. Include the reason for the screening and your child's birthdate. Reports will be sent home after the screening with any further recommendations.

THE IPAD GENERATION: FINGERS NOT READY TO WRITE?



As we continue to review the ASQ-3 questionnaires that have been returned to us, we are seeing a trend with fine motor delays. BHP CNS will be adding even more fine motor activities to our daily rotation of classroom experiences - playdough, using tweezers to sort, pipettes to paint, peg boards, Legos to build, and more. We will also be sharing [fine motor activities](#) with parents to do at home in an effort to strengthen our little one's fingers. For more information as to why children's motor skills are delayed read: [Fine Motor Delays](#).

BHPCNS IMPORTANT REMINDERS & INFORMATION



BHPCNS BATHROOMS ARE FOR CHILDREN ONLY:

Unisex bathrooms located on the school level are for children's use ONLY during the school day. This includes when you are dropping off or picking up your child. Adult bathrooms are available upstairs for adults to use throughout the day. This is a Maryland State Department of Education licensing requirement. No exceptions can be made to this rule.

Tuition Payments: Payments are due the first of each month, Sept. - May, and are considered late if not received by the 15th of the month. If your payment is not received by the 15th, a 10% late fee will be assessed. If you have set up an automated "bill payer" system, please be sure the words Nursery School or BHP CNS appear on the check to make sure your payment is received at the Nursery School and not deposited with the Church's donations by mistake.



Student Absences: If your child is ill and will be missing school, please call the office or send us an email. If your child has a communicable disease, strep throat, head lice, etc. we need to know to be able to share that information with the rest of the class. We will never identify your child but we are obligated to share communicable disease information with the other families.

Student Records:

We are doing a thorough check of all our students' records. We will notify you of any missing paperwork, immunizations, etc. We appreciate your help in making sure our records are compliant with state regulations.



School Directory: A school directory will be coming home in November. The Directory is a great way to connect with other parents and children at BHP CNS. Class lists for your child's class have been sent home. If you need a copy, please contact the office.

Thank you! BJC wanted to extend a big thank you to all the families who donated to the joint BHP C/BJC non-perishable food drive this month. We donated 4 full bins worth which is about 1600 pounds of food.



BHPCNS IMPORTANT REMINDERS & INFORMATION CONTINUED.....

Donations: Before you throw it out donate it to BHPCNS.

- Large oatmeal canisters to be crafted into drums.
- Newspapers, glass jars with lids, toilet paper, and paper towel tubes are always welcome too.



Children's Lunches: BHPCNS provides organic 1% milk at lunch each day, per Maryland State Department of Education regulations. Children are offered a choice of milk or water at lunchtime. You do not need to pack a drink with your child's lunch. Please pack healthy, nutritious lunches for your children. BHPCNS teachers are not allowed by our licensing agency to make the children eat their "growing" foods first. If you pack a cookie and your child wants to eat that instead of their sandwich, we are technically not allowed to have them eat their sandwich first. We will send home any easily wrapped, uneaten lunch foods. Uneaten yogurts, apple sauce cups, etc. will be tossed.

Lunch is a social time. Children like to talk and share their lives at lunch. Sometimes this gets in the way of eating their whole lunch. Many children choose to finish their lunches in the car on the way home.

Lunch Bags: Soft-sided, small lunch bags **without** freezer packs and bento boxes are perfect for our refrigerators. Large, rigid, lunch boxes and containers are not acceptable for school. Questions? Pop into the office.



OPEN DOOR POLICY AT BHPCNS

BHPCNS Open Door Policy: Thank you to everyone who has popped into the office with a question or concern! If at any time during the school year, you have a concern, complaint, an idea, or suggestion, please email, text, come to the office, or call us. We truly want to know your thoughts. Your ideas, suggestions, and critiques provide us with vital information that we can use to improve our programming. No issue is too small.

