

Dr. William Spivak is an internationally recognized Pediatric Gastroenterologist with more than 25 years of expertise. He completed his Pediatric GI & Nutrition Fellowship at the Boston Children's Hospital and was an Instructor at the Harvard Medical School, an Associate Professor at Cornell Medical College, and is currently a Clinical Professor of Pediatrics at Cornell. He served as Division Chief in Pediatric GI & Nutrition at New York Hospital-Cornell and Montefiore-Einstein, and has been in Private Practice in Manhattan for more than 15 years.

Doctor Spivak and his Methods of Treatment for Colic have recently been featured on NBC Radio.



The office is located at:
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(Please do not use email for urgent matters, rather call the office.)

Office Hours: Mon-Fri 9 am to 5 pm



Spivak Center for Infant Colic, Feeding Issues, and Reflux

William Spivak, M.D.
Director

A comprehensive, non-invasive approach to common but difficult issues of infants from birth to 12 months of age

For appointments call
212-369-7700
Visit us online at
www.doctorspivak.com

Spivak Center for Infant Colic, Feeding Issues and Reflux

Experience & Positive Results

Over the last 25 years, Dr. Spivak has taken a special interest in infants with Colic, Reflux and Feeding Problems. He has treated thousands of infants with these issues, and has developed a unique approach to treating them. During the office visit, he will perform a detailed history & physical, and then observe the infant feed and burp. He will then introduce and train the parents in strategies to decrease the infant's symptoms. More than 90% of infants have a significant response to this treatment within a week of the visit, and anti-reflux medication can often be tapered.

What to Expect from your Visit

- Comprehensive History & Physical
- Nutritional evaluation for baby and mother(if nursing)
- Feeding evaluation: timing, duration and volume (breast or bottle)
- Feeding instructions: positioning, timing, burping, volume
- Colic evaluation
- Colic treatment & instructions
- Formula evaluation (if bottle feeding)
- Reflux evaluation
- Reflux treatment if necessary
- Non-medication strategies for reflux



Testimonials from Vitals.com

"When we visited Dr. Spivak, we were at our wits' end about our 7-week-old son, who had been projectile vomiting and crying inconsolably for about three weeks. At that point, we had collected advice from everyone (friends, family members, a couple of pediatricians) to no avail -- our son remained miserable. After a single visit with Dr. Spivak -- during which he conducted an extremely comprehensive assessment of our son's health history and eating habits, including watching him nurse -- we were able to implement a number of small protocol changes that, to our surprise, made an almost immediate difference in our son's health and well-being. A month later, he is like a different baby, and our entire family is considerably happier. A must-see, from our perspective, for any kind of GI- or nutrition-related issues."

"Never felt rushed, always listens to parents concerns, helped my infant immensely. Efficient and caring - baby was calm and fell asleep."