**God Does Understand**

**You can go about God's work**

**when suddenly frustration comes.**

**And with no warning, anger**

**is what frustration becomes.**

**Anger can be a very crippling**

**emotion, if you don't let it go.**

**And if one doesn't, it can**

**affect all that you know.**

**It brings out the worst in**

**you and others suffer too.**

**Anger doesn't get better, it**

**gets bigger, it follows you.**

**And the only way to get rid**

**of it is to make a decision.**

**You cannot control the people,**

**God sends, while on a mission.**

**God doesn't force you to be**

**forgiving or what to do with it.**

**But you do have control on the**

**affects it will have on your spirit.**

**Because He understands more**

**than then you think He does.**

**give it to Him, life can only**

**get better then what it was.**

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