



KOKOPELLI KRONICLE



ANASAZI CHAPTER FMCA

November 2024

November 2024 Rally Desert Cypress, Wickenburg, AZ



Hosts: Albert/Kendra Gould and Rett/Claire Porter

Narrative by Kendra Gould & Clair Porter

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The November rally held at Desert Cypress RV Park in Wickenburg, Arizona began on Thursday afternoon with the arrival of 5 additional recreational vehicles joining Rett & Claire Porter and Albert & Kendra Gould who were hosting the

weekend and had arrived on Wednesday. The five arriving RVs belonged to Mike & Jodi Carboni, Clarence & Jeanne Kinsley, Larry & Virginia Morrison, David & Shirley Ridley, and Joe & Mary Romeo. Both new member



Shuree Fluty and veteran member Barry Stallings had registered but canceled their RV parking site because of mechanical issues.

Everyone plugged into power, leveled, opened various sized slide outs and set up for a great weekend.

The Romeos brought their brand new pull behind and started with their new to do list for their rig. Joe was heard muttering something that sounded like,



"Geez, a whole new routine is rough." Each coach was given bags when

they arrived with the weekend agenda, site map of our group, a trick or treat bag of candy and an



assortment of brochures from various local highlights to see and do. The schedule was open for some free time until dinner and several headed out to enjoy what Wickenburg had to offer and others took a nap or caught up on some RV maintenance. At 4:30 the group made their way over to the community room to share in some light appetizers before dinner and the evening's

festivities. They were greeted with Halloween decorations and even a "seasonal member" of the Porter family who giggled with a ghoulish laugh and circled the room at the most unexpected times.



Spooky! Claire and Rett entered the room fresh out of the Folsom Prison, still wearing their stripes and carrying their handcuffs. We were thankful they

could make it, especially as the group's cohosts. Dinner was keeping in theme as everyone assembled Walking Tacos on their plate and then enjoyed pumpkin pie with whipped cream. It is always amazing how adults, regardless of age,



become adolescents when given control of a whipped cream can. They shall



remain nameless - but the most fingerprints belong to Jodi and Albert. After everyone finished, Claire handed out a trivia game with 50 obscure and some easy



questions pertaining to Halloween.



Everyone picked a partner (no spouses) and attempted to answer the questions correctly. Each team scored two points for each answer (one point for each of a two-part question). Jodi and Kendra who had been laughing so hard over the questions no one thought they were even paying attention, won with 49 points. This was no easy game and as Claire read the

answers, we all kept saying, "who knew?" With the first day over everyone headed out into the chilly air and off to their home on wheels for a night's rest. On Friday guests were welcomed to a 36-degree morning as they emerged from their warm rigs and gathered for a hearty breakfast of ham and cheese egg casserole, cinnamon crunch and blueberry muffins, fresh strawberries, bananas and grapes and plenty of hot coffee, using the new Keurig's



bought for the chapter. After enjoying a leisurely meal, a little competition was set up and a rousing game of egg crate-ping pong-tic-tac-toe began. This fun game was introduced by Tom & Carole Eells last April at the Quartzsite rally.

It was men against women, and there were some tense moments as the men's team managed to balance a ball on top of the others placing them in prime position for the win if it fell into the right hole. It was all good until Kendra tossed the ball and it tapped the precariously balanced ball and scored the win for the men. The women's team had a victorious comeback, however, winning two more games to



take the overall win. The morning warmed up and the sun



was delightful, so the group gathered around



the Porters' coach. The men set up and played a round of cornhole with 4 boards going.



Clarence, Joe, David, Mike, Larry, Albert and Rett battled it out each with their own style and technique in tossing the bean bags. The women placed their chairs in the shade and visited and watched. The highlight for Jodi and Kendra was snuggling with Onyx and Latte, the Porters' long-haired chihuahuas. At 5:15 we lined up the cars and drove to the Elks club for dinner. This has become a tradition and



depending on the weekend we have enjoyed their fish fry or their steak night. This was a fish fry weekend (in addition to their regular menu) and as always, they had



live music. The food was good, the service great and everyone enjoyed the evening. Albert announced that there was more pumpkin pie and whipped cream waiting in the community room, so we made

our way back to enjoy some more

time together eating and laughing. Saturday morning was another brisk one, and our guests were greeted with Rett manning the deep fryer making beignets for breakfast. He was joined by Albert who acted a sous chef learning the art of the Cafe du Monde specialty. Rett is a native of Louisiana and enjoyed sharing this New Orleans treat with his chapter friends. Before they were done Joe had also positioned himself alongside the frying crew to help

complete the task of providing fresh, hot, golden-brown treasures.



