

July 7, 2024
Seventh Sunday after Pentecost
9:30 am



First Lutheran Church
BOTHELL

FIRST LUTHERAN CHURCH

STATEMENT OF WELCOME

We, the community of First Lutheran Church of Bothell, proclaim the message that the grace of our Lord is infinitely inclusive and that everyone is welcome. We believe that Christ calls us to reconciliation and wholeness in a world of alienation and brokenness.

As a Reconciling in Christ congregation and as disciples of Christ seeking justice and reconciliation among all peoples, we at First Lutheran Church welcome all into the fullness of God's love. **We welcome everyone, without exception and regardless of sex, race, ethnicity, sexual orientation, gender identity, physical and mental ability, age, or station in life.** We recognize that each person is a unique creation of God, and through grace, a child of God.

All are welcome at First Lutheran.

All are welcome to worship, to hear the Good News, to receive the sacraments, and to share in fellowship and service. As members of First Lutheran Church, we pledge ourselves and our congregation to exercise our faith in Christ, treasuring one another's similarities while embracing our God-given differences. We pledge that we will strive to live as a reconciling people, in our life together and in our outreach to the world.

FIRST LUTHERAN CHURCH STAFF:

Presiding Pastor
Rev. Pam Russell
pamsrussell@comcast.net

**Director of REACH
Ministries**
Roger Steinke
rsteinke@flcbothell.org

**Director of Music
(Organist/Choir Dir.)**
Lucy Kay Osborne
lkosborne@flcbothell.org

Office Manager
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Preschool Directors
Amy Case
Stephanie Corrigan

Church Office
425-486-2314

WORSHIP NOTES

- + Please sign the card in the pew rack and place in the offering plate with your offering before Holy Communion.
- + The service is printed in this bulletin. Some hymns are located in the red hymn book.
- + Hearing enhancement receivers, large print bulletins are available. Feel free to ask an usher for assistance.
- + Our expectation is that children will be in worship. We understand, though, that there are times when your wiggly ones need a distraction. There is a “Pray Space” under the stairs in the inner narthex with soft toys and books. We also have a nursery with a caregiver available. Please ask an usher for assistance.
- + If you would like to have a digital copy of the bulletin, go to our website and download the PDF. www.flcbothell.org
- + Public Wi-Fi: FLC Wireless—Password: MartyLuther

Serving Us In Worship Today

Greeter	Ho Brown
Ushers	Alain Adjorlolo Tom Agnew
Acolyte	
Lector	Stephanie Almeida
Sound Tech	Gary Curtis
Camera Tech	Derrick StaRosa
Communion Assistants	Stephanie Almeida Tom Payne
Pew Angel	Marcus Hodges

If you would like to give electronically, please use this QR code:



July 7, 2024

Seventh Sunday after Pentecost

GATHERING

The Holy Spirit calls us together as the people of God.

PRELUDE: *Prelude, C. Franck*

WELCOME

GATHERING SONG: *God, Whose Almighty Word (ELW 673)*



1 God, whose al - might - y word cha - os and dark - ness heard
2 Christ, who once came to bring, on your re - deem - ing wing,
3 Spir - it of truth and love, life - giv - ing, ho - ly dove,
4 Ho - ly and bless - ed three, glo - ri - ous Trin - i - ty,



and took their flight: hear us, we hum - bly pray, and where the
heal - ing and sight; health to the trou - bled mind, sight where il -
speed forth your flight; move on the wa - ter's face bear - ing the
Wis - dom, Love, Might: bound - less as o - cean's tide, roll - ing in



gos - pel day sheds not its glo - rious ray, let there be light.
lu - sions blind; oh, now to hu - man - kind let there be light.
lamp of grace, and in earth's dark - est place let there be light.
full - est pride, through the earth, far and wide, let there be light.

GREETING

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

And also with you.

PRAYER OF THE DAY

Let us pray.

God of the covenant, in our baptism you call us to proclaim the coming of your kingdom. Give us the courage you gave the apostles, that we may faithfully witness to your love and peace in every circumstance of life, in the name of Jesus Christ, our Savior and Lord.

