

The ACCF Community Projects Grant 2024/25

Project **Triple R** - **R**efresh, **R**echarge and **R**econnect - mental health essentials for CALD carers/families of PWD



CEDAR CREEK ORCHARD

09 May 2025 Friday

Persimmons Picking & Lunch 採摘柿子和午餐



Fee per parent-carer including bus, entry fee & buffet lunch

\$35

Pick up:

8:00am at Chatswood station 火車站

7-11 Railway St, Chatswood

8:30am at Strathfield station Kiss & Ride

大三元酒家右斜對面等候區域

Itinerary:

1. Persimmons picking at Picton
2. Buffet lunch
3. Mount Annan Garden
4. trip ends approx 6pm at Chatswood station

- Closing date for registration 報名截止日期 24/04/2025, 名額有限, 額滿即止 @ admin@chineseparents.org.au / 0402 941 090 to Maria
- Priority will be given to the participants of the Triple R Mental Health Workshops 心理健康工作坊參加者優先
- Payment is required upon registration 報名同時請繳付費用
- Cancellation - full fee \$35 will be forfeited 如退出 - 全額費用將不會退還



澳洲弱能兒童協康會

Chinese Parents Association-Children with Disabilities Inc.



澳洲華人公益金

Australian Chinese Charity Foundation Inc.