

April

2024

Congregation Beth Israel

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Chili GF DF Cornbread DF V Peas & Carrots GF DF V Fruit *Veggie Chili	2 Beef Tacos DF Beans GF DF V Rice GF DF V Fruit *Bean Taco	3 Pasta Marinara DF V Broccoli GF DF V Fruit	4 Chicken Pot Pie Veggie salad GF DF V Fruit *Veggie Pot Pie	5 No Haute Lunch
8 Minestrone Soup DF V Cheese Toast V Fruit	9 Cheese Enchiladas GF V Rice GF DF V Fruit	10 BBQ Chicken GF DF Sweet Potato Tots GF DF V Green Beans GF DF V Fruit *BBQ Chickn	11 Roast Turkey GF DF Mashed Potatoes GF V Zucchini GF DF V Fruit *Roast Tofu	12 No Haute Lunch
15 Chicken and Waffles DF Celery & Carrots GF DF V Fruit *Veggie Sausage & Waffles	16 Turkey Tacos DF Refried Beans GF DF V Fruit *Tofurkey taco	17 Spaghetti & Meat Sauce DF Mixed Veggies GF DF V Fruit *Spaghetti Marinara DF V	18 Sunbutter Bento DF V Veggie Crisps GF DF V Fruit	19 No Haute Lunch
22 Shepherd's Pie GF Grain free Roll DF V Fruit *Veggie Pie	23 No Haute Lunch Passover	24 Chicken GF DF Peas & Carrots GF DF V Fruit *Tofu	25 Turkey & Crackers Plantains GF DF V Fruit *Tofurkey Cubano	26 No Haute Lunch
29 No Haute Lunch Passover	30 Cheese Quesadillas on corn tortillas GF V Guacamole Salad GF DF V Street Corn GF V Fruit			

