



# WALK TO EMMAUS

THE UPPER ROOM®

Central  
Alabama  
Emmaus  
Community

## *the 4th day newsletter*

*November 6, 2024*

### A MESSAGE FROM WALK #224 LAY DIRECTOR

I often think back to where I was in my walk with Christ before I went on my Emmaus Walk in September 2015. I learned so much about God's grace and serving others. I also learned the true meaning of being the hands and feet of Christ. What a true blessing it is to serve my Lord and Savior, Jesus Christ. I'm thankful to my BFF and sponsor, Donna Byrd, for sharing with me about the Walk to Emmaus and encouraging me to go. It wasn't until my third chance to go that I went on the walk. I had never been shown the love of Christ in the way that His love was displayed at Emmaus. It truly was a blessing.

I have gone back and worked behind the scenes at Emmaus many, many times since my walk. The feeling of joy received by going back and serving the Pilgrims like I was served is amazing. In doing so, God has blessed me with many life-long friends who are such a joy to be around and work with. I truly believe that God puts us all together for a purpose. Our purpose is to further His kingdom and this is what we're to do as His disciples.

More importantly, I have learned the unconditional love of Jesus Christ and His grace. Like anyone else, my faith has been tested many times throughout life since my walk and I have persevered through them with God's help.

My sweet and precious friend, Rita Carswell, who is now in heaven, taught me so much about Emmaus. She encouraged me many times to keep coming back and being the hands and feet of Christ for the new Pilgrims. I miss her tremendously, but I know she is looking down on me as I take this journey. I know she will be with me on Walk #224.

My prayer for the Pilgrims on Walk #224 is that they find the true meaning of Grace and that Jesus' love is unconditional and alive. I also pray that they know that whatever they have in their lives can and will be forgiven through the Grace and Love of our Lord, Jesus Christ. One of my favorite verses is Philippians 4:13, "I can do all things through Christ who gives me strength."

DeColores  
Karen Higgins  
CAEW #172  
Table of Martha

### ***Women's Walk #224***

Lay Director:  
Karen Higgins

Background Team:  
Elmore Cluster

### **Times To Remember**

***Wednesday 7pm Send-Off***  
***Friday 7pm Candlelight***  
***Saturday 7am Serenade***  
***Saturday 4pm Closing***



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## A MESSAGE FROM WALK #224 SPIRITUAL DIRECTOR

Philippians 4:11-13

Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ which strengtheneth me.

As I sit here writing this I am full of mixed emotions, humility, nervousness, and excitement. As some of you may know this will be my first walk as a Spiritual Director.

I am extremely humbled to be asked to be the SD for walk #224. This is a big step for me and I am nervous about getting every little detail right and wanting this to be the best walk ever for all involved, most of all the pilgrims. Then again I know that with all of the prep, prayer, and training that has gone into this walk, everything will fall into place. I also am confident that God has this all under control and he would not have called this team together if he had not already equipped us to succeed. For we know that God does not call the equipped, but he equips those he calls.

So on that note I am extremely excited to see what God has in store for Walk #224 over the next few days and will continue in prayer for the pilgrims, conference room team, and all those involved behind the scenes. God Bless all and De Colores

Your Brother in Christ,  
Jay Burkhalter

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### JOIN US WORKING IN THE BACKGROUND!

Emmaus walks don't just happen, volunteers behind the scenes make it all come together. If you have been away for awhile or are just off your own walk, and don't know how to get started, we would love to help you out! Go to our website and click on one of the Emmaus Board Reps (click 'About Us'/then Board Reps) to get the line of communication going.

You can also ask for help on our Central Alabama Chrysalis/Emmaus Facebook page. Many places to serve, one that will fit you perfectly!

