

Building

0-6 MONTHS

- 1 Face Baby, with soft blocks, stacking cups or bricks in between you
- 2 Build a small tower
- 3 Use simple words to say what's happening – "Up, up, up" or "One, two, three"
- 4 Knock it down and start again
- 5 Say "Oh dear, crash" or "Ready, steady – go" and knock the tower down

6-12 MONTHS

- 1 Face Baby, with soft blocks, stacking cups or bricks in between you
- 2 Build a small tower
- 3 Talk about what's happening. Use simple words – "Up, up, up" or "One, two, three"
- 4 Knock it down and start again. Let Baby hold the bricks – even if only to chew them!
- 5 Say "Oh dear, crash" or "Ready, steady – go" and knock the tower down
- 6 Let Baby try building. Give them praise and encouragement

12-18 MONTHS

- 1 Face Baby, with stacking cups or bricks in between you
- 2 Build a small tower
- 3 Talk about what's happening
- 4 Knock it down and start again. Let Baby try building
- 5 Say "Oh dear, crash" or "Ready, steady – go" and knock the tower down
- 6 Introduce more complex words to describe the tower

Sing a song as you build the tower: *(to the tune of Wind the Bobbin Up)*

*Build the tower up, build the tower up
Up, up, nice and tall
Knock it down again, knock it down again
Crash, bash, watch it fall*