



LIFE-IS-ART™ APPRENTICESHIP PROGRAM IN EQUINE FACILITATED LEARNING

What we offer

Through the Life-Is-Art™ Research Project, you are invited to embark on a yearlong journey of equine-facilitated learning (EFL). EFL is an experiential education model that facilitates learning through the horse-human relationship. An EFL program, as defined by The Professional Association of Therapeutic Horsemanship International (PATH Intl), provides content “developed and organized by credentialed practitioners with the primary intent to facilitate personal growth and development of life skills through equine interactions” (2012, www.pathintl.org).

The Life-Is-Art research project mission is threefold:

- To promote the welfare of the domesticated horse through education and research
- To promote experiential, complex, ecology-based education models as an alternative to traditional education/counseling platforms
- Fostering greater understanding and ethical relationship between humans and non-human others

As students of the horse, we question what it is to be human through our exploration of our relationship to the horse, as a symbol of *otherness*. In the process, we seek personal and professional growth while we redefine and create a new vision of education for the XXIst Century.

Is this program for me?

- Are you a life coach, leadership mentor, or mental health practitioner who wants to include equine-assisted activities in your services?
- Are you an educator who wants to become an agent of change by exploring non-traditional ways of learning?
- Are you interested in becoming a student of the horse for your own personal and professional growth?
- Do you want to become an EFL practitioner, facilitating the personal and professional growth process of others?
- Are you a current horseperson who wants to deepen the connection to your horse?

Your participation in this program will not only impact your personal and/or professional development, it will also contribute to much needed research in the field of EFL by: (1) documenting the benefits of EFL on the emotional and spiritual wellbeing of humans; (2) further the understanding of what horses need to lead healthy lives in captivity; (3) fostering our understanding of *otherness*

Learn More

Find out more about this opportunity by visiting www.life-is-art.us or call Dulce García at (505)-934-6675.