

Dragon Door Kettlebells: I still have my original ones I purchased in 2005. They have held up well through the years and the quality and the ratio of the bell to the smooth handle is good and the quality is always consistent. www.dragon-door.com to go to their website to purchasing kettlebells, DVDS, books and other items.

Art of Strength: Their kettlebells are of high quality with the ratio of the bell to the smooth handle good and the quality is consistent -- made in USA. I like these kettlebells because the bottom of the kettlebell is designed to screw in either a 2kg or 4kg buddy to make progressing to the next heavier bell done in smaller weight increments. A buddy bolt can also be screwed into the bottom of the kettlebell so a Bull Dog rope can be attached adding a new dimension to your training. They also have a variety of ropes, suspension systems, vintage tools, DVDs, strongmen equipment and Art of Strength Video clips you can watch on line for training tips. Click on the Affiliate link the home page to go to their website to purchase products.

Please support my Sponsor Sports & Fitness Outlet: For the greater Wenatchee area is where I refer clients for their consistent quality, reasonable priced kettlebells, fitness and sporting goods. For sporting and fitness equipment and related items they are rated as the Best in the Category and they excel with customer service and friendly staff. They can be visited on Face Book and please go to the Kettlebell Lady home page and click on their link to check them out and look for one of their stores in your area. They are very supportive of the Kettlebell Lady keeping my brochures and business cards on display. When you go in there tell them where you saw their information. Thank you!