PARKING LOT ETTIQUETTE & ACCIDENTS: MINOR OR MAJOR



The parking lots are very busy in the mornings and afternoons. As is the traffic on Bradley and Greentree each day. Please be exceedingly cautious when driving on the property, or on and off the property. Parents are responsible for the safety of the children when crossing to the playgrounds or walking to their cars. If your car accidentally hits another car, please come to the office and report the accident. Accidents happen. Accept responsibility for any dents. BHPC has installed high-definition video cameras to monitor the parking lots at all times.

FLU SHOTS

The flu vaccine is an effective way to protect your child from most flu strains. Please consider having your child vaccinated. We want to keep our Bradley Bear cubs as healthy as possible.



AMERICAN SIGN LANGUAGE & MUSIC AT BHPCNS

American Sign Language-Mrs. Goodstein Reports: American Sign Language requires hand movements AND facial expressions to communicate an emotion. For example, your hands can't sign sad while you are smiling. It's confusing. The hands and the face must work together. In the month of October, we will learn how to greet one another (hello, nice to meet you, see you later,...). And we will learn how to ask and answer the question, "how are you?" (happy, excited, sad, tired, shy, frustrated, proud,...). I am excited to share this expressive language with your son/daughter and look forward to our first class.



Singing & Music-Ms. Casey Shares: Welcome back to school! As my returning students well know, October is Ms. Casey's favorite time of year! Some of the songs we'll be singing this month will be familiar to the children while some they will be hearing for the first time as three and four year-olds (they grow up so fast!) Music has been shown to accelerate brain development that ultimately aids in language acquisition and reading skills, so don't forget to turn the radio up at home too!

STAY AND PLAY PROGRAMMING

Coach Cardoni Reports: Who's ready to get moving?! We're going to be learning a variety of sports and games throughout the year. We will be teaching stretching techniques to keep us agile and healthy, we'll learn terminology and the uses of different sports equipment and rules of the games. Sportsmanship will be stressed as well as fundamentals of team sports and turn taking. We'll be playing old-school games like Red Light/Green Light and relay races as well as new games like Pirate's Gold. The month of October we'll be learning the intricacies of Soccer. There is a great opportunity to improve gross motor skills like kicking a ball, dribbling and agility training! Join us!



**Mondays:
Sports and Games!**

STAY AND PLAY PROGRAMMING CONTINUED



Tuesdays: Wigglin' Wizards!

Scientist Biggs Shares: Welcome to Science Stay and Play!

We will begin by asking "What is Science?" We will be asking lots of questions, making hypothesizes, conducting experiments, and formulating conclusions. Sometimes our experiments work out and sometimes not, just like real scientists, but the process is always super fun!

In October, with Halloween just around the corner our budding scientists will learn about pumpkins, Owls and Bats, and all things nocturnal. We may even create ghost slime just because it's science and science is fun!!!!

It's sure to be a spooky fun October.

Dancer Colleen Shares: This October we will run, jump, spin, and stretch to fun and funky music of different styles. We will use our bodies to create rhythms and shapes, learn names of positions and basic dance steps, and use props such as scarves to expand our range of motion, all while learning the structure of a dance class. The creative movement skills we learn will lead up to the combinations performed in our Recital on January 26th at 1:45 pm. Don't know what size dance shoes to get? Dance shoes will be fitted on 10-5 and 10-6 and notes will be sent home with your child's shoe size. All dancers will be receiving a Bradley Bear Dance Company T-shirt.



Tuesdays & Wednesdays: Dance Company!



Wednesdays: Art!

Artist Choi Shares: Nature provides a wondrous bounty of organic supplies for our little artists. Throughout October we will collect, observe, play, and create Halloween art with nature. We will make monsters using our homemade nature brushes, turn fall leaves into great, spooky monsters, decorate broom sticks for witches, and more oo-oo-oo-oooh.....BOO!

World Traveler Mydlarz Shares: In our "Where in the World is Bradley Bear?" geography program, we are excited to begin round the globe world exploration with our Bradley Bear Cubs! During next 8 months we will be visiting 10 different countries, at least one from each continent. We will be learning not only about their geographic location but also about culture, heritage, traditions, language, food, and more. We will discover how children in each country live, go to school, spend their free time and what games they play the most. Our travelers will have their own "passports" that will be stamped after visiting the country. The first place to visit on our list is our own, United States of America.