Amen.

HYMN OF PRAISE: *Every Time I Feel the Spirit* (ACS 942)


Refrain



Ev - 'ry time I feel the spir - it mov - ing



in my heart, I will pray. Ev - 'ry time I feel the



spir - it mov - ing in my heart, I will pray.



1 Up - on the moun - tain my Lord spoke,



2 . . All a - round me looked so fine,



3 . . Jor - dan riv - er, chilly and cold,



Refrain
out of his mouth came fire and smoke.
asked my Lord if all was mine.
chills the bod - y but not the soul.

ANTHEM: *Healer of Our Ev'ry Ill*, M. Hayes

Lucy Kay Osborne, Piano

WORD

God speaks to us in scripture reading, preaching and song.

WELCOMING THE WORD, VS. 1: *Come to Me, All Pilgrims Thirsty* (ELW 777)



1 "Come to me, all pil-grims thirst - y; drink the wa - ter I will give.



If you knew what gift I of - fer, you would come to me and live."

Refrain



Je - sus, ev - er - flow - ing foun - tain, give us wa - ter from your well.



In the gra - cious gift you of - fer there is joy no tongue can tell.

FIRST READING: Mark 1:21-45

A reading from Mark.

²¹They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. ²³Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, "What is this? A new teaching – with authority! He commands even the unclean spirits, and they obey him." ²⁸At once his fame began to spread throughout the surrounding region of Galilee.

²⁹As soon as they left the synagogue, they entered the house of Simon and

Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door.

³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

⁴⁰A leper came to him begging him, and kneeling he said to him, "If you choose, you can make me clean." ⁴¹Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!"

⁴²Immediately the leprosy left him, and he was made clean. ⁴³After sternly warning him he sent him away at once, ⁴⁴saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them." ⁴⁵But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

Word of God, word of life.

Thanks be to God.

CHILDREN'S SERMON

SERMON

Roger Steinke, Director of REACH Ministries

Rev. Pam Russell

HYMN OF THE DAY: *Give Me Jesus* (ELW 770)

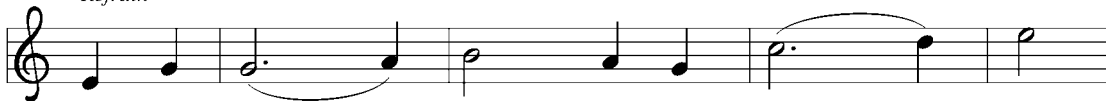


1 In the morn-ing when I rise, in the morn-ing when I rise,
2 Dark . . . mid-night was my cry, dark . . . mid-night was my cry,
3 Just a - bout the break of day, just a - bout the break of day,
4 Oh, . . . when I come to die, oh, . . . when I come to die,
5 And . . . when I want to sing, and . . . when I want to sing,



in the morn - ing when I rise, give me Je - sus.
dark . . . mid - night was my cry, give me Je - sus.
just a - bout the break of day, give me Je - sus.
oh, . . . when I come to die, give me Je - sus.
and . . . when I want to sing, give me Je - sus.

Refrain



Give me Je - sus, give me Je - sus.



You may have all the rest, give me Je - sus.

APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;**

he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

PRAYERS OF INTERCESSION

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

Glorious God, you bend down to wash the feet of your disciples. Let the servant church arise in our teaching, our praying, our healing, and our doing. Make all your faithful people powerful in weakness and strong in grace. In your mercy,
hear our prayer.

Life-giving God, your fingers trace the heavens and your hands mold the earth. Where there is drought, bring nourishing rain. Where there is devastation from fire or flood, bring relief. Sustain the well-being of every living thing. In your mercy,
hear our prayer.

Merciful God, you speak and the nations listen. Open those who govern to the cries of all who journey with no food or shelter, particularly people fleeing violence, those seeking freedom, and those in search of community. In your mercy,
hear our prayer.

Gracious God, your embrace brings wholeness to those who are troubled. Anoint all who suffer in any way with the oil of healing and grant them renewal. In your mercy,
hear our prayer.

