



OCTOBER 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

01	02 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:00pm 1-on-1's 8:05-9:05	03	04 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:30pm	05	06	07
08	09 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:00pm 1-on-1's 8:05-9:05	10	11 XFE Folkstyle K-12:6:00-8:30pm	12	13	14
15 X-ELITE FALL KICKOFF @Green Bay Preble HS Boys/Girls Gr. K-2, 3-5, 6-8, 9-12	16 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:00pm 1-on-1's 8:05-9:05	17	18 1-on-1's 4:15-5:45 XFE Folkstyle K-12:6:00-8:30pm	19	20	21 WI Wrestle Fall Open Mukwonago HS MS & HS Boys HS Girls
22	23 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:00pm 1-on-1's 8:05-9:05	24	25 1-on-1's 4:15-5:45 XFE Folkstyle K-12:6:00-8:30pm	26	27 2023 USAW Preseason Nationals Des Moines, IA Boys Gr. 9-10, 11-12	28 2023 USAW Preseason Nationals Des Moines, IA Boys Gr. 5-6, 7-8, 9-10, 11-12
29 2023 USAW Preseason Nationals Des Moines, IA Boys Gr. 1-2, 3-4, 5-6, 7-8 Girls Gr. 1-5, 6-8, HS	30 1-on-1's 4:45-5:45 XFE Folkstyle K-12:6:00-8:00pm 1-on-1's 8:05-9:05	31	NOV. 01 1-on-1's 4:15-5:45 XFE Folkstyle K-12:6:00-8:30pm Practice run by XFE Alumni Brock Bergelin	02	03 WWCA Fall Coaches Clinic Green Bay, WI	04 WWCA Fall Coaches Clinic Green Bay, WI