



## CME Announcement

### SEPTEMBER 2021

**CME CALENDAR** For a complete list of our CME accredited courses for September 2021 click [HERE](#).

**CME ONLINE: eLearning Activities:** [CMU CME ONLINE](#) or <https://bit.ly/2SVashw>

**CME WEBSITE:** [med.cmich.edu/cme](http://med.cmich.edu/cme)

### CME SPECIAL SEPTEMBER EVENTS

Date	Time	Type/Title	Speaker	Hours
9/9	7:30-8:30 am	<p><b>CMU College of Medicine Grand Rounds: Snakes and Ladders of Medical Publishing</b></p> <p><b>Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Distinguish predatory journals</li> <li>2. Using metrics to assess quality of Journals</li> <li>3. Process of readying your manuscript for submission</li> </ol> <p><b>Course Description:</b> Publishing one's scholarly activity has become an important facet for both trainees and faculty. One must navigate through a complex process of determining authorship, choosing the most appropriate journal, preparation of the manuscript and discovering the economics of publishing.</p> <p><a href="#">Grand Rounds Link - Click Here</a></p>	<p><b>David Weindorf, Ph.D.</b> CMU Vice President for Research and Innovation</p> <p><b>Neli Ragina, Ph.D.</b> Associate Professor of Genetics and Director of Students and Residents Clinical Research CMU College of Medicine</p>	1.00

9/16	12 - 1:00 pm	<p><b>CMU Department of Psychiatry Grand Rounds: PTSD in Veterans</b></p> <p><b>Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Understanding the neurophysiology of PTSD</li> <li>2. Ensuring a diagnosis for PTSD meets all the required criteria.</li> <li>3. Reviewing all other treatment interventions to reduce symptoms and improve quality of life, not cure.</li> </ol> <p><b>Course Description:</b></p> <p>Review of biochemical theories for developing PTSD, criteria for a PTSD diagnosis, and recommended treatments, psychological, pharmacology, and alternative interventions.</p> <p>To join contact Kimberly Dedyne for the link at <a href="mailto:Kimberly.dedyne@cmich.edu">Kimberly.dedyne@cmich.edu</a></p>	<p><b>Nazzareno Liegghio, DO</b>  Associate Chief of Staff for Mental Health,  Aleda E. Lutz  VA Medical Center  CMU Psychiatry  Residency Program  VA Site Director</p>	1.00
9/21	7:00-8:30 pm	<p><b>Saginaw County Medical Society Membership Meeting:</b>  <b>Physician Compassion Fatigue</b></p> <p><b>Objectives:</b></p> <ol style="list-style-type: none"> <li>1. Identify with providers at risk for and who have experienced compassion fatigue</li> <li>2. Discuss the differences between vicarious traumatization, burnout, and compassion fatigue.</li> <li>3. Provide a toolkit for providers to successfully overcome compassion fatigue.</li> </ol> <p><b>Course Description:</b></p> <p>This interactive session will begin with the speaker disclosing a personal story about caring for her parents and how this may have led to compassion fatigue. The speakers will discuss the components causing compassion fatigue and how these may vary from vicarious traumatization and burnout. The speakers will then discuss recovering from compassion fatigue, resources available for this, and how compassion allows people to heal as providers.</p> <p>To register contact Joan Cramer, Executive Director, Saginaw County Medical Society at <a href="mailto:jmrcramer@sbcglobal.net">jmrcramer@sbcglobal.net</a></p>	<p><b>Mildred J. Willy, MD</b>  <b>Mildred Willy, MD, FACEP</b>  Associate Dean  Office of Student Affairs  Associate Professor  Emergency Medicine  Central Michigan University  College of Medicine</p> <p><b>Molly E. Gabriel-Champine, PhD, LP</b>  Director of Behavioral Science  Family Medicine  Residency  McLaren Bay</p>	1.50

## **NEW IMPLICIT BIAS TRAINING FOR LICENSING**

The Bureau of Professional Licensing (BPL) within the Department of Licensing and Regulatory Affairs (LARA) announced that administrative rules have been revised which will require **implicit bias** training for physicians, nurses and other healthcare professionals, effective June 1, 2022. In essence, physicians are required to have 1 hour of Implicit Bias training for each year of licensure OR 3 hours for the 3-year Michigan physician licensing cycle. The full ruling can be found at [Public Health Code – General Rules](#).

