



What is TRIAD?

TRIAD is a COUNTY agreement between the Sheriff's office, local Police departments, and older adults in the community working together to reduce and prevent crimes against older adults

TRIAD is a COUNTY-WIDE joint approach to crime issues that affect older citizens. It is a community service offering crime prevention tips & lessons for mature adults

*TRIAD is accomplished through monthly **Seniors and Law Enforcement Together (S.A.L.T.) lessons**, guest speaking/teaching by the TRIAD Coordinator, and senior oriented events throughout the county*

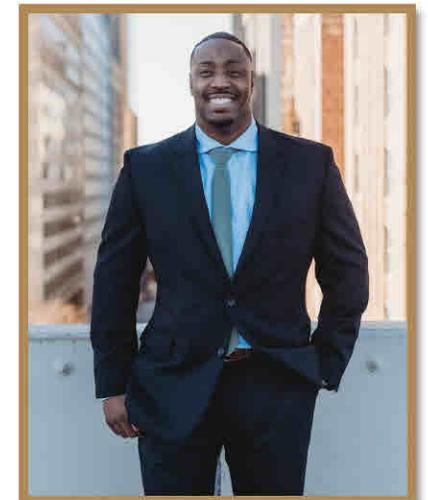
**All Triad programs are a
*free community service***

Safety Tips

- Keep devices updated & install good anti-virus software for cell phone, laptop, tablet, etc
- Always take your time and check your emotions when making a financial decision and don't be afraid to say "no"
- Beware of offers that sound too good to be true - they usually are
- Do not share your personal or financial information
- Do not answer your phone except for immediate family members - your caller ID can be "spoofed"
- Do not click on links in texts or emails unless you requested the link – QR's are links, as are ads and 'unsubscribe'
- Do not pay taxes or fees on a "free prize"
- Beware of open wi-fi networks
- Do not overshare on social media
- Never pay in gift cards, cryptocurrency, gold, cash in the mail, or wire transfer – these methods are a red flag that you are interacting with a scammer
- Utilize tap to pay whenever possible and keep cards in RFID wallet/sleeve
- Never put personal checks in the mail or use them at retailers
- Never wear a cross body purse
- Limit what you carry in your purse/wallet
- **Participate in our free monthly prevention lessons to stay informed and up to date listed inside**

OKLAHOMA COUNTY SHERIFF'S OFFICE
2101 NE 36TH
OKLAHOMA CITY, OKLAHOMA 73111
(405) 713-1000

Oklahoma County Triad



Sheriff Tommie Johnson III

Monthly Prevention Lessons

First Monday of the Month

The Village/ Nichols Hills 1:00 PM
Village City Hall
2304 Manchester
Dr

First Tuesday of the Month

Edmond N. 12:30 PM
Senior Center
2733 Marilyn
Williams Dr

First Wednesday of the Month

Arcadia 10:00 AM
Town Hall
217 N Main Street

Forest Park 1:00 PM
City Hall
4203 N Coltrane

First Thursday of the Month

Del City 10:00 AM
Del City
Community Center
4505 SE 15

Valley Brook 1:00 PM
Municipal Court
1618 SE 59th

*All Class dates/times subject to change
due to holiday's etc.*

***OKC classes may vary in date, topic,
and speaker from other locations*

Monthly Prevention Lessons

Second Monday of the Month

Choctaw 9:15 AM
Choctaw Police
Department
13240 NE 23rd

Second Tuesday of the Month

**Jones
Nicoma Park
Spencer** 10:00 AM
Community Center
2221 Nichols Dr

Luther 12:30 PM
Community Center
18120 Hogback Rd

Second Wednesday of the Month

Harrah Noon
Senior Center
19791 Summers Ave

Second Thursday of the Month

Edmond S. 11:00
MRCC
2221 E Memorial

****OKC North** 1:30 PM
Shriners
3601 NW 36th OKC

For more information on classes contact
Triad Coordinator (405) 713-1086
tara.hardin@oklahomacounty.org

For weekly safety tips
follow us on Facebook
[@ OCSO911](#)