Welcoming God, in your presence strangers become companions and enemies become neighbors. Open our doors to those we have so easily shut out, particularly people who are different from us or who are marginalized by church or society. In your mercy,
hear our prayer.

Eternal God, you gather us into your house of many dwelling places. We give you thanks for our faithful departed. Inspire us by their lives of faith until, with them, we rest forever at our journey's end. In your mercy,
hear our prayer.

Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

Amen.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✝ one God,
the God of manna,
the God of miracles,
the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance,
let us confess our sin.

God, our provider,
help us.

It is hard to believe there is enough to share.

**We question your ways when they differ from the ways
of the world in which we live.**

**We turn to our own understanding
rather than trusting in you.**

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

**Share with us the words of eternal life
and feed us for life in the world.**

Amen.

Beloved people of God:

in Jesus, the manna from heaven,
you are fed and nourished.

By Jesus, the worker of miracles,
there is always more than enough.

Through Jesus, ✝ the bread of life,

you are shown God's mercy:

you are forgiven and loved into abundant life.

Amen.

PEACE

The peace of Christ be with you always.
And also with you.

MEAL

God feeds us with the presence of Jesus Christ.

OFFERTORY: *Healer of Our Ev'ry Ill, A. K. Organ*

OFFERING: *Let the Vineyards Be Fruitful (ELW 184)*



Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of



bless-ing. Gath-er a har-vest from the seeds that were sown, that



we may be fed with the bread of life. Gath-er the hopes and dreams of



all; u-nite them with the prayers we of-fer. Grace our ta-ble



with your pres-ence, and give us a fore-taste of the feast to come.

OFFERING PRAYER

Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world.

Amen.

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

THANKSGIVING AT THE TABLE

Holy God, our Maker, Redeemer, and Healer, in the harmonious world of your creation, the plants and animals, the seas and stars were whole and well in your praise.

When sin had scarred the world, you sent your Son to heal our ills and to form us again into one.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Remembering, therefore, his acts of healing, his body given up, and his victory over death, we await that day when all the peoples of the earth will come to the river to enjoy the tree of life.

Send your Spirit upon us and this meal: as grains scattered on the hillside become one bread, so let your Church be gathered from the ends of the earth, that all may be fed with the Bread of life, your Son.

Through him all glory and honor is yours, Almighty Father, with the Holy Spirit, in your holy Church, both now and forever.

Amen

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those
who sin against us.

Save us from the time of trial
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come!

COMMUNION

The body of Christ, given for you. The blood of Christ, shed for you.

COMMUNION

COMMUNION: We will receive the body of Christ as bread with these or similar words: The body of Christ, given for you. If you desire a gluten-free option that is available. The blood of Christ will be received as either red wine or white grape juice with these or similar words: The blood of Christ, shed for you.

WHO MAY COMMUNE? All are welcome at the Lord's Table. It is a free gift given to all for the forgiveness of sins. The words "for you" really mean FOR YOU! Children may commune at the discretion of their parents. If you wish to receive a blessing: cross your arms over your chest as a sign for the communion assistants.

DIRECTIONS FOR COMMUNION: Please come forward by the center aisle at the direction of the ushers to receive the sacrament and return to your seat down the side aisle. Please register each person's name taking communion on a pew card.

COMMUNION HYMN: *Cast Out, O Christ* (ACS 1016)



1 Cast out, O Christ, cast far a - way the
 2 Our rag - ing griefs, our jeal - ous fears are
 3 Once long a - go, from Gal - i - lee, you
 4 Your word breathes life and health and hope that
 5 So come, O Christ, and cast a - way the



de - mons that de - stroy: the haunt - ing dreads that
 Le - gion in their name. Our shack - led hearts im -
 sailed to storm - tossed shores. And still, in pow'r, you
 break through e - vil's thrall. You send us, strength - ened,
 de - mons that de - stroy. Trans - form our lives to



choke our souls, the hates that sti - fle joy.
 plore your grace, to loose our bind - ing shame.
 brave new paths to breach our bolt - ed doors.
 home in peace to live your gos - pel call.
 sense your love and spread a - broad your joy.

