**Standardized Patient Evaluation (SPE)**

PACE seems to follow the web-based resource: *UCSD’s Practical Guide to Clinical Medicine* <https://meded.ucsd.edu/clinicalmed/>. PACE likes it so much that if you fail the SPE, they make a recommendation to your licensing board for you to review this website guide for remediation.

This online guide and checklist is the single best resource to use for preparation because it tells you how to do everything on the physical exam checklist, the UCSD way. Which is the way in which your skills will be graded.

Be prepared to take a comprehensive history:

* <https://meded.ucsd.edu/clinicalmed/history.html>
* <https://meded.ucsd.edu/clinicalmed/rest.html>
* <https://meded.ucsd.edu/clinicalmed/ros.html>
* UCSD sends out this ADH adult history questionnaire (attached) in preparation for their Fitness for Duty Evaluation. They told me that their fake patient will fill out any questionnaire that you give them. So, I advise giving this fake patient this same ADH questionnaire that PACE made me fill out, plus this other history questionnaire from U of M (attached).
* Be prepared to take a comprehensive verbal history too. See the attached Verbal History Checklist I prepared from the above web pages.

BE prepared to do a comprehensive physical examination:

* On the webpage, <https://meded.ucsd.edu/clinicalmed/checklist.html> > [Complete PE Check List](https://meded.ucsd.edu/clinicalmed/assets/docs/Complete%20PE%20Check%20List.pdf)
* Checklists for all aspects of the Physical Exam are also available through a free UCSD School of Medicine smartphone app called **Pocket PEx**. These can be downloaded from the app stores. You are advised to download it now.
* Hint: They are very serious about hand washing. Also, use gloves before touching anything including the patient. They expect you to have the patient positioned for a rectal and genital exam and to start that exam (if the fake patient will let you). All of this will affect your grade.

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After the exam:

* Ask the patient to dress and wait for you in the exam room.
* Re-enter the room and verbally give to the patient and his family a report of findings.
* Offer to have the family present for this consult
* Give comforting advice about his or her awful condition.
* Verbally discuss your 1) assessment and 2)plan and 3) differential diagnosis. This is harder than it looks because you know it’s a fake patient, so you have to role play and pretend this is all for real. This will affect your grade.

Be prepared to write an Assessment:

* <https://meded.ucsd.edu/clinicalmed/write.html>

Be prepared to write a plan:

* <https://meded.ucsd.edu/clinicalmed/write.html>

Be sure to write up a differential diagnosis:

* Pace will mark you off on this one if they do not see this in writing

In summary, you should study the materials mentioned herein, including watching some YouTube videos on physical exam techniques. Bring with you **3** copies of each of the attached: UofM History Questionnaire, the Verbal History Checklist, the Physical Exam Checklist, and the H&P Summary Writeup.

Good Luck!