Monthly Prevention Lessons

Third Monday of the Month

****OKC East** 10:00 AM
OCPD Substation
4116 North Prospect

Warr Acres 1:00 PM
Metro Library
5901 NW 63

Third Tuesday of the Month

Bethany 9:00 AM
Municipal Court
6714 NW 36th

Midwest City Noon
Senior Center
8251 E. Reno

Third Wednesday of the Month

Phone In Noon
1-773-352-2009
Meeting ID
#189 269 127
Listen only format

Online 2:00PM
Registration:
Metrotech.edu/crimeprevention
Past recorded classes can also be
viewed at same website

Third Thursday of the Month

****OKC South** 1:30 PM
Pete White Wellness
4021 S Walker

There are 3 ways to attend monthly SALT classes!

In-Person:

View schedule at www.oklahomacounty.org/elected-offices/sheriff Programs and Services tab

Online:

3rd Wednesday of the month
at 2:00pm
www.Metrotech.edu/crimeprevention

Call-in:

3rd Wednesday of the month
at 12:00 pm
1-773-352-2009
Meeting ID #189 269 127
Listen only format



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For more information on classes contact
Triad Coordinator (405) 713-1086
tara.hardin@oklahomacounty.org

For weekly safety tips

follow us on Facebook @ OCSO911

Oklahoma County Triad



2026 Monthly Class Topics

Oklahoma County Sheriff's Office
2102 NE 36th
Oklahoma City, Oklahoma 73111
(405) 713-1000

January

Life After Driving: Staying Independent and Understanding the Future of Transportation

This class helps individuals plan for transportation options when driving is no longer feasible, while maintaining independence. It covers the basics of electric vehicles (EVs), their impact on transportation, what to expect when switching to an EV, and strategies for staying mobile and confident at any stage of life.

Guest Speaker: Highway Safety Officer

February

Investment Fraud Prevention for Seniors

Learn how scammers target older adults through phone calls, emails, social media, and fake investments to steal money and personal info. Participants will review real examples, discuss trends, and discover strategies to protect their finances and digital identity.

Guest Speaker: Oklahoma Dept of Securities

March

Protecting Your Personal Information: What You Need to Know

Your personal information is valuable...and scammers target it. In this class, you'll learn what puts you at risk, how criminals steal data, and simple tips to protect your identity and privacy both online and in daily life.

April

Passwords: Your First Line of Defense

Strong passwords are key to protecting yourself from hackers. In this class, we'll cover what makes a good password, how to manage them securely, and why reusing passwords is risky. You'll also learn simple tricks to create strong, memorable passwords to keep your accounts safe.

2026 SALT

Lesson Topics

May

Customer Impersonation: Criminals Pretending to Be You at Your Bank — How to Stop It

Scammers may impersonate you to your bank, gaining access to your accounts. In this class, we'll show how they gather info and simple steps to protect yourself. You'll learn how to verify requests, secure your accounts, and what to do if someone's pretending to be you.

June

Check Fraud: Why It's on the Rise and How Electronic Bill Pay Can Keep You Safe

Check fraud is on the rise, costing victims time and money. In this class, we'll discuss how fraudsters alter checks, why mailing them is risky, and how they profit from your payments. You'll also learn how secure electronic bill pay can protect your money and simplify managing your accounts.

July

The Real Cost of Fraud/IC3 Annual Report

Fraud not only costs money but also affects emotions and peace of mind. In this class, we'll explore the FBI's IC3 report to understand the impact of scams, the most common types of fraud, and how losses go beyond just dollars. You'll learn practical steps to protect yourself and your loved ones.

August

Medication Safety and Awareness: Narcan, Disposal, and Poison Control

Knowing how to handle medications safely can save lives. In this class, we'll cover using Narcan for opioid overdoses, disposing of unused medications, and how Poison Control can assist in emergencies.

Guest Speaker: Poison Control

September

When Crime Collides: The Link Between Fraud, Human Trafficking, and Drug Cartels

Fraud is often tied to larger criminal networks, supporting activities like trafficking and drug operations. In this class, we'll explore these connections, why the bigger picture matters, and how this knowledge helps protect you and your community.

