



May 2025

## LUNCH & SNACK MENU

GF – Gluten Free		DF – Dairy Free	V – Vegetarian	EF– Egg free
<p>All Veggies in PM snacks Infants – 2's will be steamed</p>			<p>1 Crescent Roll with Apple Butter Veggie Stir Fry <b>GF DF EF</b> Rice <b>GF DF V EF</b> Pork Egg Roll <b>DF V</b> Fruit <b>*Veggie</b> Hummus &amp; Pita <b>GF DF V EF</b></p>	<p>2 Carrot Muffin <b>V</b> Cheese Pizza Day!!! Fresh Veggie Salad <b>GF DF V EF</b> Fruit Ranch dip with veggie straws <b>GF DF V EF</b></p>
<p>5 Overnight oats <b>GF DF V EF</b> Beef Stroganoff Buttered Noodles <b>V</b> Peas <b>GF DF V EF</b> Fruit <b>*Tofu</b> Pretzels &amp; Spinach Dip <b>V</b></p>	<p>6 Yogurt &amp; Fruit <b>V EF</b> Bean &amp; Cheese Taco <b>V EF</b> Rice <b>GF DF V EF</b> Fruit White Bean Dip with Veggie straws <b>GF DF V EF</b></p>	<p>7 Veggie Frittata <b>V</b> Pancakes <b>DF</b> Bacon <b>GF DF EF</b> Hashbrowns fruit Turkey Sandwich</p>	<p>8 Chia Fruit Pudding <b>GF DF V EF</b> Green Chili stew Rice <b>GF DF V EF</b> Fruit Apple Sauce &amp; Cheese <b>GF V EF</b></p>	<p>9 Blueberry Muffin <b>V</b> Chicken Tenders Mac N Cheese <b>V</b> Green Beans <b>DF V EF</b> Fruit <b>*Chickn</b> Fruit &amp; Trail mix <b>DF V EF</b></p>
<p>12 Cereal &amp; Fruit Fish Sticks <b>DF</b> Mashed Potatoes <b>V</b> Peas &amp; Carrots <b>GF DF V EF</b> Fruit <b>*Veggie Sticks</b> Graham Crackers with Fruit</p>	<p>13 Cottage Cheese /Fruit <b>GF V EF</b> Soft Chicken Tacos <b>EF</b> Rice &amp; Beans <b>GF DF V EF</b> Fruit <b>*Cheese</b> Hummus &amp; Veggies <b>GF DF V EF</b></p>	<p>14 Breakfast Taco <b>V EF</b> Meatballs <b>DF</b> Potato Salad <b>GF DF V EF</b> Tomatoes &amp; Cucumbers Fruit Fruit &amp; Cheese <b>GF V EF</b></p>	<p>15 Berry Smoothie Bowl <b>GF V EF</b> Pasta Alfredo <b>V</b> Broccoli <b>GF DF V EF</b> Breadstick Fruit Soft Fruit Granola Bar <b>V EF</b></p>	<p>16 Zucchini Muffin <b>V</b> Cheese Pizza Day!!! Fresh Veggie Salad <b>GF DF V EF</b> Fruit Ranch dip with veggie straws <b>GF DF V EF</b></p>
<p>19 Overnight Oats <b>GF DF V EF</b> Chicken Pot Pie Fruit <b>*Veggie Pot Pie</b> Cucumber &amp; Cream Cheese Sandwiches</p>	<p>20 French toast &amp; fruit <b>GF DF V EF</b> Beef Burrito Bowl <b>DF EF</b> Fruit <b>*Bean</b> Rice Cakes &amp; Sunbutter <b>GF DF V EF</b></p>	<p>21 Veggie Frittata <b>GF V</b> Cheese Lasagna <b>V</b> Roast Zucchini <b>GF DF V EF</b> Fruit Graham Crackers &amp; Fruit <b>DF V EF</b></p>	<p>22 Chia Fruit Pudding <b>GF DF V EF</b> Turkey Meatloaf Scalloped Potatoes <b>GF V EF</b> Green Beans <b>GF DF V EF</b> Fruit <b>*Tofurkey Loaf</b> Apple Sauce &amp; Cheese <b>GF V EF</b></p>	<p>23 Mixed Berry Muffin <b>V</b> Pulled Pork <b>DF EF</b> Tater Tote <b>GF DF V EF</b> Fruit <b>*Jackfruit</b> Cheese, Crackers, &amp; fruit <b>V EF</b></p>
<p>26 <b>Happy Memorial Day!!!</b></p>	<p>27 Cottage Cheese /Fruit <b>GF V EF</b> Cheese Enchiladas <b>V EF</b> Rice &amp; Beans <b>GF DF V EF</b> Fruit <b>*Soft Fruit Granola Bar V EF</b></p>	<p>28 Sweet Potato Sausage Hash <b>GF EF</b> Orange Chicken <b>DF</b> Veggies <b>GF DF V EF</b> Rice <b>GF DF V EF</b> Fruit Fruit &amp; Cheese <b>GF V EF</b></p>	<p>29 Berry Smoothie Bowl <b>GF V EF</b> Italian Beef <b>GF DF EF</b> Tater Tots <b>DF V EF</b> Veggies <b>DF V</b> Fruit <b>*Veggie</b> Soft Fruit Granola Bar <b>V EF</b></p>	<p>30 Lemon Muffin <b>V</b> Cheese Pizza Day!!! Fresh Veggie Salad <b>GF DF V EF</b> Fruit Ranch dip with veggie straws <b>GF DF V EF</b></p>