Vol 7: Issue 3 March 2024



RecoveryWerks!

Changing the world through recovery one **under**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.

Visit our website for online giving or for more info.

www.recoverywerks.org
Thank you!

The Elephant in the Community

By Joanne Daxon, LCDC, RecoveryWerks! Program Director and Family Group Counselor

I hear so many stories and most are very similar except for the names and ages.

The biggest elephant, or myth, that I see is that young people (teenagers) can't be addicted because they are too young and haven't been exposed to drug use for a long enough period of time. The truth is that the younger a person is when they start using, the greater the chance they will become addicted.

Once a parent accepts that their child may have a problem, then they may say "maybe it's just a phase", or "maybe he'll grow out of it." Some do. But some don't. And the elephant has room to grow because the problem is not being addressed by a professional. Usually when it's addressed by the family it's seen as a behavioral problem. Parents may think there is some choice involved. But this myth ignores the genetic predisposition, environmental, developmental and psychological factors.

(Continued on next page)

Hooked on Helping!

Dive into our Fish Fry where we'll be serving up scrumptious fish and chips. Your support provides hope and healing to teens and families in our community. **Scan below or call (830) 312-9612 to reserve your plate today!**



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Meeting Schedule

Teens (up to 18):

Monday & Wednesday

7-8pm

790 Landa Street, New Braunfels

Young Adults (18+):

Wednesday

12:30-1:30pm 790 Landa Street, New Braunfels

Thursday

7-8pm

790 Landa Street, New Braunfels

Family Members (18+): Monday & Wednesday

7-8pm *

790 Landa Street, New Braunfels *Call for Zoom option

Thursday Education

7-8pm in person only 790 Landa Street, New Braunfels

New Gens (Family members

between 9-17] *Must have a family member participating in the program

Monday

7-8pm

790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.















For the ones with this disease the choice was early on and started with choosing drug use, but then the brain was hijacked.

Punishing does not work if you have this disease...try punishing cancer or diabetes or the common cold for that matter. And the elephant gets bigger.

Once there's an overdose or a serious accident involving drugs or alcohol, parents may ask "is this the right time to seek help?" The truth is that it's better now than never.

Today is not promised to anyone but it is such a tragedy when a young person loses his or her life. If one person in the family finds recovery something changes the direction of the process for the whole family. Please get help early. Any drug or alcohol use among teenagers is dangerous. Any unaddressed alcohol or drug use allows the elephant to grow.

2024 Luncheon Gala

Get your tickets today!

Tony Hoffman has an incredible story of personal recovery to share! As a former Pro BMX Racer, Tony seemingly had it all. Unfortunately, his substance use that began in his senior year of high school lead to the deterioration of his mental health and opiod addiction soon followed. A life of addiction, crime, homelessness and incarceration became his reality. But his story didn't end there. Join us to hear Tony's personal story of overcoming!

April 26, 2024

11:30am – 1:00pm (Lunch Provided)

McKenna Events Center

801 W. San Antono Street New Braunfels, TX

Olympic Sponsors

















Silver Medal Sponsors





Dupnick Family



Stay Connected!





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For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130 - (830) 310-2456 or (830) 310-2585