



Harpswell
Aging at Home

2020 Annual Report

Harpswell Aging at Home (HAH) is a community-led organization that seeks to help people thrive while aging at home. With partner organizations, we provide information, promote initiatives, mobilize volunteers and deliver needed services, with financial support from the Town, citizens, community organizations and foundations.

HAH and its partners provide a variety of services to older adults. In 2020 the pandemic compelled major adjustments in many of our programs. The Food Team, with the support of many community organizations, mobilized more than 300 volunteer cooks, drivers and organizers to prepare more than 7000 meals for the Meals to Go and Meals in a Pinch Programs. The Health and Wellness Team doubled the size of its weekly calling program and added other programs for homebound seniors. Our Home Helpers Team had to restrict assistance with inside chores in the pandemic but provided external assistance to several homeowners. The Home Repairs Team, in partnership with Habitat for Humanity/7 Rivers and the Town, was largely restricted to external repairs by the pandemic but nonetheless assisted 25 homeowners over the year. The Resources Committee provided information about support services to more than 200 older adults during the pandemic and coordinated services across Committees. The Transportation Committee, in partnership with People Plus, organized Harpswell drivers to provide more than 10,000 miles of rides to otherwise homebound seniors.

The pandemic also posed challenges to HAH organization. The Communications Committee promoted our programs and events with articles, newsletters, internet posts, and presentations. The Finance and Fundraising Committee received several grants to support Meals to Go, though fundraising activities were limited by the pandemic. The Evaluation Committee collected data for a five-year evaluation of HAH via surveys, zoom focus groups and telephone interviews. The Volunteer Management committee helped recruit new volunteers for many different activities.

In 2021, HAH will continue these services and expand them as needs emerge and volunteers are recruited. It plans to develop a new five-year strategy on the basis of the evaluation conducted in 2020 and it will continue to use contributions from Harpswell volunteers, our partner organizations, and a wide range of community agencies to support older adults in Harpswell. We invite you to become one of our volunteers in the new year!