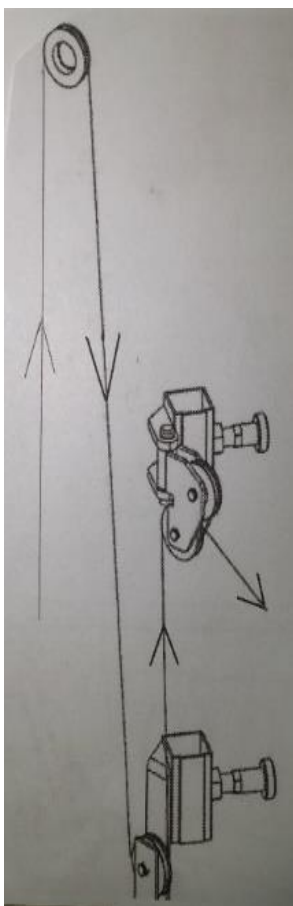


Rope Replacement Instructions for Standard Pulleys (M30, M50, & M70)

Rope Maintenance and Replacement

Regularly inspect the rope used on the pulley system. Under normal usage conditions, the pulley rope typically lasts for approximately 12-24 months. It is important to ensure that the rope glides smoothly over the pulley wheels. Examine the rope for any signs of “fraying.” If the outer layer of the rope begins to appear “fuzzy,” it is time to replace it. For a replacement rope kit, contact RehabPro, Inc. directly or reach out to your local dealer.

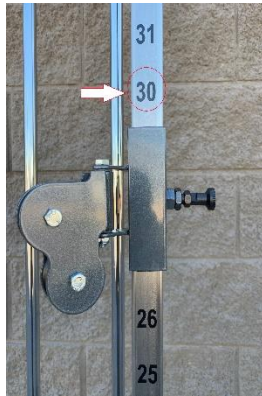


Item #: PR20532

Positioning the Gliders and Threading the Replacement Rope:

Before threading the rope, make sure to position the upper and lower gliders correctly:

- Upper Glider (30)
- Lower Glider (12)



Step-by-Step Rope Threading Instructions:

1. Thread the rope through the flopper on the front of the upper glider, moving from front to back (Picture A).
2. Bring the rope downward and thread it between the wheel and the rope keeper on the lower glider, also from front to back (Picture B).
3. Pull the rope up to the top of the pulley and thread it over the wheel, under the top box of the pulley, from front to back (Picture C).
4. Lower the rope to the top of the weight stack and thread it through the hole at the top of the center rod (Picture D).



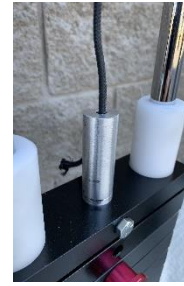
Picture A



Picture B



Picture C



Picture D

Securing the Rope:

1. Pull on the rope at the weight stack until the end with the pulley hook is near the flopper on the upper glider (Picture E).
2. Tie a simple knot close to where the rope exits the center rod to prevent it from sliding back up during use (Picture F).
3. Trim any excess rope (Picture G).



Picture E



Picture F



Picture G

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