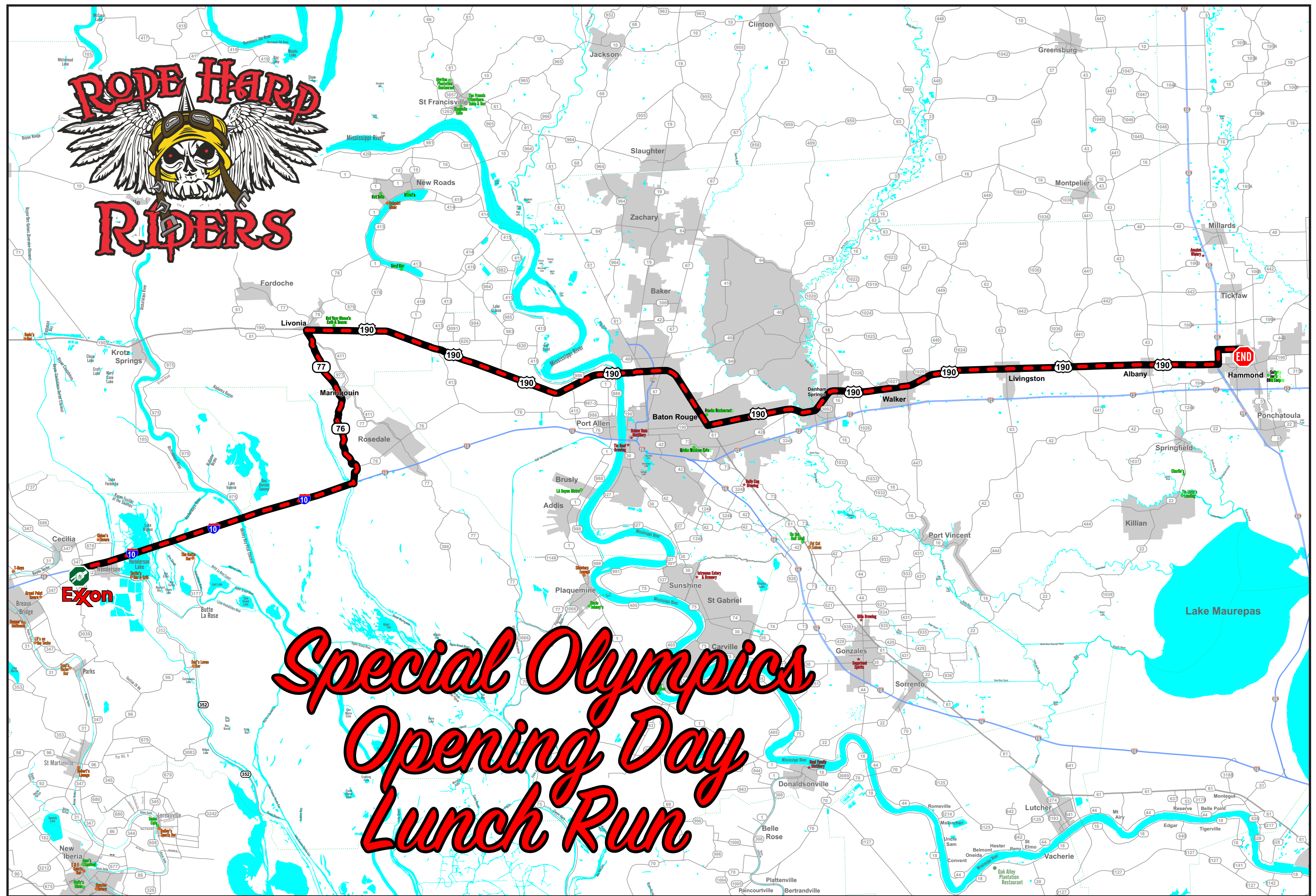




Special Olympics Opening Day Lunch Run

Special Olympics Lunch Run

Dist	Turn	Road	Clock	Total Dist
	Start	at Exxon 2987 Grand Point Hwy, Henderson		
	Go North	on LA-347/Grand Point Hwy	7:30 AM	0.00 mi.
in 0.01 miles	Keep left	on to I-10E on ramp	7:31 AM	0.01 mi.
in 0.30 miles	Merge	on to I-10E	7:32 AM	0.31 mi.
in 20.00 miles	Exit 135	on to LA-3000 / Ramah/Maringouin	7:50 AM	20.31 mi.
in 0.40 miles	Turn right	on to LA-3000 / Ramah Road	7:51 AM	20.71 mi.
in 7.10 miles	Go straight	on to LA-77 (Maringouin)	8:01 AM	27.81 mi.
in 5.10 miles	Turn right	on to US-190 / Ronald Reagon Hwy	8:08 AM	32.91 mi.
in 31.00 miles	Exit right	on to US-190E to Hammond (Baton Rouge)	8:47 AM	63.91 mi.
in 37.00 miles	Turn left	on to US-51N (Hammond)	9:47 AM	100.91 mi.
in 1.30 miles	Turn right	on to LA-3234 / W University Ave	9:50 AM	102.21 mi.
in 0.60 miles	Turn right	on to N General Pershing Street	9:51 AM	102.81 mi.
in 0.50 miles	Turn left	on to Ned McGehee Drive	9:52 AM	103.31 mi.
in 0.10 miles	Turn right	on to N Hazel Street	9:53 AM	103.41 mi.
in 0.10 miles	End	at	9:53 AM	103.51 mi.
		TOTAL TIME / DISTANCE	2:23:00	103.51 mi.