



We would like to welcome you to Nirvana Sports Medicine and Rehabilitation Services, LLC and thank you for choosing our facility for your rehabilitation needs. We promise to do our very best to meet your needs and expectations. All of us share a common goal to assist you in returning to full function and we will do everything we can to help achieve that goal. The purpose of this introduction letter is to provide you with some helpful information as you prepare to begin your rehabilitation journey.

Prior to your evaluation today your primary insurance has been verified and if necessary authorization obtained. We have relayed to you what we feel is the pertinent information regarding your plan(s) and financial obligations. We, however, highly suggested that you call the Member Service department at your insurance company and verify personally what your responsibilities may be regarding copays, deductibles, referrals, etc. Please remember that benefits quoted are not a guarantee of payment per your insurance.

During your initial evaluation today your therapist reviewed your history, listened to your issue, concern, and goals, performed some special test and wrote up an evaluation and plan of care that will include exercises and other treatment modalities. This plan was discussed with you and will be forwarded to your referring physician. You have also been provided with a home exercise program to perform outside the clinic. In order for you to progress and meet your, and your physicians, goals, your cooperation in your program is greatly appreciated. We need for you to attend all the recommended scheduled appointments and not be late for your appointments. We understand that life emergencies happen but please call us and reschedule, please do not just not show up. This allows us to prepare and fill our schedules with other patients. We are also required to track your reschedule and missed appointments and those are reported back to your physician, carrier, and adjuster/case manager if a workers compensation claim. We do this because your rehabilitation benefits may be limited on number of visits or time and we want to make the best use of your, and everyone's, time and effort in reaching your greatest potential before that time expires. Lastly we ask that during your rehabilitation sessions, that you give us full effort and are honest and truthful. Each individual may respond differently to the rehabilitation sessions and we need to access your progression and adapt and change if need be.

At Nirvana Sports Medicine and Rehabilitation Services, we strive to focus our care on you, the patient. We want to promote a healthy lifestyle and instill great programs and techniques that carry over once you are discharged from our facility. We want you to know that we are always here for you, to answer your questions or concerns or to help you find other resources in our community.

If there is anything any of us can do to make your rehabilitation better, please do not hesitate to ask, you are our main concern. From all of us, thank you again for trusting us with your care.

Here's to your success!

Sincerely,
Glynn Stiles, LAT, ATC
Administrator