

Calvary Ministries International

FAST *of* APOSTOLIC

ASCENSION

**March 30 - April 3, 2026**

[www.calvary4u.org](http://www.calvary4u.org)

**Bishop C. Shawn Tyson, Senior Pastor**

## Shalom beloved and welcome to *The Fast of Apostolic Ascension!*

Once again, we have been invited by the Holy Spirit to a special time of consecration and concentration concerning the inestimable sacrifice that Christ made to redeem our souls from destruction.

The last month, the Spirit of revival has been set ablaze in our hearts as we have been instructed by the Spirit **not to allow the fire to go out!**

Our Holy Week consecration and God Friday and Resurrection celebration are in perfect alignment with the movement of the Spirit who is further aligning us with the mind of Christ in this *The Year of Consistency*.

We are beginning Holy Week, Monday, Tuesday and Wednesday with the most intensive segment of the fast as we will be purifying our spirit, mind and body with 3 days of abstinence from food. We will drink water only during our 3- day absolute fast.

On Thursday and Friday, we will fast from 5AM to 5PM and eat one meal each day, after 5PM.

**The fast and consecration will conclude at the end of God Friday Night service.**

Each day at 12 noon and again at 6 pm, we will gather in person for intercessory prayer and Bible teaching. It is unusual for us to be in the house of God every day during the week, but this is a special time of consecration and impartation, so I want to encourage you to set your heart to be in the house of God each day, if at all possible. God will honor your sacrifice with His tangible presence.

May the refreshing presence of the Lord renew your mind and the miraculous healing power of God flow through your body as we continue to seek God's face and walk in His favor.

Let us begin this journey with Jesus in full expectation of the appearance of God in our midst as we **ASCEND** to new heights of faith, fellowship and service to God and to man.

Because God told death not yet,

*Bishop C. Shawn Tyson* 

# THE FAST OF APOSTOLIC ASCENSION

## INSTRUCTIONS:

**MONDAY - WEDNESDAY - 3- DAY ABSOLUTE** - Beginning Monday, March 30th at 5am and ending Wednesday, April 1st at 5pm. **WATER ONLY**

**THURSDAY AND FRIDAY** - Fast continues at 5am and ends at 5pm daily. You may eat one meal whatever you choose after 5pm.

**\*\*\*Be sure to consult your doctor, especially if you have any medical condition. If due to health reasons you are unable to do the absolute fast, you may eat one meal a day.**

## PRAYER & TEACHING:

**\*Monday – Friday 5am – 6am (ONLINE ONLY)**

Mt. Calvary Pentecostal Facebook live or Call (917) 900-1022 Access Code: 8923928

**Monday - Thursday-** 12 pm to 1pm & 6 pm to 7pm In-person and Online

**Thursday - Agape Feast** 6 pm - 7pm (soup will be served in fellowship centre)

**God Friday -** Night Service @ 7pm

**Attire:** Undershepherds, Deacons, Ministers: Civic

All saints: Red & Purple

**Resurrection Sunday - 10 am Attire:** Sunday Best

**PLEASE NOTE:** We are limiting all social interaction & dialogue; meaning we are abstaining from all unnecessary conversations, phone calls, social media, texting, tweeting, etc. We are concentrating on spending focused time with God during consecration.

**\* Check & return pertinent business-related messages.**

**\* Watch the news so you may know how to pray- you may watch religious programming.**

We encourage you to avail yourself to God in this special time of consecration. Make special effort to press your way into the presence of God each day thru prayer and teaching.

# Daily Personal Prayer Objectives

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**