



**Del Norte Senior Center**  
**1765 Northcrest Drive**  
**Crescent City, CA 95531**  
**707-464-3069**  
**Hours 9:00am to 4:00pm**

**COME JOIN US!!!**  
**Lunch Served**  
**Monday Thru Friday**  
**11:00am TO 12:30Pm**



# May 2025

SUN	MON	TUE	WED	THU	FRI	SAT
Gift shop opens Daily				1 Cards 12:30 Craft and Coloring 12:30	2 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	3
<b>4</b>	5 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30	6 Crochet Friendship Group 12:30	7 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30	8 Craft and Coloring 12:30	9 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30 <b>Bake/Book Sale Fundraiser for the Nutrition Program 10:00 AM-1:00 PM</b>	10
<b>11</b> Gift shop opens Daily.	12 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards? Games 12:30	13 Crochet Friendship Group 12:30	14 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/ Games 12:30	15 Craft and Coloring 12:30	16 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	17 
<b>18</b>	<b>19</b> Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	20 Crochet Friendship Group 12:30	21 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 <b>Bingo 12:30</b>	22 Craft and Coloring 12:30	23 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	24
<b>25</b> Volunteer Opportunities Available	<b>26 Site Closed</b> 	27 Crochet Friendship Group 12:30	28 Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	29 Craft and Coloring 12:30	<b>30 Birthday Luncheon and Raffle 11:30</b> <b>Wear Hawaiian Shirt</b> Chair Yoga 9:00 9:45 Mat Yoga 9:45-10:30 Cards/Games 12:30	<b>Senior Legal Service</b> <b>464-3069</b> <b>1-800-972-0002 X304</b> <b>1-707-445-0866 X304</b>