

Introduction to Healthcare & Medical Systems Journey to Peru

OPTIONAL PARACAS POST EXTENSION

4 days | Explore the Ballestas Islands & fly over the Nasca Lines

Continue your explorations of Peru with a drive to Paracas. Explore the Ballestas Islands including Martin Port and take a special journey via plane over the Nasca lines.

DAY-BY-DAY ITINERARY

DAY 1: MAY 29, 2023

Drive to Paracas

📍 Paracas, Peru

After your flight to Lima, you will be met upon arrival and transferred via private bus to **Paracas**. The town is located on Peru's western coast and is known for its seaside charm and beaches. This is the best location for exploring the local area including the uninhabited Ballestas Islands, home to sea lions, pelicans and Humboldt penguins.



Lunch will be provided this afternoon in route to Paracas. This is generally a 3-4 hour drive.

After check-in you will have some free time to relax and enjoy your hotel. Framed by scenic ocean views, lush tropical gardens and the elegant architecture of a classic coastal manor, La Hacienda Bahía Paracas hotel is situated in Ica Perú, just three hours south of Lima. Discover an exclusive yet tranquil and comfortable getaway on the shores of the beautiful Bay of Paracas. It's a destination where modern luxury and simplicity blend seamlessly to create an unforgettable experience.

Settle into your local hotel where dinner will be on your own this evening.

The hotel has a variety of dining option for your convenience. This includes their elegant dining room with its stunning views of the bay. Hotel guests will enjoy a complimentary breakfast buffet each morning.

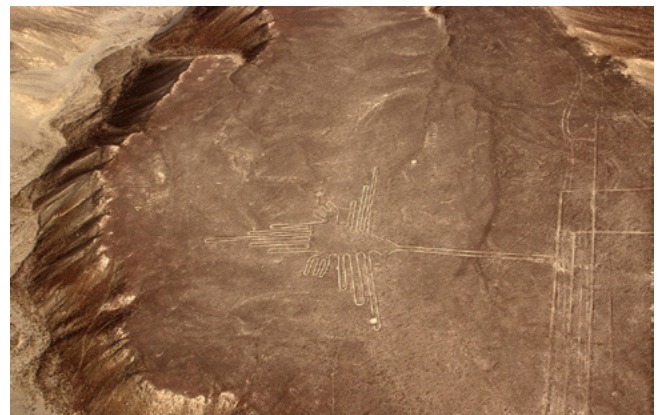
Meals: Breakfast & Lunch

DAY 2: MAY 30, 2023

Explore the Nasca Lines

📍 Paracas, Peru

Head to Pisco airport to fly over the enigmatic **Nazca Lines**. You will have a chance to behold the incredible creative abilities of the ancient Peruvians, one of humanity's greatest mysteries. The geoglyphs and lines of colossal magnitude were etched in the desert sands by the Nasca people. A monkey, a spider or a hummingbird, are some of the 19+ figures that you will observe from above in an unforgettable 1 hour and 40 minutes flyover. You will cover an area of approximately 190 sq. miles.



Note: The Nasca Lines flyover experience is subject to weather conditions. If inclement weather prevents the flyover that afternoon, it will be rescheduled for the morning of the following day.

After your flying experience this morning, you will enjoy lunch at a local restaurant back in town before returning to the hotel for some free time in the afternoon.

Dinner is by individual arrangement this evening. Perhaps take advantage of their 24-hour room service or take advantage of the pool bar area, one of the most relaxing spots at the hotel.

Meals: Breakfast & Lunch

DAY 3: MAY 31 2023

Ballestas Islands Visit & Return to Lima

📍 Paracas to Lima

After an early breakfast, you will visit the Ballestas Islands departing from the hotel's private dock. Plan to bring a hat, sunglasses, sunscreen today. A lifejacket will be provided for your excursion by the hotel along with a local guide. This tour takes about two hours.



During the morning tour, you will explore the **Bay of Paracas**, the **San Martin Port**, the **Candelabro** (ancient geoglyph), and then continue towards the Ballestas Islands, where you may see the local wildlife like tendrils, pelicans, pikemen, Humboldt penguins, buzzards and sea lions.

Lunch will be provided this afternoon back at the hotel.

Check out and head back to Lima.

Dinner will be provided at your airport hotel in Lima this evening with a glass of beer or wine.

Your stay this evening is at the **Costa del Sol Wyndham Lima Airport Hotel**.

Website: www.costadelsolperu.com/lima-aeropuerto

Strategically located within Jorge Chávez International Airport, with a wide range of services and amenities. This is a perfect hotel for travelers in transit, since it offers the tranquility and comfort of walking to your flight in a few minutes, giving guests the opportunity to make the most of their rest without worries.

Meals: Breakfast, Lunch, & Dinner

DAY 4: JUNE 1, 2023

Depart Peru

Take a short walk from your airport hotel to check-in for your international flight home this morning.

Meals: Breakfast

PROGRAM INFO

Date & Length: 4 days May 29-June 1, 2023

Extension cost: \$1,899 per person | *Single supplement:* \$399

Inclusions: Group transfers and baggage handling, meals and activities as mentioned, all tips and accommodations based on double occupancy.

Not Included: Hotel incidentals, and meals not mentioned.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.



HOTEL INFORMATION

La Hacienda Bahía Paracas

lahaciendabahiaparacas.com

Urb. Sto Domingo Lot 25
Paracas Pisco, Perú

Phone: +511-2131010

Every room at La Hacienda Bahía Paracas has been designed to provide a supremely comfortable stay steeped in the tranquility of life on the bay, in both their accommodation and throughout the hotel. You will feel the warmth reflective of a traditional beach side estate that has been preserved for centuries. All of the modern conveniences that you would expect have been seamlessly integrated with an eye for maximum comfort. Enjoy contemporary comforts such as a beautiful, free form oceanfront pool, a well-equipped gym and the indulgent Océano Spa. You will also find thoughtful complimentary comforts like WI-Fi, a hot breakfast buffet in Coral Restaurant and parking along with luxurious resort-style amenities.

When it comes to exploring the area, the desert peninsula of Paracas and the Bay of Paracas encompass one of the most unique and diverse ecosystems in the world. We are just five minutes from Paracas National Reserve and a short drive from the town of Pisco and the Peruvian Arts and Crafts avenue at El Chaco.