## **CME ONLINE: eLearning Activities: [CMU CME ONLINE](#)**

Our accredited recorded **eLearning** courses offer those which are required for physician licensing in Michigan: pain and symptom management, medical ethics, and Human Trafficking. Our catalog also includes courses in Emergency Medicine, Family Medicine, Internal Medicine, Ob-Gyn, Psychiatry, Surgery and Podiatric medicine. These courses are free of charge to all CMU faculty, residents, students and our affiliated partners, Covenant, Ascension St. Mary's, and the VA as well as to those who teach our medical students throughout Michigan and Ohio. Courses are also included from the **Michigan Public Health Institute** with links to their large **eLearning** library.

Please contact the CME office if you have any difficulty finding a course: [CMEDCME@CMICH.EDU](mailto:CMEDCME@CMICH.EDU).

Recently added **eLearning** enduring materials include:

### **Improving Outcomes for our Mutual Patients**

**Andrew H. Cohen, DPM**

#### **CMU Podiatric Medicine and Surgery**

This educational session focuses on acute charcot foot, diabetic foot ulcers, fractures of the foot, frostbite, and fractures of the ankle.

### **The Perils and Panacea of Blood Borne Infectious Diseases: Focus on US Tribal Communities**

**Nicholas Haddad, MD, FACP, FIDSA, CIC**

This presentation explains the identification and treatment of infectious diseases by providing better understanding of the way infectious diseases are transmitted in our communities. School and community efforts are reviewed to understand implementation of infectious disease informed strategies and examine the efficacy of these strategies. The course addresses how infectious disease mitigation has affected the medical landscape and how providers are changing strategies to become more responsive to the patient.



### **COVID-19: Is Hindsight Always 2020?**

**Nicholas Haddad, MD, Ziad Daoud, PhD, Rania Esteitie, MD**

This presentation provides an introspective review of the past 18 months of this high impact global crisis, examining its origin, impact, mitigation strategies and pitfalls. The speakers focus on the scientific progress spawned by the virus, appropriate up-to-date diagnostics, and proven therapies.

## **CME CREDIT and CERTIFICATE PROCESS**

[CLAIM CME CREDIT](#) or <https://bit.ly/3Bj2teP>

If you need assistance, please email [CMEDCME@cmich.edu](mailto:CMEDCME@cmich.edu) or call 989-746-7602

**PODCASTS:** (All podcasts are accredited for AMA PRA Category 1 Credit™ and Social Work)

**Shifting Mindsets for Better Health.** Professional Education (PE) podcast series:

### **Children's Health during COVID**

These podcasts provide urgently needed tools, strategies, and resource connections for professionals working with children and for parents, families, and caregivers. In this series, healthcare professionals from across multiple disciplines share their insights into the far-reaching effects the COVID-19 pandemic is having on children, caretakers and medical care providers as well as discuss strategies and resources that caregivers can use to help children build coping skills and develop resilience.

There are 6 podcast episodes (of a total of 10) published to date in this series:

Episode 1: *Physical Health of Children with COVID-19*

Episode 2: *Mental Health of Children with COVID-19*

Episode 3: *Protecting Children – Resources for Kids*

Episode 4: *Building Resilience in Caregivers*

Episode 5: *Physical Health Inequalities & Racism*

Episode 6: *Mental Health Inequalities & Racism*

**Responding to ACEs: Resources for Resilience** -- A six-part podcast series featuring thought-provoking insights regarding the science behind adverse childhood experiences (ACEs), trauma and resilience.

Episode 1: *Defining Adverse Childhood Experiences (ACEs) and Their Detrimental Effect on the Health of Children and Adults*

Episode 2: *The Physiological Effects of Trauma and Toxic Stress on the Brain*

Episode 3: *Assessing for ACEs*

Episode 4: *Parent Child Interaction Therapy: An Evidence-Based Intervention*

Episode 5: *Trauma-Focused Cognitive Behavioral Therapy: An Evidence-Based Intervention*

Episode 6: *Adults Dealing with ACEs*

### **CREDIT FOR TEACHING**

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, all forms (2016 to 2020) and instructions are available on our website at [med.cmich.edu/cmecert](https://med.cmich.edu/cmecert) under **Category 2 Credit Forms**.