COMMUNION HYMN: *Healer of Our Every Ill* (ELW 612)

Refrain



Heal - er of our ev - 'ry ill, light of each to - mor - row,



give us peace be - yond our fear, and hope be - yond our sor - row.



1 You who know our fears and sad - ness, grace us with your
2 In the pain and joy be - hold - ing how your grace is
3 Give us strength to love each oth - er, ev - 'ry sis - ter,
4 You who know each thought and feel - ing, teach us all your



peace and glad-ness; Spir-it of all com-fort, fill our hearts.
still un-fold-ing, give us all your vi-sion, God of love.
ev - 'ry broth - er; Spir-it of all kind-ness, be our guide.
way of heal - ing; Spir-it of com-pas - sion, fill each heart.

PRAYER AFTER COMMUNION

Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

Amen.

SENDING

God blesses us and sends us in mission to the world.

ANNOUNCEMENTS

BLESSING OF YOUTH GROUP TRAVELERS

BLESSING

The blessing of God, who provides for us, feeds us, and journeys with us, ✝ be upon you now and forever.

Amen.

SENDING SONG: *Thine the Amen* (ELW 826)



1 Thine the a - men thine the praise al - le - lu - ias an - gels raise
 2 Thine the life e - ter - nal - ly thine the prom - ise let there be
 3 Thine the tru - ly thine the yes thine the ta - ble we the guest
 4 Thine the king - dom thine the prize thine the won - der full sur - prise
 5 Thine the glo - ry in the night no more dy - ing on - ly light



thine the ev - er - last - ing head thine the break - ing of the bread
 thine the vi - sion thine the tree all the earth on bend - ed knee
 thine the mer - cy all from thee thine the glo - ry yet to be
 thine the ban - quet then the praise then the jus - tice of thy ways
 thine the riv - er thine the tree then the Lamb e - ter - nal - ly



thine the glo - ry thine the sto - ry thine the har - vest then the cup
 gone the nail - ing gone the rail - ing gone the plead - ing gone the cry
 then the ring - ing and the sing - ing then the end of all the war
 thine the glo - ry thine the sto - ry then the wel - come to the least
 then the ho - ly ho - ly ho - ly cel - e - bra - tion ju - bi - lee



thine the vine - yard then the cup is lift - ed up lift - ed up.
 gone the sigh - ing gone the dy - ing what was loss lift - ed high.
 thine the liv - ing thine the lov - ing ev - er - more ev - er - more.
 then the won - der all in - creas - ing at thy feast at thy feast.
 thine the splen - dor thine the bright - ness on - ly thee on - ly thee.

DISMISSAL

Go in peace. You are the body of Christ.
 Thanks be to God.

POSTLUDE: *Short Voluntary, W. Walond*

INFORMATION FOR THE WEEK!

Sunday, July 7 Seventh Sunday after Pentecost

Welcome Rev. Pam Russell!

9:30 am Worship w/Holy Communion

10:30 am Coffee with Council—Kendahl Adjorlolo and Ho Brown
Youth Gathering Departure Meeting

Monday, July 8

10:00 am Widows Support Group

12:00 pm Staff Meeting

Tuesday, July 9

9:30 am Lectionary with Pastor Pam Russell

3:30 pm Weekly News Submission Deadline

Wednesday, July 10

10:00 am Personnel Committee

Thursday, July 11

9:00 am FLC Quilters

Friday, July 12

Church Office Closed

Saturday, July 13

11:00 am Emma Shogren Memorial Service

Sunday, July 14 Eighth Sunday after Pentecost

Welcome Rev. Pam Russell!

8:15 am Youth Group leaves for Youth Gathering!

9:30 am Worship w/Holy Communion

10:30 am Congregation Sabbatical Session

July 13, 2024 Eighth Sunday after Pentecost

Mark 2:23–3:12

Sabbath Arguments

Weekly Financial Report

June 30, 2024 Attendance in Person: 120 Zoom: 30

June 30, 2024 General Offerings: \$5,906 Capital Improvement: \$505

General Offerings Needed Each Week: \$10,510

In Our Prayers

We pray for Bishop Doctor Sani Ibrahim Azar and the Evangelical Lutheran Church in Jordan and the Holy Land.