Inside there was a spread of crisp bacon



(Claire's perfect bacon, as named by Kendra), strawberries, bananas, oranges and grapes and generous bowls of powdered sugar to be sprinkled on the beignets and anything else that may need a little sweetening. The bacon must have been great because the 14 attendees enjoyed all 74 strips of bacon; that equates to 5.3 strips per person. The healthy

fresh fruit balanced out the decadent beignet and bacon.



After breakfast we took a break before reconvening for the Annual Anasazi business meeting. The 14 of us who came for the entire rally were joined by Tom



and Carol Eells and Ron

Woodworth who came up from the valley as well as

our newest member, Shuree Fluty. After the meeting all 18 of us caravanned over to Cowboy Cookin' restaurant where we assembled on the patio for lunch. In keeping with the



restaurant's theme, the TVs were tuned to a rodeo in Utah and we oohed and aahed at the skill and bravery of the cowboys. Lunch was tasty and the waitress was fantastic keeping us all happy, seeing to our beverages and special requests. It was a lovely afternoon. After we left the restaurant, we had a few hours of free time and several went into town to shop, sightsee and walk off the meal. There was a Holiday Market at the Community Center showing off arts and crafts from the local community. Our evening began with a salad bar for dinner that spanned two tables and had about 10 salad dressing options boasting of everything from Italian to cherry vinaigrette, poppyseed, blush wine vinaigrette,

ranch, French, honey mustard, and a few more between.



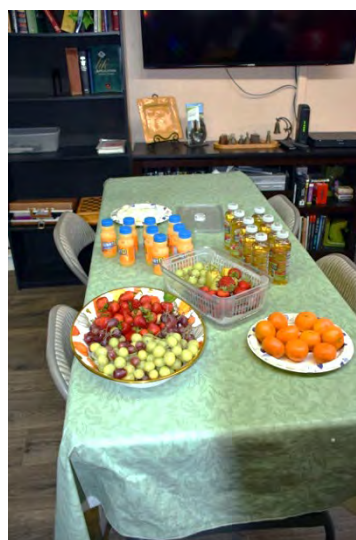
Everyone feasted on their favorite blending of ingredients, and many went back for more. It was a great

meal after our big lunch. After dinner was cleared everyone gathered their quarters and sat down to a rowdy game of Left-Right-Center-Wild.

This game is always a hit and it isn't over until it is O-V-E-R! Three games were played with Albert, Larry and Shirley each winning a round. Kendra brought out an Italian Cream Cake, and we feasted on it and hot coffee. It was another day of fun and memories made with friends. Everyone remarked how quickly the weekend goes. While playing the game, we heard



multiple fireworks and thought nothing of it until we left the community room to return to our rigs for the evening. We were met by an orange glow in the sky across the street from



the RV park. The fireworks were set off by individuals in the river bottom and had caused a large fire consuming the dry vegetation. We stood for several minutes watching the glow of a tall tree fully engaged in flames and smoke and seeing the firetrucks spring into action. It wasn't long before they had it under control and so tired from our day, we all said good night. Sunday morning - time to pack up but not before



Hope, AZ.

breakfast. We gathered for hard boiled eggs, various packaged pastries, bottles of juice and more fresh fruit. It is always bittersweet to say good bye but part of the fun is knowing that in just a few short weeks we will gather again at a different location. So, adios for now and see you all in December at Ramblin Roads RV in



Presidents Message

(This message was written at the end of the summer. Due to unforeseen circumstances, it was not published until now)

Wow! I can't believe how fast the summer went for David and myself. So far, we have put over 2,250 miles on the coach this summer. We made it to Redmond for the FMCA Convention and had a total of 3 couples present from the Anasazi. We had a great time visiting our family, RV friends and neat little towns along the way back home. One of our stops was in Winnemucca, NV. David and I visited a local museum and found this.



It reads as follows.

These four pieces of pottery are about 700 years old and were found on private property in Yellow Jacket, Colorado in the 1980s.

This is the first time I have ever seen anything about the Anasazi people besides pictures.

I hope everyone had a great summer and enjoyed traveling. I hope to see everyone in one of the other rallies sometime this rally season.

I would like to send the deepest sympathy to the Gould's family in their loss of a family member.

Travel safe and see you at the next rally.
Shirley

Don't forget to sign up for the December Rally in Hope Arizona - December 5th through December 9th. Registration forms and Itinerary are available online at www.anasazichapterfmca.com



As a group of soldiers stood in formation at an Army Base, the Drill Sergeant said, "All right! All you idiots fall out."

