## July

2021

CBI				July Menu			
Sunda y	Monday	Tuesday	Wednesday	Thursday	Friday	Satur day	
				Meaty Italian Pasta Salad Garlic Breadsticks V Cucumber Slices GF DF V Fruit	2 Pizza Day	3	
4	5 No School 4 <sup>th</sup> of July Holiday	6 Black Bean Quesadilla V Spanish Rice GF DF V Roasted Zucchini GF DF V Fruit GF DF V	7 Spaghetti & Meatballs Roasted Broccoli GF DF V Fruit GF DF V	8 Turkey & Cheese Sandwich Veggie sticks GF DF V Veggie straws GF DF V Fruit GF DF V	9 Pizza Day	10	
11	Turkey Pot Pie Green Beans GF DF V Fruit GF DF V	Soft Beef Tacos DF Black Beans GF DF V Roasted Corn & sweet peppers GF DF V Fruit GF DF V	Baked Chicken GF DF Carrots GF DF V Rice Pilaf GF DF V Fruit GF DF V	Fish Sticks Mac & Cheese V Broccoli GF DF V Fruit GF DF V	16 Pizza Day	17	
18	Lasagna Peas & Carrots GF DF V Fruit GF DF V	Chicken Tostadas GF Refried Beans GF DF V Roasted Zucchini GF DF V Fruit GF DF V	Sunbutter & Jelly Sandwich DF V Veggie Sticks GF DF V Veggie chips GF DF V Fruit GF DF V	Pasta with Tomato, Basil, & Mozzarella V Green Beans GF DF V Fruit GF DF V	23 Pizza Day	24	
25	26 Baked Ziti V Peas GF DF V Fruit GF DF V	27 Soft Turkey Taco GF DF Spanish Rice Cucumber slices Fruit	Grilled Cheese Sandwich V Sweet Bell Peppers GF DF V Veggie straws GF DF V Fruit GF DF V	Teriyaki Chicken DF Brown Rice GF DF V Edamame Salad GF DF V Fruit GF DF V	30 Pizza Day	31	