Those living with cancer:

Juanita (Bonnie Ahlstedt's sister-in-law), Mark (Dick Boyce's son), Lisa (Steve Coble's sister), Karen (Scott Eiler's sister), Dan (Paula Glandon's brother-in-law), Edith Holbrook (member), Tracee (Bonnie Ahlstedt's friend), Richard (Sandy Hendricks' cousin), Jessica Hockstedler (member), Joshua (Ken & Kristin Smith's friend), Castulo (Alcaraz family friend), Wayne (Dave Shogren's friend), Jana (Renee & Mike Markert's friend), Tim (Dave Shogren's friend), Richard (Ruth Neitzel's brother), Ted (Sue Toyoda's friend), Kip (Paul Desilet's uncle), Jim (Hendricks' family friend), Joanne (Carolyn Becker's sister-in-law), Diane Mackey (frequent visitor), Chris & family (Dan & Sandy Hendricks' friends), Jean Rahr (former member), Jacky Schnarre (member), Deborah (Vicki Shank's cousin), Karen (Nora Strothman's cousin), Debbie (Karen Thomas' friend), August (Karey Coble's friend) Patty Weston's Father.

Those who are ill, have an injury or who are recovering from surgery:

Carolyn Becker (member), Donna (Roger Steinke's friend), Dick Boyce (member), Doug (Ho Brown's brother-in-law), Susan (Bob Berg's cousin), John (Linda Chapman's brother-in-law), Joan Christian (member), Susan Cook (member), Richard (Susan & Ross Cook's brother), Randy (Chris Martin's friend), Leanne (Krista Daniels' sister), Elizabeth (Jane King's friend), Nancy Davis (member), John Godek (member). Teresa Fesalbon (Friend of the Bakers) Jim (Sandy Hendricks' cousin), Marilyn Iverson (member), Mary (Melanie Veazey's mother), Marlo (Leona Keltner's friend), Amy (Nancy McGee's friend), Kathy Koneiczka (member), Richard Koneiczka (Kathy Koneiczka's husband), Albert (Chris Martin's friend), Doug (Justin LaFord's father), Jeanne (Justin LaFord's mother), Stephen (Ann & Tom Larsen's son-in-law), John (Valarie Cole's father), Andy (Vickie Shanks' friend), Donnabel (Derrick StaRosa's sister), Ron (Beth Phelps' brother), Sarah (Susan & Ross Cook's daughter), Sandy Sailand (member), Mona Shogren (member), Harriett (Roger Steinke's friend), Walt Stoll (member), Kathy Telford-Luiz (member), Christopher (Karen & Ray Thomas' friend).

Those who are homebound or in extended care facilities:

Valerie (Kendahl Adjorlolo's cousin), Bonnie Ahlstedt (member), Jeanette Backstrom (member), Sherrill & Larry Baker (members), Trudy Eichelsdoerfer (member), Marge Gonyea (member), Marlys Helgeland (member), Jane King (member), Greta Nelson (member), Hildur O'Connor (member), Lawrence (Leon Romaniuk's father), \Jacquie Stoll (member), Sigrid (Carsten Thode's mother), Roger Wolter (member).

Those Serving Our Country:

AIR FORCE: Mason Land (Debbie & Darryl Lageson's nephew), Jake Peoples (Andrea & Eric Peoples' son) and Erin Siebert (Linda & Joe Siebert's daughter)

NAVY: Christopher Whipple (Carolyn Whipple's son)

We are honored to be able to pray for your family members in need. Our policy is to publish immediate concerns for 2 weeks, unless we hear from you that an illness or situation is ongoing.

SERMON NOTES

What caught my attention:

What did I hear that I am eager to share with another person?

I think the title of the sermon should be:

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Evangelical
Lutheran Church
in America