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ACTS for Kids presents: Lego Social Skills Group



What is Lego therapy?

Lego therapy is an evidenced based model of play therapy that has been shown to help children who have deficits in social skills. Led by a counselor, children form a team to complete structured activities of Lego building projects. Through these activities children learn and practice skills related to communicating with others, expressing their feelings, developing problem-solving skills and developing a better relationship with the world around them. Skill areas to be targeted include how to greet others, learning to join ongoing activities, extending invitations to peers, self-regulation skills, non-verbal social skills, and sharing and cooperation.

Is my child appropriate for this group?

Lego therapy is appropriate for any child who has difficulties with social skills, and has been shown to be highly effective with children who are diagnosed with Autism Spectrum disorder. This group will be co-ed and the age range is about 5-10 years old.

For more information on dates and times, please contact
Advanced Testing and Counseling Solutions at (717) 208-6599 or (484) 987-7116

Helping our clients is our mission, not only our profession!