### **CORONAVIRUS COVID-19 RESOURCES**

[Saginaw County Health Department - Coronavirus](#)

[State of Michigan Coronavirus COVID-19](#)

[CDC CORONAVIRUS](#)

[CMU HEALTH CORONAVIRUS](#)

### **CME COMMENTS AND SUGGESTIONS**

Your comments and suggestions about CME are always invited (and are very important to us). They may be submitted at any time on our website at [med.cmich.edu/cme](https://med.cmich.edu/cme) under **Team [Comments Suggestions](#)**.



# CMU College of Medicine Regional Grand Rounds

## Snakes and Ladders of Medical Publishing



**David Weindorf, Ph.D.**  
CMU Vice President for  
Research and Innovation



**Neli Ragina, Ph.D.**  
Associate Professor of  
Genetics and Director of  
Students and Residents  
Clinical Research

### Description:

Publishing one's scholarly activity has become an important skill for both trainees and faculty. One must navigate through a complex process of determining authorship, choosing the most appropriate journal and discovering the economics of publishing.

### Objectives:

- Prepare your manuscript for submission.
- Use metrics to assess quality of journals.
- Distinguish predatory journals.
- Apply for publication fee support.

**Sept. 9, 2021, 7:30 a.m.**  
[Click here to join the event.](#)  
**For information call 989-746-7602**

### Target Audience:

Clinicians (M.D., D.O., N.P., P.A., R.N.) and/or scientists.

### Disclosure:

The planners and speakers have no relevant financial relationships with ineligible companies to disclose.

### Accreditation:

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



CMU, an AA/EQ institution, strongly and actively strives to increase diversity and provide equal opportunity for all individuals, irrespective of gender identity or sexual orientation and including but not limited to minorities, females, veterans and individuals with disabilities. MCX 20082 (3/21)



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CENTRAL MICHIGAN UNIVERSITY



The following activities meet the criteria for 1 hour of CME credit.  
Additional credits are listed.

