



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu D 2020

Month and Year February 8-12, 2021

| Meal Patterns | Monday Feb 8 | Tuesday Feb 9 | Wednesday Feb 10 | Thursday Feb 11 | Friday Feb 12 |
|--|---|--|---|--|--|
| Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods | Pancakes Blueberries Whole or 1% Milk | WW English Muffin/Egg Sandwich w/ Cheese(WW) Bananas Whole or 1% Milk | Great Value Light Vanilla Low-fat Yogurt (meat (alt) Berries Toast (WG) Whole or 1% Milk | Scrambled Eggs (Meat Alt) Cheesy Bread (WW) Oranges Whole or 1% Milk | Cheerios (WG) Orange Rolls Bananas Whole or 1% Milk |
| AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains | WW English Muffin w/ Melted Cheese (WW) Bananas | Graham Crackers Little Cuties (Oranges) | Grapes Crackers | Apple Slices Cheddar Cheese | Raisin Toast Cheese Sticks |
| Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods | Open Face Turkey Sandwich (WG) Stuffing Green Beans Pears Cranberry Sauce Whole or 1% Milk | Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Bread Sticks Fruit Cocktail Whole or 1% Milk | Swedish Meatballs (Beef) (CP) Over Noodles Broccoli Bread (WG) Pineapple Tidbits Whole or 1% Milk | Chicken & Fruit Salad – (HM – Grapes, Feta Cheese, Nuts, Lettuce, Rasp Vinaigrette) Corn Bread Peaches Whole or 1% Milk | BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Trop Fruit Salad Whole or 1% Milk |
| PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains | Teddy Grahams Whole or 1% Milk | Cheese-Its Grapes | Veggie Straws Cheese Sticks | Hummus Pita Chips | Cheese Apple Slices |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.