

In addition to *Patty Up*,[®] we occasionally feature additional food products that at this time are not shippable. If you live within driving distance, please contact me and we can work out the details.

Seed Cracker

Great with a salad or just eat them out of the bag!

BEK
Seed Crackers
Vegan—Vegetarian—Paleo
Pure and raw, dehydrated (not fried or baked)
soy free, vegan, gluten free, chemical and MSG free.

Ingredients: Patty Up mix (*dried shiitake, brazil nuts, almonds, cashews*)
sunflower seed, hemp seed, flax seed, tomatoes, onion, aleppo, carrots,
cumin, coriander, nutritional yeast, garlic, salt, pepper, coconut oil, organic honey.

Contains Nuts
Refrigerate or freeze for fresh crisp flavor.



\$4.99 4 oz.

Egyptian Dukkah'

Dukkah is a specialty that is more than just a spice. It is a blend of roasted nuts seasoned with spices. With its nice crunch and delicious smoky taste, it can transform any simple dish.

The word "dukkah" is derived from the Arabic verb "to pound" since the mixture is neither powdered nor paste-like. It has been told that weary desert travelers would gather by a small fire and roast this nutritious nut-spice combination. It's full of protein, calcium, minerals and fiber, and quickly replenished their energy.

Today, this warm, aromatic mixture is typically used as an appetizer, when served as a dip with bread and olive oil. Dukkah makes a crunchy coating for chicken or fish when put on before pan-frying. It is also good sprinkled over fresh salads, roasted veggies, pasta, feta cheese and even fruit.



\$12.95 8 oz.

Refills \$10.00

Contact:
Burris Country Kitchen
sales@burriscountrykitchen.com