October

Protecting Vulnerable Loved Ones: Understanding Fraud and Cognitive Decline

As memory and decision-making decline, scam risks rise. In this class, we'll discuss spotting fraud vulnerability and setting safeguards. A representative from the Alzheimer's Association will provide resources for families and caregivers to protect loved ones financially and emotionally.

Guest Speaker: Alzheimer's Association

November

Smart Shopping: Staying Safe Online and In-Store

Shopping should be fun, not risky. In this class, we'll share tips for safe shopping online, by phone, or in person. You'll learn to spot scams, avoid fake websites, and protect your payment info, so you can shop with confidence and peace of mind.

December

Holiday Fun & Games

Life After Driving: Staying Independent and Understanding the Future of Transportation

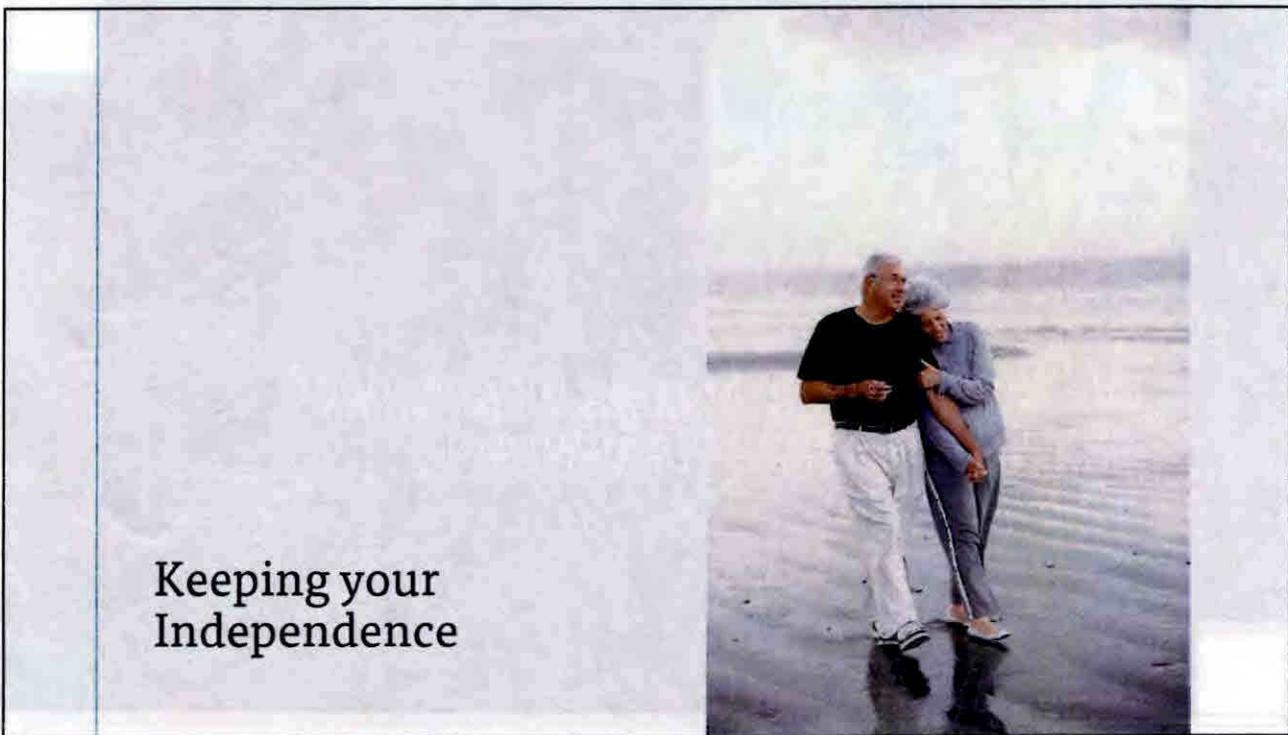
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Agenda

- Introduction
- Preparing for the Future
- Keeping your Independence
- Electric Vehicles
- Final tips & takeaways

2

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Keeping your Independence

3



Transportation

What options are out there?

