

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Center Closed</b> <b>Happy New Year!</b>		
			<b>1</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	<b>2</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
<b>6</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	<b>7</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	<b>8</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 11:30 Daily Exercise <b>12:15 1950s Luncheon</b> 1:00 Bingo <b>1:30 A tribute to Elvis Event</b> 3:00 Snack 3:30 Trivia Time	<b>9</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	<b>10</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
<b>13</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	<b>14</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	<b>15</b> 8:30 Coffee & Friends 9:30 Maintain the Brain <b>10:30 Let's get Pampered</b> 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo <b>1:30 Fitness with Eric Allen</b> 3:00 Snack 3:30 Trivia Time	<b>16</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	<b>17</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time
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<b>27</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Word Games	<b>28</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack & Daily Trivia 4:00 Tabletop Games	<b>29</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Trivia Time	<b>30</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack & Daily Trivia 4:00 Classic Games	<b>31</b> 8:30 Coffee & Friends 9:30 Maintain the Brain 10:30 Classic Games 11:30 Zumba Class 12:15 Lunch 1:00 Bingo 1:30 Ten Pin Lanes 3:00 Snack & Daily Trivia 4:00 Cinema Time

*Calendar is subject to change to match our clients' interests. Participation in activities is always voluntary, but greatly encouraged.*