Or email me, I would love to get you plugged in.  
Kris Johnson - johnson.kristijo@gmail.com



### Sign Up For Emmaus Prayer Vigils

The Sign-Up Genius link can be found  
on our webpage at

**www.caew.org**

As well as on our Facebook page at

**Central Alabama  
Emmaus Community**

## 2024 Walk Dates

Women's Walk #224  
Karen Higgins  
November 6-9  
Elmore Cluster

## 2025 Walk Dates

Men's Walk #225  
Tommy Holt  
January 22-25  
Cluster TBA

Women's Walk #226  
Sue Olson  
February 19-22  
Cluster TBA

Men's Walk #227  
TBD  
March 19-22  
Cluster TBA

Boy's Flight #81  
July 9-12

Girls Flight #82  
July 16-19

Men's Walk #228  
TBD  
August 20-23  
Cluster TBA

Women's Walk #229  
Kris Johnson  
September 17-20  
Cluster TBA

Women's Walk #230  
Terri McDonald  
November 5-8  
Cluster TBA



# Pilgrims of the Women's Central Alabama Walk to Emmaus #224

LAST	FIRST	CITY	ST	CHURCH	SPONSOR
Abernathy	Amanda	Wetumpka	AL	Mulder Church	Justin Freeman
Baldwin	Crystal	Alex City	AL	Church Highlands	Sammy Teel
Bryant	Feliccia	Eclectic	AL	Mulder Church	Justin Freeman
Castanza	Vicky	Mathews	AL	Brewer Memorial Baptist	Angelo Castanza
Collar	Elisabeth	Wetumpka	AL	Redland Hills	Lauryn Smith
Edwards	Diana	Prattville	AL	Heritage Baptist	Karen Higgins
Goodman	Emily	Opelika	AL	10th St. Church of Christ	Daniel Turner
Hanna	Jamelle	Tuskegee	AL	Bethapore Baptist	John Hanna
Hillyer	Annslee	Opelika	AL	First Pres. Opelika	Christi Hall
Houts	Danielle	Daviston	AL	Flint Hill Methodist	Jackie Curry
Howell	Amanda	Opelika	AL	Church of Christ	Matt Howell
Jones	Hailey	Alex City	AL	Kellyton Baptist	Stephanie Jones
Korb	Marge	Piedmont	SC	Mt. Pisgah Baptist	Donna Clements
Langley	Becca	Auburn	AL	Embrace	Sandi Langley
LeCroy	Katelynn	Opelika	AL	Be Still	Lauren Hamby
Linn	Jessie	Seale	AL	N/A	Regina Walker
Lucas	Kelly	Troy	AL	Park Memorial	Gilda Belcher
Mahan	Tayler	Alex City	AL	N/A	Ashley Henderson
Mathews	Debby	Anniston	AL	Heflin FUMC	Cheryl Bynum
McCormick	Kim	Valley	AL	N/A	Karen Higgins
Montgomery	Kellie	Opelika	AL	N/A	Karen Higgins
Nelson	Paige	Opelika	AL	Opelika First Baptist	Steffani Bryant
O'Neill	Kathy	Valley	AL	Opelika First Baptist	Virginia Waldrip
Rivera	Marlen	Selma	AL	Crosspoint	Brenda Gomes
Roy	Cheri	Montgomery	AL	Church of the Highlands	Margaret McGuire
Setzer	Tracie	Wetumpka	AL	Mulder Church	Mark Kirkland
Smith	April	Valley Grande	AL	Crosspoint	Joey Smith
Smith	Janet	Wilmer	AL	Living Word Church	Chester Gregory
Smith	Kathy	Valley Grande	AL	Northside Baptist	Donna Harrison
Tyner	Melissa	Montgomery	AL	Highlands	Patricia Sides
Ward	Beth	Wetumpka	AL	Vaughn Park COC	Elizabeth Staten
Warren	Cheri	Wetumpka	AL	Cains Chapel	Martin Christensen



## Conference Room - Women's Walk #224

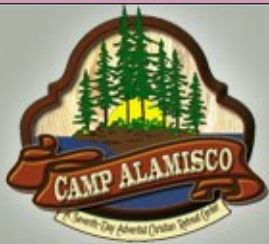
Lay Director	Karen Higgins
Spiritual Director	Jay Burkhalter
Assistant Spiritual Directors	Luke Finkelstein
	Fred Hutcherson
	Jennifer Gregory
	Blue Vardaman
Assistant Lay Directors	Donna Harper
	Sheila Johnson
	Sue Oleson
	Jamie Shelton
Table Leaders	Steffani Bryant
	Donna Byrd
	Dottie Carnes
	Glo Cuthbert
	Kimberly Fredricks
	Connie Lampman
Assistant Table Leaders	Stacey East
	Kristi George
	Molli Kirkland
	Amber Newell
	Rusty Marcell
	Sherri Williams
Music	Marian Woodman
	Chrystal Strickland
Media	Nancy Newman
Board Rep	Missy Johnson