- *Driving ourselves
- *Public Transportation
- *Using Rideshare
- *Finding a "Chauffeur"

4

Transportation Options

- General Transportation:
 - Public Transit. Usually reduced fares for seniors.
 - EMBARK (OKC area) ½ price 65 and older.
 - EMBARK Share-A-Fare (\$4) partner to SendaRide 405-235-7587
- Medical Appointments
 - EMBARK Well. No Cost adults 60 and over. 48-hour notice.
 - Sooner Ride-arranges transportation for Medicaid participants
 - Med ride. 877-685-8267
- Community Action Agency Partnership 405-297-2583
 - Senior Services 60 and older. Round trip van service to nutrition sites for morning activities and a noon meal.
 - STEP Shopping Shuttle. Round trip transportation to grocery stores
 - Medical Appointment Transportation. Round Trip to scheduled medical services.
- Area Agency on Aging (AAA). Across Oklahoma. Coordinate services for older adults.

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Alternate Transportation Options

RideShare

- UBER
 - GoGoGrandparent
 - 1-855-560-8237 ext. 39466
 - Uber.com/go 1-833-873-8237
- LYFT
 - Ride.lyft.com
- Alternate transportation ideas:
 - Grandchildren. Nieces/nephews. Neighbors.
 - Think outside the box!

6

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Pros and Cons to Electric Vehicles

- Range/Mileage
 - Local driving
 - Cross country-well populated
 - Most get 100-200 miles from a charge.
 - Hybrids the combo 300-600 miles. Battery only 15-60 miles
- Financial Considerations
 - Overall cost to purchase is generally more expensive by \$10,000 to \$15,000
 - Maintenance cost are usually less.
 - EV tires wear out faster than gasoline engines.

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For Consideration:

- Driving Experience for EVs:
 - Equipped to feel like gas powered
 - Braking is different, more like coasting to a stop.
- Road trips:
 - Planning, where to charge. Time factor, can take hours. Even fast chargers take up to an hour.
- Touch Screen is a learning experience.
- Cold weather impact:
 - During cold weather range of travel can drop 25%
- What happens if you run out of charge?
- Safety
 - Proper Charging Equipment. Use from manufacturer only.
 - Have a dedicated circuit with proper outlet. No extension cords. Use licensed electrician!
 - Charge away from flammable items
 - If in a crash let 911 know you are in an EV. Get out of car. If smoking or unusual noises keep some distance.

10

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Grocery Options

- Local Deliver Options
 - Grocery:
 - Walmart, Amazon Fresh, Target
 - Instacart, DoorDash, Shipt.
 - Crest, Aldi's
 - Prescriptions. Many pharmacies now deliver. Mail delivery.
- Online Options
 - Hello Fresh
 - Hungry Root
 - Every Plate
 - Butcher Box
 - Misfit Market

7

7

The Future of Transportation



Is an EV (Electric Vehicle) right for you?

- Types of EV:
 - All-Electric. Do Not have conventional engines
 - Plug-in Hybrids. Offer gasoline engine and an electric battery pack.
 - Hybrids. Gasoline Engine. Don't have to be plugged in.

8

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Final Thoughts and Takeaways!

- Take the time now so "No Surprises"!!
- Preparation is everything!!
- Be aware of where you park!
- If technology is a challenge....use those youngsters in your life!
- National Fire Protection Association. Nfpa.org/education
- Questions!?!

11

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MSgt. Christy Yokley OCSO

405-650-3264

Christy.Yokley@oklahomacounty.org

Thank
you

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SAFER DRIVING MAY SAVE YOU MONEY

Take the AARP Smart Driver™ classroom course and you may save money on your auto insurance!*

- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven driving methods to help keep you and your loved ones safe on the road.

