



For the past 25+ years, while working with clients from all over the United States and abroad, people have told me of years and thousands of dollars spent without resolution of their issues. Western society has taught them to look *OUTSIDE* of themselves for answers. What drug or anti-depressant would make them feel better? Side effects are listed; however most do not read them.

I must stress that there are real needs for prescription drugs for mental illness as well as other physical illnesses that require them. When I speak of dependency on drugs, I am referring to the many anti-depressants, sleep aids and other drugs that are **too** often prescribed **too** quickly without taking the time to uncover and heal past traumas. Taking a pill to feel better does not address the underlying reasons you feel as you do. Not only do they create dependency and have negative side effects, they eventually do not work!

Have you ever listened to TV commercials for prescription drugs for all kinds of issues? The list of possible side effects is usually quite long and often end with “if thoughts of suicide occur, stop taking immediately and call your doctor!” And some of them say . . . “even death”!

Drug companies deal with profits – not the causes to the problems that would reduce the need for the drugs that often cover them up! The result is that “symptoms” vs. “causes” keep high profits to pharmaceutical and drug companies who not only over prescribe, but do not educate about these terrible side effects.

I have decided to provide important information about these drugs that are listed on this following website:

- [Big Pharma](#)
- [Drugs Inc, National Geographic](#)
- [Prescription Drug Side Effects](#)