

March 1st,
2018

Updates, events, and more. Start your year well-informed.



CLASS CANCELLATIONS:

PFMAC Tournament: March 24th (no class)

CLASS ACTIVITIES:

Test: March 17th at 2pm

PFMAC Tournament: March 24th 11am-2pm

UPCOMING COMPETITIONS



Our tournament season is in full swing so here's what we have coming up:

PFMAC In-school:

March 24th at PFMAC. We will offer sparring, forms, and breaking. It is also a great way for your child to feel more comfortable at competitions.

Register by March 21st.

AAU Qualifier:

April 7th in Akron. This competition will have only forms and sparring. THERE IS NO BREAKING AVAILABLE. The deadline for registration is March 31st. REMEMBER! Your child must have an AAU membership to compete at this tournament.

AAU membership: play.aausports.org

Registration: lakeerietkd.com

The Ahn Classic:

April 28th in Mason, Oh. This competition offers sparring, forms, and breaking. Please let us know if you are interested in this tournament- we have to book a hotel! Registration ends on April 21st.

Registration: ahntaekwondo.com

Greater Cleveland Championships:

May 5th in Olmsted Falls. This competition offers sparring, forms, and breaking. Registration ends on April 27th.

Registration: jkkang.com



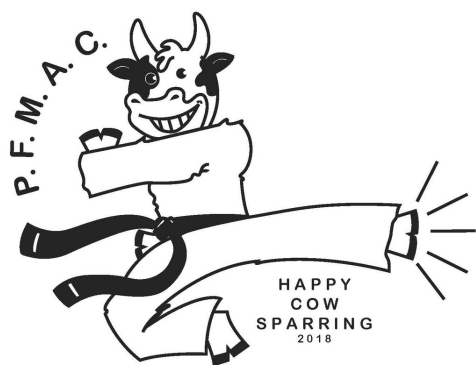


PENNY WARS

Our 3rd annual penny wars starts March 1st and runs through March 31st!

Pennies are positive points and silver coins are negative points. The black belt with lowest amount of points gets a pie in the face at our Penny Wars Party! All of the funds collected go straight into our tournament fund to help us go to more competitions.

Penny wars party is April 13th from 6pm - 8pm.



COACHING

If you are interested in coaching your child, please let us know right away! We will let you know if you need an AAU membership and how to get it. The membership includes a background check and a coaching test so it is not an immediate process and we need to know sooner rather than later!

A WORD FROM MASTER W

In the recent months our school has a growing issue of lack of effort when it comes to testing requirements and Master Weidendorf would like to remind everyone of the rules:

"Parma Family Martial Arts Center has a very simple philosophy; work hard, listen to your instructors, and the rewards will come. We are not a "belt factory" where you test every two months whether or not you have the required skills. We expect you to work hard to develop the skills needed for each belt rank, listen to your instructors as they help you improve your technique, and practice what the instructor has asked you to do, in order to meet our requirements. Just saying "I want my stripe" is not enough, you have to earn it. If you think you are ready for a stripe or to test, and the instructor doesn't agree, ask them what needs to be improved to be ready for the next step.

Our expectations for you as a student change over time. As your skill levels grow, our expectations increase. What was good enough as a white belt, isn't good enough for an orange belt. What's good enough for an orange belt isn't good enough for a blue belt. You must always strive to improve.

If you follow and understand our philosophy, you will be very successful in our school."