UPCOMING CLASSROOM COURSES NEAR YOU:

DATE
Tuesday, January 20th

TIME
8:00 AM - 3:30 PM

LOCATION
YUKON SENIOR CENTER

1200 LAKESHORE DR
YUKON OK 73099

REGISTER
(405) 350-7680

DATE
Wednesday, January 21st

TIME
8:00 AM - 3:00 PM

LOCATION
MUSTANG SENIOR CENTER

1201 N MUSTANG RD
MUSTANG OK 73064

REGISTER
(405) 314-1297

DATE
Friday, January 23rd

TIME
8:00 AM - 3:30 PM

LOCATION
HEALTHY LIVING OKLAHOMA CITY

11501 N ROCKWELL AVE
OKLAHOMA CITY OK 73162

REGISTER
(405) 773-6910

DATE
Tuesday, February 3rd

TIME
9:00 AM - 4:00 PM

LOCATION
AARP STATE OFFICE

126 N BRYANT AVE
EDMOND OK 73034

REGISTER
(405) 715-4465

DATE
Friday, February 6th

TIME
9:00 AM - 4:00 PM

LOCATION
NORMAN REGIONAL EDUCATION CENTER

901 N PORTER AVE
NORMAN OK 73071

REGISTER
(405) 509-0727

\$20 for AARP members | \$25 for non-members
For more information, visit aarp.org/drive or call **1-888-773-7160**



ONLINE

Take the self-paced workshop anytime, anywhere.

Learn On Demand

It's National Safety Month! Stay safe and informed with more free workshops.

VIRTUAL & ONLINE WORKSHOPS



Feel more confident about car safety tech.

Discover how it works with the FREE Smart DriverTEKSM workshop.

[Learn Virtually >](#)

[Learn On Demand >](#)



Curious about electric and hybrid cars?

Learn about charging, trip planning and other key factors.

[Learn Virtually >](#)

[Learn On Demand >](#)

Get tips to discuss an older loved one's driving.

Find guidance with the free We Need To Talk training.

[Learn Virtually >](#)

[Learn On Demand >](#)





Find the safest fit in your vehicle.

Adjust seat position, mirrors and more to maximize your safety.

[Learn Virtually >](#)

[Learn On Demand >](#)



Get around conveniently with rideshare.

Learn about app-based ride and delivery services.

[Learn On Demand >](#)

DISCOVER EVEN MORE RESOURCES



ROUNDBABOUTS: How to navigate traffic circles.

[Watch Video >](#)



BIKE BOXES: Safely share the road with cyclists.

[Watch Video >](#)



TIPS FOR DRIVING IN THE DARK: 9 ideas to make night driving safer.

[Read More >](#)

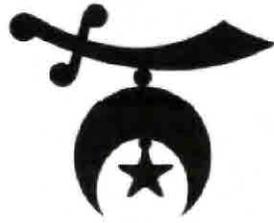
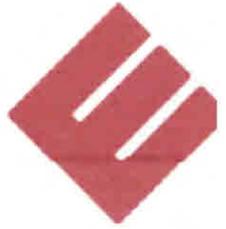
AARP Membership Offers More. AARP members have access to hundreds of carefully chosen discounts, resources, and services—and an advocate for important issues.

[Learn More](#)





INDIA SHIRAZI RODEO



May 8 and 9 2026

Friday

Doors open at 6pm
Rodeo at 7pm

General Admission \$25

Children 12yrs & Under \$15

Concert Not Included

Saturday

Doors open at 5pm
Rodeo at 6pm

Concert Doors Open at 8:30 pm

Concert at 9:30pm

Concert \$25



Jordan
RAINER



Scan Me

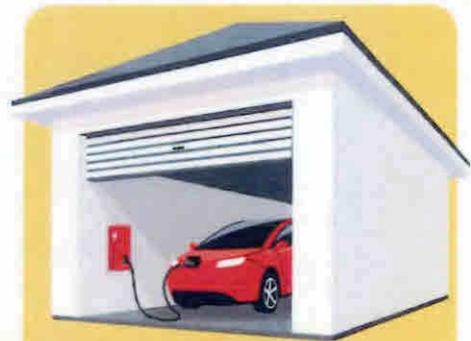
Electric Vehicles: Safe Charging at Home

SAFETY TIPS

- Use devices that are listed by a qualified testing laboratory.
- Read and follow all manufacturer directions.
- Check chargers and cords for damage before using. Never use if damaged.
- Do not use extension cords with the charger.
- Install charging equipment in safe locations. Keep away from busy areas and things that could catch fire.
- Keep charging items out of reach of children and animals when not in use.
- Cover charging station outlet to keep water out.
- Before charging an electric vehicle at home, have a qualified electrician:
 - ~ Check your electrical system to see if it can handle charging.
 - ~ Install a new circuit just for your charging device.