OBSTETRICS & GYNECOLOGY GRAND ROUNDS	FAMILY MEDICINE GRAND ROUNDS	EMERGENCY MEDICINE GRAND ROUNDS	CMU COLLEGE OF MEDICINE GRAND ROUNDS	PSYCHIATRY GRAND ROUNDS	SURGERY GRAND ROUNDS	INTERNAL MEDICINE GRAND ROUNDS	ALEDA E. LUTZ VAMC GRAND ROUNDS
8:00AM—9:00AM Meeting location below	7:45AM—8:45AM WebEx Online	CMEDSEB 1008	7:30AM—8:30AM WebEx Online	12:00PM—1:00PM WebEx Online	7:00AM—8:00AM Ascension –HEC	8:00AM—9:00AM Ascension-HEC	8:00AM—9:00AM Via Microsoft Teams
<b>MONDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>THURSDAY</b>	<b>THURSDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>FRIDAY</b>
<p>HARRISON SIDE ROOMS C&amp;D 9/13 <b>Quality Assurance Conference*</b> Thomas Minnec, MD, Chair, Section of Obstetrics &amp; Gynecology, Covenant HealthCare, Saginaw, MI</p> <p>CMED SEB 1008 9/20 <b>Morbidity and Mortality Conference*</b>, Jessica Faris, MD, OB/GYN Resident Physician, CMU Health, Saginaw, MI</p> <p>CMED SEB 1008 9/27 <b>MOUD Perinatal Special Populations*</b> William Morrone, DO, MPH, 35<sup>th</sup> Circuit Shiawassee: Drug Treatment Court and Mental Health, 80<sup>th</sup> District Bay County: Adult Drug Court and Family Court Jail Mat: Bay, Gladwin, Isabella, Midland &amp; Shiawassee Chief Medical Examiners Arenac and Bay County, Community Faculty – Saginaw Valley State University, School of Nursing</p> <p><i>To join OB/GYN Grand Rounds virtually, please contact Carol Clark at <a href="mailto:carol.clark@cmich.edu">carol.clark@cmich.edu</a></i></p>	<p>9/1 <b>Sleep and Sleep Disordered Breathing*</b> Qasim Omran, MD, MS, FCCP, Pulmonologist, Covenant HealthCare, Saginaw, MI</p> <p>9/15 <b>A Decent Proposal: Integrating Integrative Health into Family Medicine Residence Program*</b>, Jennifer Romeu, MD, Associate Program Director, Department of Family Medicine, CMU Health, Saginaw, MI</p> <p>9/22 <b>Case Presentation: The Cefepime Dilemma “A Case Presentation on Acute Kidney Injury”</b> Manasa Gudur, MD, PGY-2 Family Medicine Resident Physician, CMU Health, Saginaw, MI</p> <p><i>To join Family Medicine virtually, please contact Cindy Letzkus at <a href="mailto:letz1ca@cmich.edu">letz1ca@cmich.edu</a></i></p>	<p>No Grand Rounds</p> <p><i>To join Emergency Medicine Grand Rounds virtually, please contact Melinda Wardin at <a href="mailto:Melinda.wardin@cmich.edu">Melinda.wardin@cmich.edu</a></i></p>	<p>9/9 <b>Snakes and Ladders of Medical Publishing*</b>, David Weindorf, PhD, Vice-President for Research and Innovation, Central Michigan University and Neli Ragina, PhD, Director of Research, Central Michigan University College of Medicine</p> <p><i>To join CMU Grand Rounds virtually, please contact Melissa Morse at <a href="mailto:morse1mj@cmich.edu">morse1mj@cmich.edu</a></i></p>	<p>9/16 <b>PTSD in Veterans*</b>, Nazzareno Liegghio, DO, Associate Chief of Staff for Mental Health, Aleda E. Lutz VA Medical Center, CMU Psychiatry Residency Program VA Site Director</p> <p><i>To join Psychiatry Grand Rounds virtually, please contact Kimberly Dedyne at <a href="mailto:Kimberly.dedyne@cmich.edu">Kimberly.dedyne@cmich.edu</a></i></p>	<p>9/2 <b>Compassion Fatigue*</b>, Akram Alashari, MD, CMU Health, Saginaw, MI</p> <p>9/16 <b>Aortic Valve Repair: How Far Have We Come?*</b>, Najiha Farooqi, MD, PGY-4 Resident Surgery Physician, CMU Health, Saginaw, MI</p> <p>9/23 <b>Intestinal Anastomoses and Stomas*</b>, Omar Marar, MD, Surgeon, CMU Health, Saginaw, MI</p> <p>9/30 <b>Skin Substitutes and Wound Management*</b>, Timothy Hackett, MD, Surgeon, Covenant HealthCare, Saginaw</p> <p><i>To join Surgery Grand Rounds virtually, please contact Alexis Hadaway at <a href="mailto:hadaw1aj@cmich.edu">hadaw1aj@cmich.edu</a></i></p>	<p>9/10 <b>ARDS and The Mechanistics of Ventilation in the COVID Era*</b>, Amjad Nader, MD, Critical Care, Covenant HealthCare, Saginaw, MI</p> <p>9/24 <b>Evaluation of the Patient with Rheumatic Symptoms*</b>, Jonathan Rene, MD, Rheumatologist, Covenant HealthCare, Saginaw, MI</p> <p><i>To join Internal Medicine Grand Rounds virtually, please contact Jaime McKenna at <a href="mailto:jaime.mckenna@cmich.edu">jaime.mckenna@cmich.edu</a></i></p>	<p>9/10 <b>Burn Pits and Other Airborne Hazards*</b>, Deborah Heaney, MD, MPH, VISN 10 Environmental Health Clinical Lead, Ann Arbor VAMC, MI</p> <p>9/24 <b>Evolving Treatment of Thyroid Cancer*</b>, Andrew G. Shuman, MD, FACS, Chief, ENT Section, Surgery Service VA Ann Arbor Healthcare System, Associate Professor, Division of Head and Neck Oncology, Department of Otolaryngology-Head and Neck Surgery, University of Michigan Health System</p> <p><i>To join via Microsoft Teams contact Kris Waterman at <a href="mailto:Kris.Waterman@va.gov">Kris.Waterman@va.gov</a></i></p>

## OTHER RSS ACTIVITIES

### CMU Surgery M&M\*

Every Thursday (9/2, 9/9\*\*, 9/16, 9/23 & 9/30)  
In-Person/Virtual  
8:00 AM to 9:00 AM  
\*\*8:30 AM to 9:30 AM

### Covenant Center for the Heart— ECHO LECTURE SERIES\*

9/8  
Covenant Cardiology—900 Cooper-4th Floor  
12:00 PM to 1:00 PM

### Covenant—BREAST CONFERENCE\*

Every Wednesday (9/1, 9/8, 9/15, 9/22 & 9/29)  
In-Person & Virtual  
7:30 AM to 8:30 AM

