

Health & Wellness Journey to India

## OPTIONAL PRE-PROGRAM EXTENSION

Explore the Taj Mahal

Located about four hours outside of Delhi, Agra is the iconic home to the world-famous Taj Mahal. This iconic structure provides a glimpse into Mughal architecture and history. Plus, this visit to the Taj Mahal checks an item off many people's bucket list!

### DAY-BY-DAY ITINERARY

#### DAY 1: THURSDAY, OCTOBER 11, 2018

Depart today from the U.S. and make your way to Delhi, India.

#### DAY 2: FRIDAY, OCTOBER 12

📍 Delhi, India

Upon arrival at the airport, you will be met by a local guide and transferred to your hotel. Delhi stands as the capital of Modern India. Here you can see the mingling of Old and New India; the ancient and the modern. Delhi is made up of seven ancient cities, spanning the period from the 11<sup>th</sup> to 20<sup>th</sup> centuries.

**Overnight:** The Grand (or similar)

**Included meals:** Dinner

#### DAY 3: SATURDAY, OCTOBER 13

📍 Drive Delhi to Agra

After breakfast depart this morning for your drive to **Agra**. Agra is home of the majestic Taj Mahal. The drive itself is a fascinating way to see the country as you travel from the foothills to the plains and onward to this memorable city. Upon arrival check-in at your hotel with lunch on your own arrangement.

This afternoon visit to the **Agra Fort** – a great monument of red sandstone that dominates a bend in the Yamuna River and was constructed by the Mughals during 1565-1571. It was Emperor Akbar who laid the foundation of this majestic citadel in 1565. The fort was ready by 1571 during the

period of Shah Jehan, Akbar's grandson. The fort is crescent shaped, flattened on the east with a long, nearly straight wall facing the river. The Fort's colossal double walls rise 69 ft in height and measure 2.5 km in circumference encircled by a moat and contain a maze of buildings which form a small city within a city. The fort contains splendid mosques and palaces in red sandstone and white marble built by two generations of creative builders during the time of Akbar and later Jehangir and Shah Jehan.



In the evening enjoy the grand live performance "Mohabbat-e-Taj", based on the love story of Taj Mahal. Dinner will be provided this evening.

**Overnight:** The Trident Hotel (or similar)

**Included meals:** Breakfast & Dinner



**DAY 4: SUNDAY, OCTOBER 14**

📍 Delhi, India

Rise early and enjoy sunrise at the **Taj Mahal**, one of the new Seven Wonders of the World! Explore the majestic complex of gardens and buildings culminating in Shah Jahan’s iconic monument to love, the Taj Mahal. This protected UNESCO World Heritage site blends perfect symmetry with stunning inlay work and marble detailing. Build appreciation for the historic process of marble inlay work used to decorate the Taj Mahal during a demonstration by local artisans. This ancient craft is

considered a dying art and only practiced by a small number of families in Agra.

Return to your hotel for a late breakfast. Later drive back to Delhi with lunch provided in route.

Check back into your Delhi hotel and meet up with the remainder of the group who are arriving today from the U.S.

**Overnight:** The Grand (or similar)

**Included meals:** Breakfast & Lunch

**PROGRAM INFO**

**Date & Length:** 3 days October 11-14, 2018 (October 11 is a travel day).

**Extension cost:** \$899 per person. *Single supplement:* \$269.

**Inclusions:** Group transfers; baggage handling, gratuities; tours; meals as mentioned; local guide for tours and transfers; and accommodations based on double occupancy.

**Not Included:** Hotel incidentals and meals not mentioned.

*To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.*