



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
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Due to Covid-19 we are placed under Movement Control Order (MCO), from Friday, 22 January, 2021 TILL Tuesday, 2 February, 2021.

All activities, prayer groups, Weekday and Weekend masses are cancelled.
 These guidelines may be revised from time to time in line with updates and additional SOPs issued by the authorities.

RITE OF CATECHUMEN postponed.

The main gate of the church will remain closed and only **Individuals** (*not in groups*) who have a special and urgent reason to see the priest or office staff must first make a prior appointment before the visit. As far as possible, if the matter could be handled by avoiding any physical contact, alternative means of communication should be used – telephone call or email.
 Visitors with prior appointments should have their hand sanitized and should be masked. Check in with MySejahtera App. Contact details of visitors will be recorded for the purpose of contact tracing.

NEW REGISTRATION
Sunday Catechism at OMPH church, Ipoh, for year 2021
 Parents who wish to register their child for sunday catechism may go online at omhip.org and fill in the **E-Form** for your child registration for Primary/Secondary catechism 2021.

Registration with Faith Educators at OMPH centre for catechism on Sun 24 Jan & Sun 31 Jan are postponed.

.....2021 Sunday Catechism will be mostly online classes. Priority classes will be given to children in preparation for Sacrament of the Eucharist and Confirmation (Std. 3, Form 3 & 4). Meeting of students from other classes will be on rotation. These classes will be grouped in a smaller number. A copy of the year's catechism planner will be given.

Please submit a **photostat copy of your child baptism certificate** in person during sunday catechism class.

ETERNAL HAPPINESS TO:
 + Theresa Lee Siew Kat-Leong Yen Wai departed on 17 Jan., 2021.

(food for thought) (Bulletin 24 January 2021)

Gospel: Mark 1: 14-20.

“Testimony & Witness”



There is a grace present in all of Scripture, a grace that we too often narrowly associate only with scriptural figures. The God of today's Jonah story is the same God we see Jesus reveal to us in the Gospel. Both readings today are tales of mercy, freely given, unlimited and unearned. God, it seems, is free to bestow mercy on whomever God chooses. Yet that same grace is eternally present and given, just as freely, to each of us.

Like Jonah and the prophets, Jesus preached repentance, "metanoia." He invited people to have a change of heart and return to God. He is not only calling for a change in people's attitudes and actions but inviting them to believe that God's presence is actually at hand in all that he says and does.

The Gospels are not primarily the story of Jesus of Nazareth. They are the stories of the apostles' journeys of faith, through many stages of metanoia - learning slowly a new way of thinking, looking back, turning away, utter disbelief, intriguing wonderment, catastrophic disillusionment and despair, self-doubt and self-loathing at having been so gullible... to a final stage of conviction and commitment about something definitive and undeniable: that the hand of God is here... that the Kingdom of God is at hand.

What we have in the Gospels is the testimony of these disciples who were commissioned as witnesses to what they had seen and heard. Our faith/trust/commitment rests on their testimony. We who come eventually to accept what the apostles share of their experiences find ourselves also touched by the Holy Spirit, like a mysterious fire, or a light that burns within. And that brightness is shared around. This is how Christianity works - the sum of it all is often expressed inadequately as 'love'.

God's call is a challenge to us to respond to service. Each of us has been called and is being called by name right now. "Come after me..."

The Kingdom is at hand - and this indeed is "good news."