### Covenant— TUMOR CONFERENCE\*

Every Thursday (9/2, 9/9, 9/16, 9/23, & 9/30)  
In-Person & Virtual  
7:30 AM to 8:30 AM

### Covenant HealthCare: eCovenant IT— EPIC CARE AMBULATORY PROVIDER

TRAINING at location 925 N. Michigan Ave., Saginaw  
Cancelled until further notice  
8:00 am to 1:00 pm  
For additional information contact Brian Schultz at 989.583.0431 or  
brian.schultz@chs-mi.com

### Ascension—St. Mary's Hospital—BREAST TUMOR CONFERENCE

Every Tuesday (9/7, 9/14, 9/21, 9/28)  
Online/virtual  
7:00 AM to 8:00 AM

### Ascension-St. Mary's Hospital— TUMOR CONFERENCE\*

Every Wednesday (9/1, 9/8, 9/15, 9/22, & 9/29)  
7:30 to 8:30 AM  
Online/virtual

### Ascension-St. Mary's Hospital- MULTIDISCIPLINARY TRAUMA PEER REVIEW\*

9/13  
HEC 7  
5:30 PM to 7:30 PM

### MCVI - ECHO GRAND ROUNDS\*

9/29  
MCVI 2nd Floor—MMR EDUCATION ROOM  
7:00 AM to 8:00 AM

## Upcoming Activities:

9/1

12:00 to 1:00 pm

### Virtual Presentation

#### CMU College of Medicine Faculty Development Lunch and Learn

**Series:** Fostering the Development of Master Adaptive Learners  
**Speaker:** Maya Hammoud, MD, MBA, J. Robert Willson Research Professor, Department of Obstetrics and Gynecology, Department of Learning Health Sciences

To attend the meeting, please contact Nicole Wright at  
wrigh1n@cmich.edu for the link to join.

1 CATEGORY 1 CREDITS

9/21

7:00 to 8:30 pm

### Horizon's Conference Center, 6200 State Street

#### Saginaw County Medical Society Membership Meeting

Topic: Physician Compassion Fatigue

Speakers: Mildred J. Willy, MD and Molly E. Gabriel-Champine, PhD, LP

For further details contact Joan Cramer, Executive Director at  
jmcramer@sbcglobal.net

1.5 CATEGORY 1 CREDITS

## eLearning Materials and Opportunities

Please check out our expanding library of accredited eLearning materials and podcasts at: [CMU CME ONLINE](#). New accredited online learning courses are added frequently. Courses required by the State of Michigan for licensing are available in pain and symptom management, medical ethics and human trafficking.

Recently added sessions include:

**COVID-19: Is Hindsight Always 2020?** Doctors Nicholas Haddad, Ziad Daoud, and Rania Esteitie.

**Human Trafficking Update 2021** (also accredited for Social Workers by the CMU Social Work Program.)

### Michigan Public Health Institute (<https://www.mphi.org/>)

Our collaboration with the MPHI permits CMU and community faculty access to their large free online library of certified

eLearning materials for medical professionals:

<https://courses.mihealth.org/PUBLIC/home.html>.

eLearning materials accredited by CMU College of Medicine in the MPHI library include:

- **Childhood Lead Poisoning Prevention for Primary Care Providers** (American Board of Pediatrics MOC Part 2)
- **Infant Safe Sleep: Helping Families**
- **Infant Safe Sleep for Professionals**
- **Michigan HIV/STD Testing Notification and Reporting Laws**
- **Improving Cause of Death Reporting**

## CME Accreditation and Joint Providerships

Central Michigan University College of Medicine has been reviewed by the Accreditation Council for Continuing Medical Education (ACCME®) and awarded Accreditation with Commendation for six years as a provider of continuing medical education (CME) for physicians. Accreditation with Commendation is the ACCME's mechanism for recognizing and celebrating organizations that excel as CME providers.

CMU Continuing Medical Education offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series and symposiums (virtual and/or in-person) for healthcare professionals. For further information, please visit our website at [med.cmich.edu/cme](http://med.cmich.edu/cme), contact the Office of Continuing Medical Education at 989-746-7602 / 989-259-4036 or email [CMEDCME@cmich.edu](mailto:CMEDCME@cmich.edu).

