

WINTER SKILLS PROGRAM

with
Coach Ally Hickman



Former Towson University Infielder

Kickstart your Spring 2026 season with a consistent training program to improve skills in all areas of the game with Former DI player Coach Ally Hickman. Limited to only 6 spots, each week, players will cover fundamental instruction, learn new drills to take-home, and work through various skills to ensure quality reps. All sessions are aimed to feel like a group private lesson to provide helpful feedback and individual improvement.

THURSDAY NIGHTS IN JANUARY

DATES & TIMES:

January 8, 15, 22 & 29, 2026
7:30-8:30 PM

AGES/TIME:

Ages 12-18

SKILLS/TOPICS COVERED:

- Throwing, Receiving & Transfers
- Hitting & Bunting
- Mental Game & IQ

COST:

\$200 (includes all 4 sessions)

LOCATION:

The Baseball Warehouse
11409 Cronhill Drive, Suite C & D
Owings Mills, MD 21117

REGISTER:

Go to www.thebaseballwarehouse.com
Click on Camps/Events - SOFTBALL

CONTACT: Email ally@thebaseballwarehouse.com with any questions