



NEWSLETTER Spring Edition

April 2019

Vol. 2

MEMORIES – Forever Young

Memories. We all have them. Even though some details in recalling them may differ within families, that's ok. The reality is, families are built on years of history, passages of time, connections and experiences that are as individual and unique as they are shared. Our "Memories" project is an opportunity for seniors to relive and share moments of their past, capturing their personal legacies. We will chronicle childhood memories, family traditions, favourite recipes, turning points

in their life and lessons learned. Imagine the conversation, laughter, wisdom and tears that will be forever etched on each page. The best part is, we are matching seniors with young people and now, due to its popularity, individuals of all ages to document every detail of their incredible journey. Each one will be made into their own unique Memories book. Be a part of this special initiative. Together we can touch the lives of so many seniors and in return, our lives will be touched by them.

By sponsoring a Memories book for \$100, you will be contributing to the personal journey of friendship, appreciation and mutual respect across generations, enriching the lives of everyone involved. Your name will appear on the inside cover as special recognition for your meaningful contribution.

FROM THE MOUTHS OF BABES

When we engage young people to get involved with seniors within their community, whether it's through the Memories project, wish granting, arts and crafts or friendly visits, we help to close the gap between generations and build a foundation for respect and companionship.

In March, Barb Richards visited two Grade 5 classes from Trillium Woods Elementary School in Barrie to talk about their ideas on what they could do for seniors. One enthusiastic young boy suggested they visit a seniors' residence but first, stop at Tim Hortons so they can take coffee and apple fritters to them because..... *"that's what seniors like best!"*



HOW TO HUG A SENIOR

Let Me Count the Ways

At Senior Wish, Hug A Senior means embracing seniors as a community with ways that make them smile, fill their hearts, feel valued and be a part of their community. Who doesn't need a hug now and then?



#HaveUGiven

Hug
A
Senior

aseniorwish.com
to donate

1. Adopt a Senior - Hugs come in all sizes, find your fit
2. Intergenerational & Youth Engagement Programs - Closing the generation gap, one hug at a time
3. Wish Granting - Hugs make wishes come true
4. Seniors Helping Seniors - Hugs age well
5. Volunteer Activities - Hugs wanted. Must have open arms
6. Christmas Wish - Wrapped in a hug, feeling the joy
7. Memories Project - Embracing the past with a warm hug

NATIONAL VOLUNTEER WEEK

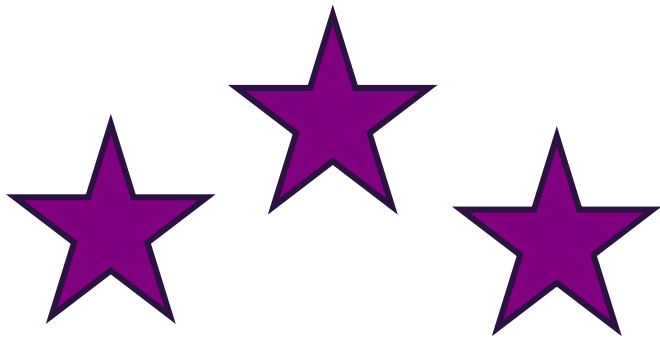
APRIL 7 – 13, 2019

We have amazing volunteers that give of their time and energy to help bring programs to seniors in our community and, for many, to organize important events and fundraising initiatives. Although we don't need National Volunteer Week to recognize their efforts, it is only fitting we remind each and every one how important they are to us. We couldn't do it without you. From our hearts to yours – THANK YOU!



WISH AWAY

If you have a senior parent, grandparent, friend or neighbour in need of a wish – let us know!



SCORING IT BIG

Barrie Colts Foundation Donates \$10,000

Our 3-star selection goes to the Barrie Colts for their generous donation to Senior Wish. Their contribution will help us reach more seniors - making a positive difference in their lives. Excitement is building for next season as we continue our *Senior Wish Night with the Barrie Colts* with 10 complimentary tickets for every Thursday night home game which we will donate to seniors across the County PLUS 50/50 draw activities to support fundraising. This kind of commitment helps strengthen communities – thank you – we are incredibly grateful.



KUDOS CORNER

With the thoughtful support of these community-minded businesses, we are able to build on the success of our initiatives and touch the hearts of seniors across Simcoe County and beyond. From corporate grants and local fundraisers to making wishes come true for seniors, we thank you.



Sienna Senior Living
The warmth of human connection
Villa Da Vinci Retirement Residence



OUR WISH



We appreciate there are many worthy causes vying for your support. Yet there are few that personally speak to each of us across generations and all walks of life with the certainty of a common experience. Growing old is a reality we all share. Your support of Senior Wish can meaningfully impact that reality – whether we and those we love are celebrated or marginalized, as many seniors are today. Since 2011 Senior Wish Association has been successfully addressing the need for a community-based and multi-generational response through programs and educational initiatives connecting seniors with seniors, families and youth. Please visit aseniorwish.com for more information.

Coming Events

Senior Wish Information Booth - Barrie Public Library – April 22-29, 2019
 Senior Wish Booth - Barrie Chamber Living Well Expo – April 26-27, 2019
 Volunteer Orientation and Annual Meeting – April 2019
 Stroll-Rock & Roll-a-Thon and Celebrating Seniors Day – July 2019
 Legends and Legacies Gala – Fall 2019
 Watch for more details!

SENIOR WISH ASSOCIATION

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If you do not wish for future editions, please email lucille_28@outlook.com

WATCH OUT FOR DUCKS

Stayner Kinsmen Duck Race
 May 4th (11am-3pm) Centennial Park
 Cheer on the Senior Wish Duck
 as it races to the finish line!!



DID YOU KNOW

Senior Wish brings educational programs to schools where children learn the value of establishing relationships with the senior population. Classes draw, write letters and make crafts that they bring to seniors while sharing time with them that both, many generations apart, can feel good about.

PHOTO STOP

