

False Sunflower



This native perennial is an important food source for butterflies, bees and songbirds. False Sunflower is a larval host to the Painted Lady Butterfly. The Ground Nesting Bee is a specialist pollinator of this plant. Also known as Smooth Oxeye, it has one of the most impressive flower displays among native plants and will grow in just about any soil type.

**NATIVE TO
PENNSYLVANIA**

Heliopsis helianthoides

- Hardiness: Zone 4-9
- Size: 4-6'
- Flower: Solitary yellow flower from June through September
- Culture: Full sun or part shade and dry to moist soils
- Uses: Perennial border, cut flower, showy long lasting bloom, butterflies, songbirds, bees, tough sites