COVID-19 PUBLIC HEALTH REQUIREMENTS AND GUIDANCE

UW Medicine medical facility personnel follow UW Medicine protocols.

SCENARIO 1:
You tested positive for COVID-19.

Regardless of your vaccination status and regardless of whether or not you have symptoms.

STAY HOME AND SELF-ISOLATE.

Do not go to work or class for 5 days since your symptoms started, 5 days since your test date (if you have no symptoms), or as instructed by a contact tracer.

Submit a *COVID Notification Form* if you tested outside the Husky Coronavirus voluntary research study.[1]
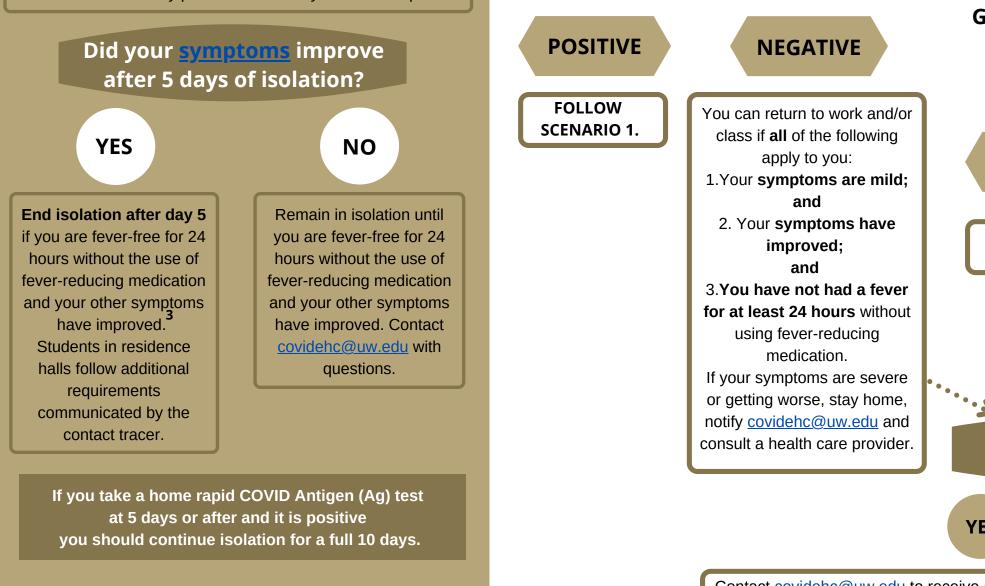
ENTER YOUR WA NOTIFY PIN.

Your contact tracer will give you a PIN number to enter in your mobile device to confidentially alert close contacts.

WEAR A MASK.

Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public for 5 additional days (through day 10). Follow additional CDC restrictions for travel, eating, and other activities.

COMPLETE THE ELECTRONIC SURVEY.

The COVID-19 Response and Prevention Team will send you a link to a health survey prior to the end of your isolation period.

Did your symptoms improve after 5 days of isolation?

YES

End isolation after day 5 if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.[3] Students in residence halls follow additional requirements communicated by the contact tracer.

NO

Remain in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. Contact covidehc@uw.edu with questions.

If you take a home rapid COVID Antigen (Ag) test at 5 days or after and it is positive you should continue isolation for a full 10 days.

SCENARIO 2:
You were in close contact with an individual who tested positive for COVID-19.

You are current on COVID-19 vaccination and booster doses and/or you have tested positive for COVID-19 in the past 90 days.

YES

Notify covidehc@uw.edu if your exposure was potentially related to workplace or campus activities and you have not already been notified by the University.

NO

Do you have symptoms?

YES

STAY HOME AND SELF-ISOLATE.

Do *not* go to work and/or class. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public.

GET TESTED IMMEDIATELY.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

You can return to work and/or class if **all** of the following apply to you:
1. Your **symptoms are mild; and**
2. Your **symptoms have improved; and**
3. **You have not had a fever for at least 24 hours** without using fever-reducing medication.

If your symptoms are severe or getting worse, stay home, notify covidehc@uw.edu and consult a health care provider.

NO

You do *not* need to stay home. You can return to work and/or class. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public for 10 days.

GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE[2]

or immediately if you are unsure when you were exposed.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

Watch for symptoms and wear a mask around others outside of your household for 10 days since your last exposure. If you develop symptoms, follow instructions for vaccinated close contacts with symptoms in Scenario 2.

Will you have ongoing close contact (e.g., household member has COVID-19)?

YES

Contact covidehc@uw.edu to receive additional guidance.

NO

No further action is needed.

STAY HOME AND QUARANTINE.

Do not go to work or class for 5 days since your last exposure or as instructed by the contact tracer. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public and watch for symptoms for 10 days.

GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE[2]

or immediately if you are unsure when you were exposed.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

You can leave home after day 5 if you have no symptoms. Wear a well-fitting, surgical mask or KF94/KN95/N95 when around others at home and in public for 5 additional days (through day 10).

Contact covidehc@uw.edu and follow CDC guidance if you have ongoing exposure (e.g., household member has COVID-19).

Did symptoms develop during quarantine?

YES

Notify covidehc@uw.edu and get tested immediately. Stay home for 5 days from symptom onset or as directed by a contact tracer.

NO

You can return to work or class when you have completed quarantine.

SCENARIO 3:
You have a symptom(s) of COVID-19 but no known exposure to a COVID-19 positive individual.

STAY HOME AND SELF-ISOLATE.

Do not go to work and/or class, regardless of vaccination status.

GET TESTED IMMEDIATELY.

POSITIVE

FOLLOW SCENARIO 1.

NEGATIVE

Stay home until symptoms have improved and you have not had a fever for at least 24 hours without using fever-reducing medication. If symptoms worsen, get tested again and contact your health care provider.

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[1] Questions, contact covidehc@uw.edu or 206.616.3344 to reach the COVID-19 Response and Prevention Team in the UW Environmental Health & Safety Department. Email is preferred.

[2] Get tested immediately if you were notified of exposure by WA Notify, do not know when your exposure occurred or are unsure or concerned you may have been exposed.

[3] Immunocompromised individuals should talk with their healthcare provider about the duration of isolation.

Additional requirements are followed by students in residence halls and athletics programs.

Read the **University's Quarantine and Isolation Guidance** at www.ehs.washington.edu/covid-19-prevention-and-response/quarantine-and-isolation-guidance.
For a text-only version, visit www.ehs.washington.edu/resource/covid-19-public-health-requirements-and-guidance-flowchart-updated-11222-1175.

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