



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

A donation to RecoveryWerks! has a huge impact towards bringing recovery to teens and families in our community.

Please click on or enter the link below to give today. Thank you!

<http://www.recoverywerks.org/give-now.html>



**NATIONAL
RECOVERY
MONTH 2021**

Celebrating September as National Recovery Month by Roy Perez, LCDC-I

With recovery being so important to me and to us here at RecoveryWerks!, we like to think of this month as a celebration for the ones that made it out. Addiction is literally do or die; people die every single day from this disease, so I made it a mission to change my life and help as many people as I can. My addiction took me through hell for many years and because of that I know what depression, negative self-esteem, lack of self-worth, meaninglessness, suicidal thoughts, and misery feels like. I made a clear decision when I was in very early recovery that this was my goal: to change and get healthy so I can help people not feel those things I felt for so many years.

It was not easy when I started my recovery journey, and I remind myself that every day when working with individuals just starting their journey in recovery. Recovery is a lot of work. People may think they are not able to handle that work at the beginning, which is a big reason why people relapse even out of the immediate withdrawal phase. It's not only hard mentally but physically. I must remember that individuals have a lot of hurt, shame, guilt, anxiety, and depression that seeps out from their addiction into their recovery. I do admire people that choose recovery because it is truly heroic and brave to get through all the things that it comes with.

Living in recovery is different than living in sobriety because of the action, work, and change that recovery asks of me. I can choose to get clean and sober, but then I could still live an unhealthy misery-filled life with those things I suppressed from my addiction. But when I live in recovery I am rebuilding, changing, and taking responsibility for a lot of the things I had caused or avoided. Recovery is action. This action may be hard for people. I see recovery as being the hard route as opposed to continuing to run, escape, numb, hide, avoid. Recovery is about truth and honesty, being open minded and willing, discipline, dedication, and most importantly being STRONG.

Let's celebrate recovery together. Let's celebrate all the people that had to take that hard step and admit they are not as strong as their addiction caused them to think, that they are not the biggest person in the world. Let's celebrate the notion that asking for help is strong and celebrate those fighting for the better life they want for themselves.

These are Roy's parting thoughts as he leaves his employment with RecoveryWerks!. We're grateful for his service with RecoveryWerks! (January 2020 – September 2021) and his commitment to helping teens and young adults on their journey of recovery.

Our Best Wishes to Roy in his future endeavors!

Meeting Schedule

Teens (up to 18):

Monday & Wednesday
7-8pm via Zoom
7-8pm in person
@ 790 Landa Street, New Braunfels
Thursday
7-8pm in person only
@ 1747 E Ammann Rd, Bulverde

Young Adults (18+):
Monday & Wednesday
7-8pm via Zoom
7-8pm in person
@ 790 Landa Street, New Braunfels
Thursday
7-8pm in person only
@ 1747 E Ammann Rd, Bulverde

Family Members (18+):
Monday & Wednesday
7-8pm via Zoom
7-8pm in person
@ 790 Landa Street, New Braunfels
Thursday
7-8pm in person only
@ 1747 E Ammann Rd, Bulverde

New Gens (Family members between 9-17) *Must have a family member participating in the program
Monday
7-8pm in person only
@ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.



Welcome!

To our newest team members.... Judy and Brenton!!
Judy and Brenton will be working with the Teens and Young Adult Groups.
We're so happy to have them on our team!
Stay tuned to hear their stories in upcoming newsletters.

Save the Dates!

September 21st

OPEN HOUSE

COME TOUR OUR NEW BUILDING!

- Meet the staff
- Eat some food
- Join the community
- Grab some resources
And more!

SEPTEMBER 21ST, 2021
11 AM - 1:00 PM
790 LANDA STREET
NEW BRAUNFELS, TX 78130

ALL ARE WELCOME!



TEXAS STREET CREPES
This sweet and savory food truck will be present for the event!

September 23rd

JOIN OUR GIVING DAY!

Support us and give back on September 23, 2021 12am - 11:59pm

https://www.thebiggivesa.org/organizations/recoverywerks

Stay connected with RecoveryWerks!

Like RecoveryWerks! on Facebook and Instagram



For more resources or to make a donation online please visit www.recoverywerks.org
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