

PTSD Symptoms

If you experienced any of the following symptoms, please tell us. Although these are not evidence of PTSD by themselves, they may be considered along with all other available information. You should be sure to send any evidence that might substantiate your claim.

- Visits to a medical or counseling clinic or dispensary without a specific diagnosis or specific ailment.
- Sudden request for change in MOS or duty assignment.
- Increased use of leave without an immediate reason.
- Episodes of depression, panic attacks, or anxiety.
- Increased or decreased use of prescription medication.
- Alcohol or substance abuse.
- Disregard for military or civilian authority.
- Obsessive behavior such as over eating or under eating.
- Pregnancy tests around the time of the incident.
- Tests for HIV or sexually transmitted diseases.
- Unexpected economic or social behavior changes.