

AGENDA
Southeast Washington Regional FYSPRT
11/06/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.	<div>Ground Rules</div> <ul style="list-style-type: none">Attendees should have a chance to speak and express their own ideas freelyEveryone has an equal opportunity to shareFYSVRT encourages a variety of points of view to be put forward and discussedAttendees should work to remain open-mindedStay true to the FYSVRT Mission and VisionAll respectful feedback is welcomedAll are welcome at FYSVRT meetings
https://www.southeastfysprt.org/home.html			
Agenda Items		Discussion & Notes	
Welcome & Introductions (5 minutes) (Alyssa) Alyssa	System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSVRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.		
Meeting minutes	Review of meeting minutes from <u>October</u> Motion made by: <u>Josie G.</u> Seconded by: <u>Cindy A.</u> Did the vote carry? <u>Yes</u>		
Presentation(s)	Lutheran Community Services: WISE data and updates by Amanda DeShazo Reviewed WISE Data/Referral Trends for 2024 vs 2025 for Lutheran facility only- Numbers continue to increase. There is a steady increase in 5-9 yr old and 3-5 yr olds accessing WISE services. The CANS data show progress in youth after 6 months of participation. See presenter slides for additional information. -New location coming soon Sept 2026.		
FYSVRT Updates	Youth Tri Lead Application Received: Jose Eudave- Introduced himself to the team.		

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NO MEETING IN DECEMBER - HAPPY HOLIDAY

FYSPRT Charter review, updated the Recurring Gaps and Needs Form title and updated DDA to DDCS, no other changes made for now. If anyone has any questions or thinks of anything needing review, they will email Salomon.

FYSPRT Events in October:

- Ellensburg High School Visit
- Yakama Nation Protocols for Crisis Coordination Meeting
- Rivers Edge High School Tabling Resource Event
- Clarkston Community Resource Fair
- Columbia County Prevention and Wellness Fair/Drug Take Back

Standing Items

Common Voice: COPE CONNECTION: Seeds of Hope – Support ROOT, Spokane & amp; Greater Columbia WHEN: Bi-weekly on Wednesday at 6pm FOR FAMILIES

https://us02web.zoom.us/meeting/register/uF0-AenrTem6pycC_zQDxQ

MCOs-

CASP- Taking a break through the holidays

SPARK- The team is working on self care and starting a hybrid career exploration class for youth/young adults (age 17-35) orientation information Jan. 7. Class will run 4 weeks, Mondays and Wednesday 3:30-5pm - More information coming. Contact Carolyn with questions, ccox@wayouth.us

WISe- Lutheran presentation on WISe data

BFHD: Community of HOPE meets the first Tuesday of every month on Teams from 3:30-4:30 Contact Miranda with any questions - Miranda.sahagunbarraza@bfhd.wa.gov

SARC- (Support Advocate Resource Center) SARC is gathering food donations to supply family's food for holidays and setting up adopt a family program for holidays. SARC is hiring counseling partners- contact Brianna with any questions. balbrecht@supportadvocacyresourcecenter.com


PFLAG:

YARP: Provided update on referrals, tabling events, community supports, and website information.

<https://yarp.kidsmentalhealthwa.org/>

Charlie Health: Over 6000 clients admitted nationally to Charlie Health services in October (across 38 states). In Washington, over 200 clients from all corners of the state admitted, marking the biggest month

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	<p>of impact ever for Charlie Health in the state! Also, launched a few more evening groups to provide more client access.</p> <p>Schools/ESD: Yakima ESD will send updates to be sent out to the group</p> <p>DSHS/DCYF/DDA: WIC intakes are still being accepted and will update until end of Nov. Resources for food can be found on this link https://bfhd.wa.gov/health_topics/health_development/healthy_eating_active_living</p> <p>Crisis: In past used curriculum Strong Families and looking for other opportunities for parent education</p> <p>Other:</p>
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/887P96J
Closing Announcements	Southeast FSYSPRT Continues to look for opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman.
Regional FYSPRT meeting dates 	<p>Thursday, November 2, 2025, 3:30-5pm</p> <p>Meeting ID: 893 4070 2913</p> <p>Passcode: 114818</p> <p>https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon</p>
State FYSPRT meeting dates/Updates	<p>Josie-Provided FYSPRT State Updates: State FYSPRT meeting notes can be found here: Family Youth System Partner Round Table (FYSPRT) Washington State Health Care Authority</p> <p>Tuesday December 2, 2025 via zoom from 3 p.m. - 5 p.m</p> <p>All are welcome to attend the State FYSPRT meetings!</p> <p>https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt#fysprt-meetings</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p> <p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>