## Work Areas— Women's Walk #224

Support Area	Chair / Co-Chair
72 Hour Prayer Vigil	Sandi Langley / Kellie Brown
Agape	Kelli Thigpen / Page Cotton
Bed Tags	Connie Lampman / Billy Newman
Book Covers	Donna Clements
Book Bags	Missy Johnson
Book Table	Betsy Terry / Terri Knight
Candlelight	Wanda Ryals / Angela Bussey
Entertainment	Marian Woodman/ Chrystal Strickland
Food Prep	Judy Ertley
Friday Night Party	Kelli Thigpen / Donna Clements
Greeters	Cynthia Green / Kellie Brown
Housing & Registration	Ben Gibbons / Alice Veros
Logistics	Mark Manning
Meal Service	Sharon Truman / Debby Travis
Photography	
Refreshments	Donna Harrison / Renee Chandler
Serenade	Kris Johnson / Lauryn Smith
Speaker's Prayer Chapel	Bonnie Coker / Bev Robinson
Sponsors Hour	Sandi Langley / Hillary Stewart
Worship	Helen Lane / Terri McDonald



**Welcome Men of Central Alabama Walk to Emmaus #222**



**In Case Of Emergency**  
**Camp Alamisco**  
**256-825-9482**

**LOST YOUR BADGE?**  
**Contact Ronald Lynch at**  
**lynchronald8@gmail.com**  
**Badge replacement cost is \$3**



**TEAM SELECTION**  
**Missy Johnson - Chairperson**  
**dwaynemissy@ymail.com**

**WORK AREA SIGN IN SHEETS**  
**following each walk are sent to:**  
**Linda Hines Hornsby**  
**Linda.Hines@adph.state.al.us**

**NEWSLETTER EDITOR**  
**Kris Johnson**  
**johnson.kristijo@gmail.com**

**\*\*\*Please send articles, updates, cluster  
 & reunion group photos and information  
 to share with the Emmaus community.**

EMMAUS WORK AREA	2024 COMMUNITY BOARD REP
72 Hour Prayer Vigil	Jamie Brown
Agape	Missy Johnson
Book Table	Betsy Terry
Candle Light	Tommy Holt
Food Preparation	Dottie Carnes
Refreshments & Friday Night Party	PeeWee Godwin
Greeters	Glenn Kinard
Housing and Registration	Alice Veros
Logistics	Martin Johnson
Meal Service	Donna Harrison
Music & Media	Rob Stanford
Photography	PeeWee Godwin
Refreshments	Donna Harper
Serenade	Jeff Bryant
Speaker's Prayer Chapel	PeeWee Godwin
Sponsor's Hour	Mark Lampman
Supplies	Lorri Schoonover
Team Selection	Missy Johnson
Training - Support Team	Sharon Truman
Training - Conference Room & Lay Director	Sharon Truman
Worship	Kris Johnson
Registrar - Men's	Sharon Truman
Registrar - Women's	Lynn "Mo" Moseley
Community Website Coordinator	Allen Brewer
Community Email Coordinator	Jamie Brown
Name Badge Coordinator	Ronald Lynch
Community Newsletter	Kris Johnson
Community Lay Director	Wanda Ryals
Community ALD	Missy Johnson
Immediate Past LD/Board Advisor	Allen Brewer
Community Treasurer	Linda Hines Horsby
Community Secretary	Dottie Carnes
Communications Coordinator	Linda Hines Hornsby
Community Spiritual Director	Brian Dovey
Community Asst. Spiritual Directors	John Hill
Chrysalis Committee Chairperson/Lay Director	Lorrie Schoonover
Chrysalis Spiritual Director	Mike Wells

### **Address, contact phone, or email changes?**

Help keep your information updated:

Click the 'Update Subscription Preferences' link at the bottom of your Community Email.

Or contact a Board Rep listed on our web page at [www.caew.org](http://www.caew.org) to assist you in updating your current address, phone or email information.

## 2024 CENTRAL ALABAMA EMMAUS COMMUNITY – CLUSTER INFORMATION

Updated 1/01/2024

### **\*Clanton Emmaus Cluster**

Contact – Tom and Glo Cuthbert . glogetr@yahoo.com - . Glo 205-245-2242

Cluster meetings are the 1<sup>st</sup> Tuesday of every month at 6:30 p.m. at Verbena United Methodist with refreshments following.