Warning!

- ⚡ Electric vehicles have high voltage batteries.
- ⚡ Battery maintenance should be performed by the manufacturer.
- ⚡ Do not touch the orange high voltage cables.



For Level 1 Charging:

- Use the charging cord that came with the electric vehicle.
- Use a standard household plug.
- Make sure charger or outlet has GFCI protection.
- Use only a dedicated circuit to charge.

For Level 2 Charging:

- Use a 240-volt outlet. A qualified electrician needs to install this type of outlet.
- Only use outdoor rated charging stations outdoors.
- Keep cords off the ground.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The Leading Information and Knowledge Resource on Fire,
Electrical, and Related Hazards

Your Logo

4TH ANNUAL **FRAUD PREVENTION** CONFERENCE



OKLAHOMA
Department of Securities

SAVE THE DATE JULY 15 - 17, 2026

metrotech.edu/fraudprevention | Call for assistance: 405-713-1086



District Center • 1900 Springlake Dr
Oklahoma City, OK 73111



Metro Technology Centers does not discriminate on the basis of sex, race, color, national origin, disability, age, or any other characteristic protected by law and prohibits sex discrimination in any education program or activity that it operates, as required by Title IX and its regulations, including in admissions and employment.

SENIOR LIVING TRUTH SERIES®



NORTH

2026

North Oklahoma City Seminar Dates & Times

- Thursday, January 15th | 10:00am - 11:30am**
 The Truth about Getting Older:
 Going from Surviving to Thriving
- Thursday, February 5th | 10:00am - 11:30am**
 The Truth About Calling 911:
 When To Dial, When To Wait, And How To Be Ready
- Thursday, March 19th | 10:00am - 11:30am**
 The Truth About Renovations and Repairs: What Smart Homeowners Need to Know
- Thursday, April 16th | 10:00am - 11:30am**
 The Truth About Competency And Control:
 Who Decides When You Can't
- Thursday, May 21st | 10:00am - 11:30am**
 The Truth About Traveling Smart in Retirement
- Thursday, Jun 18th | 10:00am - 11:30am**
 The Truth About Insuring Your Home:
 Pitfalls That Can Cost You Money
- Thursday, July 16th | 10:00am - 11:30am**
 The Truth About Living with Family:
 The Ups, Downs & Unspoken Rules
- Thursday, August 20th | 10:00am - 11:30am**
 The Truth About Outliving Your Savings:
 How Much Is Enough
- Thursday, September 17th | 10:00am - 11:30am**
 The Truth About Staying Sharp:
 Why Some Minds Decline And Others Don't
- Thursday, October 15th | 10:00am - 11:30am**
 The Truth About Selling The Family Home:
 Letting Go Of The Place That Holds Your Memories
- Thursday, November 19th | 10:00am - 11:30am**
 The Truth About Paying for Care:
 Medicare, VA Benefits, And Other Resources
- Thursday, December 17th | 10:00am - 11:30am**
 The Truth About Planning Ahead:
 Smart Conversations You Need To Have



BECKY SEDA & ROBERTO SEDA

CO-HOSTS & MODERATORS

PRE-REGISTER!

BY CALLING US AT:

405.563.7501

OR ONLINE BY VISITING:

seniorlivingtruthseries.com

THE LOCATION

FRANCIS TUTTLE TECHNOLOGY CENTER

12777 N. Rockwell Ave.
 OKC, OK 73142



SENIOR LIVING TRUTH SERIES®



SOUTH

2026

South Oklahoma City Seminar Dates & Times

- **Thursday, January 22nd | 10:00am - 11:30am**
The Truth About Artificial Intelligence: Protecting Yourself From Scams
- **Thursday, April 2nd | 10:00am - 11:30am**
The Truth About Property Taxes: Where Your Money Actually Goes
- **Thursday, August 6th | 10:00am - 11:30am**
The Truth About Preparing Your Home For Life's Next Chapter
- **Thursday, November 5th | 10:00am - 11:30am**
The Truth About Following the Kids: Is A Big Move Always Worth It?

