

Dr. B. A. Ford  
102, 49 Richard Way S.W.  
Calgary, Alberta T3E 7M8  
245-3730, fax 245-1058

## GLAUCOMA SURGERY

PLEASE READ CAREFULLY BEFORE SURGERY

### **Before Surgery**

**Medical:**

- A medical must be done by your family doctor.
- Take the attached medical form to your doctor to be completed.
- If you **fail** to have your medical done, your surgery will be postponed.

**Drops:**

- Continue your drops as usual until you arrive at surgery.

### **Surgery**

**Date:**

\_\_\_\_\_

**Arrival time:**

\_\_\_\_\_ am/pm (walk in door time)

- Total length of time there is approximately 2 hours, from start to finish.

**Location:**

**SURGICAL CENTRES INC.**  
**Rockyview Health Centre II (Not Rockyview Hospital)**  
Suite 120, 1016 68<sup>th</sup> Ave. SW, Calgary, Alberta

**Parking:**

Pay parking available in main parking lot, enter in main doors. You should not drive yourself to surgery.

# **IMPORTANT GLAUCOMA SURGERY**

## **INSTRUCTIONS**

### **BEFORE SURGERY**

- Do not have any solid food or milk products after midnight before surgery, this includes gum or candy. Do not drink any alcoholic beverages for 24 hrs before surgery.
- Stop drinking clear fluids 3 hours before surgery (e.g. black tea and coffee, apple juice, water).
- Your operation may be cancelled due to acute medical conditions (e.g. severe cold). If in doubt, contact your surgeon's office prior to surgery.
- Take all your medications as normal before surgery with sips of water.
- If you use glaucoma drops in the surgery eye, take them the morning of surgery. After surgery, Dr. Ford will tell you when to resume the drops.

### **THE DAY OF SURGERY**

- It is recommended to have someone accompany you to and from surgery. Please make your own arrangements. A parent/guardian must accompany children (less than 18 years) to provide consent.
- Wear loose comfortable clothing. Nothing tight or constricting i.e.: nylons.
- Please do not wear jewelry or makeup. If you wear contact lenses, please remove them before surgery.
- You will check in at Surgical Centres Inc. reception area. There is a waiting room if your driver needs to wait.
- They will have you sign a consent form and then take you to the back to see the anesthetist. He will administer the local anesthetic which will freeze the whole side of your face.
- Once the anesthetic has taken effect, you will walk to the surgical suite where Dr. Ford will do your surgery.
- You will lie on a surgical bed while covered with a sterile surgical drape. The surgery itself takes about 30-40 minutes and you will be awake for the whole procedure.
- Dr. Ford will put bandages and a shield over your eye when the surgery is complete.
- A prescription will be given to you to be filled on the way home.

## **AFTER SURGERY**

- Leave your eye patch on overnight and the next day until your appointment with Dr. Ford. Do not remove the patch to take any eye drops.
- Go home & rest. Resting quietly the day of surgery is recommended
- You may experience numbness of your face, eye and head for up to 6 hours after surgery.
- If you experience discomfort, you may take Tylenol as recommended.
- If you experience severe pain, call the office during daytime hours. After hours, to receive telephone advice, call Calgary Health Link at 943-5465. For an emergency, go to the nearest hospital emergency department.
- You will have a 1 day and 2 day post-surgery check-up with Dr. Ford in the office. These appointments will be given to you on the day of surgery.
- For several weeks after surgery your follow up appointments will be frequent.
- You may eat regular meals following surgery.
- Take all your other medications as normal.

## **POST-OPERATIVE ADVICE FOLLOWING SURGERY**

- If you have any questions about your eyes, please call the office.
- Wear eye shield at night for 2 weeks. Tape to face with tape or fix the eye shield with string (e.g. like a pirate patch).
- Your wound is healing and it will not be firm enough to stand too much pressure for about six weeks.
- Avoid stooping, straining, and lifting for at least two weeks. You may bend over to put shoes on. Vigorous activities should be discussed with Dr. Ford at your appointment. It is impossible to list all the activities you should avoid.
- Avoid closing the eyes tightly. Never rub or touch the eye. Take care when washing face, avoid getting water or soap in the eye.
- If there is a lot of discharge from the eye, wipe off the lids with moist cotton, but avoid exerting pressure on the eye, particularly the upper lid.
- Wash your hands thoroughly before and after putting in eye drops and ointments.
- You may have the feeling of something in the eye because of the incision, but do not close it tightly. This feeling may persist for a few weeks.

# Pre-Surgery Medical Form

**PLEASE RETURN WITHIN 3 WEEKS BEFORE SURGERY  
(No earlier than 3 months before surgeries)**

Dear Dr. \_\_\_\_\_,

Your patient has been scheduled to have surgery at:

SURGICAL CENTRES INC.  
120, 1016 68<sup>th</sup> Avenu S.W.  
Calgary, AB T2V 4R6

Please provide a complete history and physical examination on this form and **fax as soon as possible to: DR. FORD Fax 245-1058 --- SEND ASAP!!**

Patient's Name \_\_\_\_\_ Date of Surgery \_\_\_\_\_  
Procedure \_\_\_\_\_

ADMITTING DIAGNOSIS

HISTORY OF PRESENT ILLNESS

Past Medical Hx -

Medication List -

Recent Steroid use-

Drug Allergies-

Previous Surgery-

Anesthetic Problems-

Functional Inquiries (Systems Inventory) No Yes

Cardiovascular	___	___
Respiratory/Smoking	___	___
Heptic	___	___
Renal	___	___
Nervous System	___	___
Endocrine	___	___
Musculoskeletal System	___	___
Blood or Coagulation Disorders	___	___

Pulse \_\_\_\_\_ BP \_\_\_\_\_ Weight \_\_\_\_\_ Height (approx.) \_\_\_\_\_

Normal Abnormal If Abnormal give details

EENT	_____	_____
Cardiovascular	_____	_____
Respiratory	_____	_____
Abdominal	_____	_____
Nervous System	_____	_____
Musculoskeletal	_____	_____
Other (Specify)	_____	_____

FIT FOR SURGERY? YES \_\_\_ NO \_\_\_

Date \_\_\_\_\_ Dr. Name \_\_\_\_\_ Office Fax # \_\_\_\_\_



Mayfair Place

Rockyview Health Centre II  
SCI-Surgical Centers Inc.  
120, 1016-68 Ave SW  
Calgary, AB  
PH: 403-252-0220