### **\*East Alabama Emmaus Cluster**

Contact – Dennis Teel . dennisteel154@gmail.com , 334.524.8257

Covered dish dinners are on the 1st Tuesday after each walk at Cornerstone Churchm 2123 Hamilton Road, Auburn, AL

### **\*Elmore County Emmaus Cluster**

Contact - Mark Kirkland . mkirkland25@yahoo.com . 334-224-0758

Covered dish dinner and meeting on the Tuesday or Thursday after each walk or flight at Cain's Chapel and Mulder UMC. Fellowship at 6:00 p.m., dinner at 6:30 p.m.

### **\*Lake Martin Area Emmaus Cluster**

Contact – Stephen Chambers . lakemartincluster@gmail.com . 256-786-2965

Meets on the Monday following a walk at 6:15 PM with a covered dish dinner. Rotate between Flint Hill UMC, Alex City Methodist, First Baptist Dadeville, Lake Martin Baptist and Camp Alamisco.

### **\*Millbrook-Prattville Walking Miracles Emmaus Cluster**

Contact – Glenn Kinard . glennkinal@aol.com . 334-467-9851

Meets at 12:30 p.m. on the 4th Sunday, for a covered dish meal at Robinson's Springs Church in Millbrook,

### **\*Montgomery Emmaus Cluster**

Contact – Kimberly Frederick . willnkim4@gmail.com . 334-324-4572

Covered dish dinners are held at Aldersgate UMC on the Tuesday following each walk at 6:30 p.m. When the walks are back to back, the dinner will be held the Tuesday after the second walk.

### **\*Selma Emmaus Cluster**

Contact – Debby Ttavis . debbytravis@yahoo.com . 334-412-3282

Covered dish dinners held the first Sunda of each month at 6:30 p.m. Contact Helena Britton as to location until repairs are complete at Church Street UMC .

### **\*Chambers-Lee County Emmaus Cluster**

Contact – Lyn Brow . lsbrown32297@gmail.com . 334-864-1113

Covered dish dinners are held at various church locations at 7:00 p.m. **(ET)** on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk .

# CAMP ALAMISCO LODGING INFORMATION

**Lodge/Cabins:** available on a first come first serve basis. They have bunk beds and community showers/bathrooms. Per bunk, they rent for \$25/night, or \$75 for the weekend. Three meals are included per day. You must provide all of your own linens.

**Campsites:** 3 spots available, where you can bring your own motor home. The campsite rates are \$30/night or \$90 for the weekend, and includes three meals for two people.

**Alamisco Inn:** which features three "suites" upstairs, that includes TWO queen beds, ONE set of bunk beds, and ONE pull out sectional "single bed" sleeper. It also has its own kitchenette.

**Suite #1** (Accommodates 6 People) is \$100/night or \$300 for the weekend.

**Suite #2** (Accommodates 4 People) is \$67/night or \$200 for the weekend.

**Suite #3** (Accommodates 6 People) is \$100/night or \$300 for the weekend.

**\*\*All Suites - All Linens are provided.**

**Downstairs Rooms** (One double bed) are \$45/night or \$135/weekend.

**\* Downstairs Rooms - Linens are provided.**

**\*All Alamisco Inn Suites include three meals for 4 people included in the cost of the suite.**

**For those at camp not staying in lodgings: Meals - Breakfast \$5.00, Lunch \$5.00, Dinner \$8.00.**

## WHO CAN ATTEND THE EMMAUS THREE-DAY EVENTS?

It is the policy of The Central Alabama Emmaus Community as well as The Upper Room - Emmaus Ministries, that ONLY persons that have completed a 3-Day Weekend (Emmaus, Chrysalis, Cursillo, Tres Dias, etc.) may participate in and attend:

Send Off, Candlelight, Serenade, and Closing

Additionally, children may not be brought to the events. Families ARE encouraged to attend the follow up dinners held in each cluster after each walk. We thank you for your understanding and cooperation with this.

## HOW CAN I SERVE?

Ask your sponsor to bring you back to camp! Ask those in your Cluster to explain how to serve! Look up work areas on the website below to see what you might be interested in and contact that Board Rep.