Additional Opportunities & Expert Insights

- **Thursday, Jun 4th | 10:00am - 11:30am**
The Truth About Letting Go Of The "Stuff": Planning, Simplifying, And Moving Forward
- **Thursday, Jun 25th | 10:00am - 11:30am**
The Truth About Having "Enough": Ways To Pay For Senior Living
- **Thursday, Sept 3rd | 10:00am - 11:30am**
The Truth About Creating Your Care Team: Who You Need And Why It Matters
- **Thursday, Oct 1st | 10:00am - 11:30am**
The Truth About Wills, Trusts & Probate: Avoiding Delays, Fees, And Stress



BECKY SEDA & ROBERTO SEDA

PRE-REGISTER!

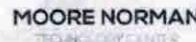
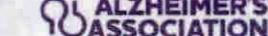
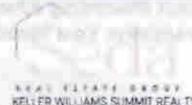
BY CALLING US AT:
405.563.7501
OR ONLINE BY VISITING:
seniorlivingtruthseries.com

THE LOCATION

Moore Norman
Technology Center
13301 S. Pennsylvania Ave,
OKC, OK 73170

CO-HOSTS & MODERATORS

JENNIFER P. AUSTIN
DISTRICT ATTORNEY
DISTRICT TWENTY-ONE



POSITIVE

→ aging

MONTHLY WORKSHOPS 10:00 AM- 11:30 AM

METRO TECH BUSINESS CONFERENCE CENTER
1900 SPRINGLAKE DRIVE, OKC 73111

WORKSHOPS ARE FREE BUT PRE-REGISTRATION
IS REQUIRED.

REGISTER ONLINE AT VILLAGESOKC.ORG OR
CALL (405) 990-6637.



JAN
8

PROTECTING WHAT MATTERS

Preventing scams, Securing and Organizing Personal Information

FEB
12

TABLE FOR ONE (OR TWO)

Cereal is not a meal! Buying and cooking for one or two.

MAR
12

MONEY MATTERS

Are you truly set for success?

APR
14

DEYSTIFYING INSURANCE

Medicare, Supplements, Advantage, Car and Home

MAY
14

DAY LONG FOCUS ON LONGEVITY

Alternative therapies, food, brain health and unique services to help.
ALL DAY Event! Join us 10AM-2PM!

JUN
11

CRISIS PROOF YOUR LIFE

Having a Primary, Alternate, Contingency and Emergency Plan.

JUL
9

FROM FAMILY MEMBER TO CAREGIVER

Finding balance and support to prevent the caregiver from dying before the patient

AUG
13

HOUSING REVOLUTION

Trends, Tips & Options that provide successful environments to age well

SEPT
10

DAY LONG TECHNOLOGY FOCUS

Using AI, adaptive gadgets, solutions and iPhone and Android
ALL DAY Event! Join us 10AM-2PM!

OCT
8

LEGAL ESSENTIALS FOR EVERY STAGE OF LIFE

Mistakes to Avoid in Elder Law, Wills, Trusts, POA, Advanced Directives

NOV
12

FAMILY DYNAMICS

How to have hard conversations and communication tools that work

DEC
10

LEGACY LIVING

A Generational Approach to aging- or intergenerational approach to aging

Contact information:

call (405) 990-6637

email: info@VillagesOKC.org



Oklahoma City TRIAD S.A.L.T.

AGENDA

January 8, 2026

Welcome everyone!

Greet new members.

Treasurer's Report – Terry

- Speaker – OCSO- Traffic Safety

Upcoming Events:

March 30th-8:30am-1:00pm- State Capitol- 2300 N Lincoln Blvd

May 1st- Informed Senior Seminar-8:30am-12:30pm- OSU- OKC 900 N Portland- Student Center 3rd Floor

NEXT MEETING FEBRUARY 12TH 1:30PM