



Sun = Ruby

"The treasuring up of a ruby furnished with every perfection is as meritorious as the celebration of the Aswamedha yajna and leads to wealth, success and long life." --Mani Mala, Part I, 219. "The man who keeps in his house a sterling ruby can with perfect safety, constantly live in the midst of enemies, and is impervious to the attacks of good fortune." – Mani Mala, Part I, 199. "The ruby is sweet, cool, specific for imperfect oxidation and biliousness." – Mani Mala, Part II, 62.

Ruby is the most powerful gemstone to strengthen the Sun. It enhances courage, willpower and authority. It increases vitality and one's ability to perceive truth in a humble and correct manner. It can help in developing spiritual insight or looking within toward spiritual realization. On the physical side, it may strengthen the heart and help digestion and metabolism. It should be noted that rubies are so powerful that if worn by the wrong person they may cause physical or mental imbalances in the categories governed by the Sun.

Rubies range from deep red to other tones, and are selected depending on occupation or effects desired. A teacher, intellectual, or priest should wear a ruby of a pinkish-red color. A ruler, administrator, or military officer should have a blood red color ruby. A merchant of any goods or produce, or one involved with banking or monetary instruments can wear a slightly pinkish-red to slightly orange-red color or can also wear the blood-red color. An artist, clerical person, or skilled or unskilled laborer would wear a ruby of a darker purple-red color.

The major sources of rubies are Thailand, Burma, Laos, Cambodia, India, Sri Lanka, Africa and Afghanistan.

Substitute Gems

Red tourmaline also called Rubellite, Red Garnet, Red Spinel or Carnelian may be substituted for Ruby and will give similar effects, although with much less strength.

Sun Planetary Mantra = Om Sum Suryaya Namaha (ohm soom sooyahyah nahmahhah)

Call for a consultation on a design for an astral talisman that can noticeably improve your energy and life. I provide untreated gemstones suitable for prescriptions.