Thursdays: Where in the World is Bradley Bear?



Fridays: Yogi Bears!

Yogi Cardoni Shares: Each week our yogi bears will learn yoga poses based on the weekly theme, do movement activities and practice mindfulness. Our favorite mindfulness activity is relaxing at the end of our poses in shavasana while those that opt, receive a foot massage to help them reach deeper relaxation. After a necessary handwashing, we slowly, quietly and mindfully eat our snack emphasizing gratitude and thoughtfulness and focus on the taste and texture of the food. Our themes for October include, shapes, feelings, weather and of course, Halloween. Namaste!

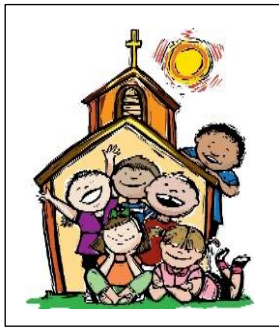


We hope the first month back at school has been fun for children, families, and teachers. It is nice for us church members to see signs of their presence outdoors when we come to worship on Sunday.

Halloween Fun at BHPC!

On Saturday, October 23, at 5:30 pm, we will have our Halloween **Trunk or Treat** and movie event! Nursery School families are welcome to join the fun. Online sign-up will be available closer to the date.

TRUNKS, TREATS & MORE!
**TRUNK
OR TREAT**

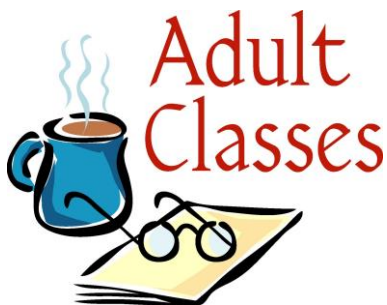


Children's Church, a worship service designed specifically for children, continues. After the Children's Message in the sanctuary, all children ages 3 – 5th grade are invited to join Matt and two co-leaders for Children's Church in Memorial Hall. Masks and physical distancing will be required for all participants as we encounter God's word together and respond with prayer, thanksgiving, and creative projects.

We are continuing to **Worship on Sundays** at 10:30, both in person and virtually.

[WATCH SERVICES LIVE CLICK HERE](#)

Families may also be interested in **Outdoor Worship** which continues at 8:30 am until Sunday, October 31.



Adult Education: On Sunday mornings at 9:00 am via Zoom, join us for interesting speakers. In October, H.H. Leonards and Alvin Stenzel will speak on "The Museum in the Mansion on O Street" (10/3), Rev. Dr. Serene Jones, President of the Union Theological Seminary in NY (10/10), Matt Hackworth on the work of the church internationally (10/24), and Rev. Eunice Yang and Rev. Lyman Smith on what it means to be a military chaplain (10/31).

[Click Here to Join the Meeting Each Sunday](#)

Meeting ID: 857 6618 3170

You may also call in at (301) 715-8592

Service Opportunity: BHPC and Bradley Hills Jewish Congregation are partnering to welcome an Afghan refugee family in Maryland. We are collecting donations to set up one or more apartments for the refugees. Please click on the Sign-up Genius link if you have items to contribute or would like to volunteer to help set up the apartment:

<https://www.signupgenius.com/go/10c0c45a4a92da3fbc07-afghanistan>



Partnership in Providing Coats to Children in Need: The goal is to provide 100 new, winter coats to the students at Arcola Elementary School in Wheaton. This Title One public school and BHPC have been closely linked through the Smart Sacks program where BHPC sorts and delivers food to families at Arcola each week. We have also remained close to the Arcola community during Covid-19 by providing extra food and supplies to the more than 100 families personally touched by the pandemic. [Click here to see what is needed and to sign up.](#)

Donations are due by October 17th. Please bring your donation to the school admin table before the 17th. Thank you in advance!