As the rest of the squad wandered away, one soldier remained at attention.

The Drill Instructor walked over until he was eye to eye with him, and then raised a single eye-brow.

The soldier smiled and said, "sure was a lot of 'em, huh, sir?"



November

Margaret Cotier	6
Ronald Woodworth	10
Nancy Boysen	16
Dauids Boysen	30



November

Larry and Faye Kennedy	10
Wayne and Betty Cernie	11



The patient who came to my radiology office for abdominal X-rays was already heavily sedated. But I still had to ask her a lot of questions, the last one being, "Ma'am, where is your pain right now?"

Through her medication, she answered, "He's at work"

DON'T FORGET YOUR ANNUAL DUES!

Contact Mike Carboni for easy payment methods.



15-minute Strawberry Cake

Ingredients:

1 10oz Angel Food Cake
1 8oz cream cheese
1 cup sugar
1 8oz Cool Whip
1 1/2 quarts strawberries
1 container of Glaze

Directions:

Crumble cake into a 9X13 pan. Beat sugar and cream cheese until well blended. Add Cool Whip and spread over crumbled cake. Toss strawberries and Glaze together and spread on top of cream cheese mixture. Chill a couple of hours before serving.





Notes from our National Director.

Important FMCA Updates:

Our hearts go out to immediate past president, Gary Milner and his wife, Glenda, as Gary receives treatment for his health issues.

We wish them all the best. As a result of Gary's departure from the National President position, in accordance with the FMCA Bylaws, Paul Mitchell is your new National President.

Our new National Vice President is Bob Weithofer. Bob and his wife Pat are from Portland, TN. And have been a member since 1998

Please note that the FMCA national office will be closed for the Thanksgiving holiday on Thursday, November 28, and Friday, November 29, 2024.

The office will also be closed from Tuesday, December 24 through Tuesday, December 31, for the Christmas and New Year holidays. The office will reopen on Thursday, January 2, 2025.

Paul and Lisa Mitchell wish you a festive holiday season and a Happy New Year for 2025.

Here is something new for us.

Life's Too Long Not to Belong!

Did you know: The FMCA's partner, Grouper, will cover the cost of your annual membership dues if you have an eligible health plan!

For FMCA members who are 65+, active with the FMCA*, and have an eligible Medicare Advantage or Medicare Supplement plan, **Grouper will send you a check to reimburse your membership costs!** Staying active through any group activities - like chapter events or caravans, or even having lunch with friends - has proven health benefits, according to the U.S. Surgeon General. It is especially important for older adults, who have above-average risks of social isolation.

Health plans now cover group activities like they cover gym memberships. Check here to see if your health plan includes the Grouper activity benefit: <https://app.hellogrouper.com/p/fmca>. It only takes seconds to find out if you're eligible!

Grouper believes what our members have always known - RVing with friends has a positive impact on your health. By partnering with health plans that share our values, Grouper helps eligible members like you optimize your health plans' activity benefits.

We know you value community and camaraderie. Let Grouper support those values.

Questions? Please call [\(833\) 957-0380](tel:8339570380) or email fmca@hellogrouper.com.

Shirley
Anasazi National Director



SAFETY REMINDER

(From NSF Web Site)

**National Sleep Foundation
Study Results Show America's
Sleep-Deprived Drivers Can Plan Better for
Safety**

*New data indicate alarming trends in
how Americans view drowsy driving,
which could put many at risk*

Washington, D.C. (October 31, 2024) –

Ahead of Drowsy Driving Prevention Week (Nov. 3 – 9), the [National Sleep Foundation \(NSF\)](#) today released the results of a [new survey](#) of American adults highlighting their behaviors to reduce drowsy driving. Only four in 10 adults are likely to find alternatives to driving when they haven't gotten enough sleep, while nearly seven in 10 adults are likely to find alternatives to driving after having a few drinks.

Drowsy driving is impaired driving. Like drunk, drugged, and distracted driving, drowsy driving is a significant threat to road safety. Data from the AAA Foundation for Traffic Safety and other studies show drowsy driving is responsible for one out of every five deadly motor vehicle crashes and one out of every 10 motor vehicle crashes causing hospitalization. Other estimates total more than 300,000 police-reported crashes, 100,000 injuries, and 6,400 deaths in the U.S. annually.

