Connection & Trust

Foundations for self-regulation, attention, optimal behaviors, learning and wellbeing

Daniel A. Hughes & Jonathan Baylin October 7 - 8, 2019 Montréal

Attachment theory has taught us that a sense of safety and connection with caregivers are two critical foundations of children's healthy development.

Dan and Jon will present their current brain-based model to enhance connection and trust in caregiver-child dyads; (ex: parents, therapists, educators, teachers). They will share a neuroscience-based understanding of what happens to children's brain development when they live without the comfort and joy of secure relationships. They will also present strategies that are "brain-changers" to disarm children's chronic defensiveness and enable them to feel safe and secure within themselves and with others.

This workshop is a must for everyone living or working with children who have had frightening or overwhelming experiences that have become traumatic for them. This method is also important for children who have diagnoses such as ADD, ADHD, ASD, oppositional disorder, anxiety and attachment issues. This model is essential for these children, but also beneficial for any child or adolescent.

Dan and Jon are a dynamic duo of world-renowned psychologists. They have been collaborating for several years and are the authors of Brain-Based Parenting and The Neurobiology of Attachment-Focused Therapy. They generously share their immeasurable knowledge, experience, and love for neuroscience with an extremely accessible and practical approach to working with children and young people.

For more information and to register,
please consult our Web site at www.lessenceenmouvement.org
or contact us at info@lessenceenmouvement.org