Drowsy driving is a public health and safety issue. NSF data have shown that as many as six in 10 adult drivers admit to having driven a car when they were so tired they had difficulty keeping their eyes open. Similarly, in their first two years of driving, one in six teens have already driven while drowsy.

National Sleep Foundation's 2024 Drowsy Driving Survey was fielded as part of [Drowsy Driving Prevention Week®](#), NSF's annual campaign to help Americans get the sleep they need and reduce the number of drivers who get behind the wheel while sleep-deprived. *NSF urges everyone to **Sleep First. Drive Alert.®***

Additional key results from the survey showed:

- Only half of adults are likely to delay or change plans to avoid driving without enough sleep, while over eight in 10 adults are likely to delay or change plans after a few drinks.
- Just 50% of adults are likely to avoid driving when they haven't gotten the sleep they need, while almost 90% of adults are likely to avoid driving when they've had a few drinks.
- More people have urged someone not to drive because of drinking than for being too sleepy or tired.

"NSF data consistently show that Americans do not think drowsy driving is as dangerous as other forms of impaired driving, like drunk driving," said Joseph Dzierzewski, PhD, Senior Vice President of Research and Scientific Affairs, NSF. "We want the public to know that sleeping only three to four hours before driving is like having a few drinks and encourage everyone to have a backup plan in place for when they are not alert enough to drive safely, like choosing rideshare or taxi options or calling friends and family to help you and others stay safe," added Dzierzewski.

There are more steps people can take to help prevent drowsy driving, including:

- **Get the recommended amount of sleep before you drive.**
 - While the feeling of a good night's sleep varies between individuals, NSF recommends seven to nine hours of sleep per night for adults and eight to 10 hours for teens of driving age.
- **Plan your long trips with a companion.**
 - A companion passenger can not only help look for early warning signs of drowsiness but can also help with driving when needed. A good driving companion is someone who stays awake to talk to you and will be aware of your alertness.

- **Schedule regular stops for your trip, every 100 miles or two hours.**
- **Be mindful of warning signs of drowsy driving.**
 - Frequent blinking and yawning or having difficulty with lane and speed control are common signs that you may be driving while drowsy.

"At NSF, we're dedicated to helping everyone prioritize their sleep for health and safety," said John Lopos, CEO, NSF. "Getting the sleep, you need to be your Best Slept Self® can help keep you and others safe on the road when you drive. Being awake and alert in the driver's seat is as important as not being under the influence, so don't hesitate to change your plans when you shouldn't drive."

NSF independently produces Drowsy Driving Prevention Week® and all related official educational content. Drowsy Driving Prevention Week 2024 sponsors include Waymo, Schneider National, General Motors, Samsung Health, and Higi. Visit the NSF website to see a full list of collaborators for the 2024 Drowsy Driving Prevention Week campaign, including MADD, the Autonomous Vehicle Industry Association, National Alliance to Stop Impaired Driving, Governors Highway Safety, and Comfort Keepers.

Join NSF to help prevent drowsy driving by sharing the campaign's message on social media using the hashtag #SleepFirst. NSF's drowsy driving prevention resources are available on www.theNSF.org.



Happy Thanksgiving



When Was the First Thanksgiving?

(From: History.com)

In November 1621, after the Pilgrims' first corn harvest proved successful, Governor [William Bradford](#) organized a celebratory feast and invited a group of the fledgling colony's Native American allies, including the Wampanoag chief Massasoit. Now remembered as America's "first Thanksgiving"—although the Pilgrims themselves may not have used the term at the time—the festival lasted for three days. While no record exists of the [first Thanksgiving's exact menu](#), much of what we know about what happened at the first Thanksgiving comes from Pilgrim chronicler Edward Winslow, who wrote:



"Our harvest being gotten in, our governor sent four men on fowling, that so we might after a special manner rejoice together, after we had gathered the fruits of our labors; they four in one day killed as much fowl, as with a little help beside, served the Company almost a week, at which time amongst other Recreations, we exercised our Arms, many of the Indians coming amongst us, and amongst the rest their greatest king Massasoit, with some ninety men, whom for three days we entertained and feasted, and they went out and killed five Deer, which they brought to the Plantation and bestowed on our Governor, and upon the Captain and others. And although it be not always so plentiful, as it was at this time with us, yet by the goodness of God, we are so far from want, that we often wish you partakers of our plenty."

Historians have suggested that many of the dishes were likely prepared using traditional Native American spices and cooking methods. Because the Pilgrims had no oven and the Mayflower's sugar supply had dwindled by the fall of 1621, the meal did not feature pies, cakes or other desserts, which have become a hallmark of contemporary celebrations

